

# Coffee Connection

Project Empower

TO KEEP  
Coffee Connection  
*running* your  
donation and  
support  
is vital

1<sup>st</sup> Annual Trend Zoom

5K run  
2016  
walk

SUPPORTING Coffee Connection

SUNDAY, OCTOBER 16<sup>TH</sup>

**WHERE:** Hopkins Point Lodge Mendon Ponds Park Honeoye Falls, NY

**COST:** \$30.00 Includes T-Shirt Ages 10 & under FREE  
Late Registration Fee: day of event is \$35 (includes t-shirt)

**TO REGISTER:** [www.runtastic.com](http://www.runtastic.com)

Registration packets can be picked up at:  
Medved Running & Walking Outfitters  
3400 Monroe Ave. Rochester, NY 14618 on  
Saturday 10/15 10:00am-4:00pm

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