

Coffee Connection

Project Empower



1st Annual Trend Zoom

5K run
2016
walk

Supporting Coffee Connection

SUNDAY, OCTOBER 16TH

WHERE: Hopkins Point Lodge Mendon Ponds Park Honeoye Falls, NY

COST: \$30.00 Includes T-Shirt Ages 10 & under FREE
Late Registration Fee: day of event is \$35 (includes t-shirt)

TO REGISTER: www.runsignup.com

Registration packets can be picked up at:
Medved Running & Walking Outfitters
3400 Monroe Ave. Rochester, NY 14618 on
Saturday 10/15 10:00am-4:00pm

sponsored by:  **GOLDWELL NEW YORK**
PRODUCTS. EDUCATION. BUSINESS SOLUTIONS.