



Eligibility for Congregate or Home-Delivered Meals

April 26, 2019

Meal options exist for older Ohioans who have limited mobility, lack transportation, or are homebound through the Older Americans Act. Title III is a section of the Older Americans Act that supports selected community-based and in-house services like nutrition. Home-delivered meals, popularly known as Meals on Wheels, provide nutritious hot meals right to the door. Congregate meal sites are available in all nine counties that provide both nutritious meals and social interaction. These options are also available to adult Ohioans of any age who are living with a disability and have the same limitations.

I. Basic eligibility for the Title III Congregate Meal is - any person sixty years of age or older:

Additional eligible persons:

1. The spouse of the person who is 60 years or older if the spouse accompanies that consumer to the congregate dining location.
2. A volunteer who provides volunteer services at the congregate dining location during the mealtime.
3. A person with disabilities who resides in the home of the person who is 60 years or older if the person with disabilities accompanies that person to the congregate dining location.
4. A person with disabilities who resides in a non-institutional residential building, but only if the building's residents are primarily 60 years of age or older and the meal is offered through a congregate dining location located in the person's building.

II. Eligibility for the Title 3 Home-delivered Meal:

1. A person who is 60 years or older and meets the following requirements:
 - a. unable to prepare his or her own meals,
 - b. unable to consume meals at a congregate dining location due to physical or emotional difficulties, and
 - c. lacking another meal support service in the home or community.

Additional eligible persons:

1. The spouse of the eligible 60 years or older person.
2. A volunteer who provides volunteer services to the 60 years or older eligible person(s).
3. A person with disabilities who resides in the home of the 60 years or older eligible person(s).

Those interested in signing up for the congregate or home-delivered meal program may call meal providers who operate the meal programs in our 9-county area:

Champaign & Logan counties:

614-278-3130

Central Intake

LifeCare Alliance Nutrition Programs

Clark County

937-323-9688

Nutrition Office

United Senior Services Senior Meals Program

Darke, Greene, Miami, & Montgomery counties

Congregate Meals Program: 937-542-8842

Home-delivered Meals Program: 937-228-3663

Senior Resource Connection Nutrition Program

Preble County

937-456-4947

Stacy Fullmer - Congregate Meals Program

Shirley Cottingim - Home-delivered Meals

Preble County Council on Aging

Shelby County

937-492-6900

Congregate & Home-delivered Meals

Darlene Prader, Nutrition Coordinator

Nutrition Services of Shelby County

Fair Haven Shelby County Home

Or call **223-HELP** to determine eligibility and more information about services in your community.