



2025 BUSINESS DIRECTORY & COMMUNITY GUIDE



Courtenay S. Brown, E-RYT 500, YACEP®

Founder & Owner of Shabach Yoga

Charles County Chamber Member of the Year



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2025 BOARD OF Directors & Officers

Executive Committee Chair Natonya Thomas The Shops at Waldorf Center Vice Chair LaKeysha Moore Your Nu Image Secretary Kathy Guzman Chamber President & CEO Treasurer Matt Martin Energetics Technology Center Member at Large Danielle Conrow Rodgers Consulting Past Chair Deadra Robinson Hilton Garden Inn, Waldorf Director 2023-2025 Kaprece James Stella's Girls Inc.	Directors 2024-2026 Pam Frank Military Alliance Council Herb Banks Copper Compass LaTasha Briscoe LB Innovations Rhosheeda Proctor SMECO Nevery Berry MinuteMan Press, Waldorf Directors 2025-2027 Tamara Cox Renaud Consulting Commercial Real Estate Jammal Dorsey Xi Miles, LLC Sue Greer Law Offices of Sue A. Greer, P.C. Janine Horne Zen Wellness Studio, LLC	Katie Pierce Grille No. 13 Dee Sapp Accessibility Bridge Corporation Community Representatives to the Board Anthony Adesina Charles County Economic Development Department Dr. Maria Navarro Charles County Public Schools Ralph E. Patterson II Charles County Government, District 4 Reggie Barksdale Southern Maryland Youth Flag Football League (SMYFFL) Gregory "Trey" Proctor III G.S. Proctor & Associates	Catherine "Cathy" Reisinger Charles County Government Planning and Growth Management Kelly Bryant University of Maryland Extension Mayor Jeannine James Town of La Plata Josh Phillips NSWC Indian Head Division Craig J. Renner UMD Charles Regional Medical Center Christie Burnett Charles County Charitable Trust Mayor Brandon Paulin Town of Indian Head Dr. Yolanda Wilson College of Southern Maryland
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FORMER CHAMBER Presidents & Chairs

Board Presidents (1956-2013)

1956- Reed W. McDonagh	1974- Charles F. Boyers	1987- Robert A. Thompson	2002- Carolyn
1957- John H. McWilliams	1975- Ricardo Hamilton	1988- Robert Mitchell	"Cookie" Nitching
1958-1959- Earl Hindle	1976- Clarence E. Cranford	1989- John Harris, Jr.	2003- Harry Shasho
1960-1961- L.E. Christ, Jr.	1977- Charles E. Stuart	1990- Randy A. Lakes	2004- Brad Howard
1962- L.O. Heilmeier	1978- F. George Heinz, III	1991- Micheal A. Besche	2005- Robert Eaton
1963-1964- John S. Bednarik	1979- Kenneth O. Dixon	1992- Robert A. Heier	2006- Lorrie Anderson
1965- Richard L. Saunders	1980- Lawrence C. Abell	1993- Raymond Keeney	2007- Gore Bolton
1966- Chester L. Lyons	1981- Hugh C. Gardener, III	1994- WM. Daniel Mayer	2008- Helen Heier
1967-1968- Joseph S. Olcott	1982- Bruce E. Davis	1995- William Neblett	2009- Ken Weikel
1969- Gordon A. O'Neill	1983- William J. Hobbs	1996- Wes Hughes, Jr.	2010- Darlene Brecl
1970- Carroll Barnes	1984- Evelyn S. Hungerford	1997- Linda Wise	2011- John Jilek
1971- Allen F. Mitchell	1985- William L. Dalton	1998- David Jenkins	2012- Carlos Montague
1972- Glenn M. Hall	1986- Murray D. Levy & Charles	1999- Joe Shannon	2013- Craig Renner
1973- Allen J. Neave	Bridgett	2000- Robert Burke	
		2001- Philip R.W.	
		McDonagh, Jr.	

Board Chairs (2014-2025)

2014- Steve Kensinger	2020- Tom Blandford
2015- Sue Greer	2021- John Chappelle
2016- Billie Stachura	2022- Leigh Ann Keller
2017- Bonnie Morris	2023- Deadra Robinson
2018- Natalie Cotton	2024- Marlon Brown
2019- Daniel Michael	2025- Natonya Thomas

Chamber Committees

Business & Education

Dawud Abdur Rahman
Cedric Singleton

Finance

Matthew Martin
Jammal Dorsey

Fundraising

Dee Sapp
Tamara Cox

Diversity, Equity & Inclusion

Rhosheeda Proctor
Anthony Twyman

Economic

Development & Transportation

Alvin Stewart
Dawud Abdur Rahman

Events

LaTasha Briscoe
Nevery Berry

Marketing

Natonya Thomas
Anthony Gilliam
& Chatsoni Brooks

Membership & Ambassadors

Vetoya Smith
Sandra Sanna - Buckles

Young Professionals Group

Allyson Goodwin
Pinder
Selorm Agbley

Hospitality

Deadra Robinson
Justin Young

Legislative

Jessica Richards
Chudi Obi

MESSAGE FROM OUR President & CEO



Dear Chamber Members and Friends,

As I enter my second year as President & CEO of the Charles County Chamber of Commerce, I am filled with gratitude, optimism, and an even deeper commitment to our vibrant business community. It has been an incredible journey so far, and I remain honored to serve such a dynamic and forward-thinking network of leaders, entrepreneurs, and changemakers.

This year, under the theme "Bet on the Chamber," we are doubling down on our promise to be a driving force for business success in Charles County. We're challenging our members,

partners, and community stakeholders to take a chance on bold ideas, on collaboration, and most importantly—on each other.

Over the past year, we've laid a strong foundation of engagement, advocacy, and innovation. Now, we're building on that momentum with programs and initiatives designed to unlock new opportunities, support small business growth, and amplify the voices of our diverse membership. Inside this year's annual directory, you'll find valuable resources, success stories, and connections waiting to be made. I encourage you to explore these pages, engage

with fellow members, and discover how the Chamber can be your greatest business ally.

Our mission remains clear: to foster a collaborative, inclusive, and thriving business environment that benefits everyone in Charles County. Your feedback, ideas, and involvement continue to shape our direction—and I invite you to keep the conversation going. Thank you for placing your trust in me and in this organization. Let's make this a year where we all win—by betting on ourselves, betting on each other, and Betting on the Chamber.

With gratitude,

Kathy Guzman

President & CEO

Charles County Chamber of Commerce

2025 Membership & Ambassadors Committee

WE INVITE YOU TO BECOME A MEMBER TODAY!

Benefits Include

- Ribbon Cuttings/Grand Openings
- Monthly Networking Mixers
- Monthly Lunch and Learn Sessions
- 3 Free Listings in the Membership Directory
- Enhanced Member Profile on our Website
- Advocacy During the Legislative Session
- Educational Opportunities
- Marketing Opportunities
- Cost-Savings Programs

GUARANTEED RIDE HOME

Ride Share – Drive Less...Stress Less & SAVE!

REGIONAL RIDESHARE PROGRAM – SIGN UP TODAY!

Ridesharing services enable commuters to find other individuals who share similar commute routes and work hours. Ridesharing promotes alternative ways for commuters to get to work. Ridesharing benefits include:

- Fuel Cost Savings
- Wear & Tear on Roads & Vehicles
- Reducing Traffic Congestion
- HOV Lane Access
- Overall Expense Saving by Minimized Driving
- Reduced Pollution & Greenhouse Gas Emissions

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GRH provides a free ride home for registered commuters who ride in a carpool or vanpool, take transit, bike or walk to work at least twice a week. In event of an unexpected emergency or unscheduled overtime, GRH will arrange for a free taxi ride, a free transit ride, or even a free rental car up to four times each year to get you home.

George Clark
Transportation Demand Management Specialist

"WE'VE GOT YOU COVERED" in SOUTHERN MARYLAND
GRH provides a free ride home for registered commuters who ride in a carpool or vanpool, take transit, bike or walk to work at least twice a week. In the event of an unexpected emergency or unscheduled over-time, GRH will arrange for a free taxi ride, a free transit ride, or even a free rental car up to four times each year to get you home.

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OUR Board Chair



The Charles County business community is unlike any other. We have a long history of being invested in one another. The Chamber is strong in our support for local businesses, and I am honored to serve as your Board Chair this year. I have been an advocate for local businesses for a long time, and it's been my mission to make sure that the Charles County business community thrives for years to come. Serving in this role allows me to continue to do just that.

As a board, our vision for 2025 is to get back to the foundation that built us into the powerful organization we are today while also capitalizing on the huge successes we've seen since then. We will continue to create spaces where businesses can support

each other. We will continue to encourage the community to support local businesses and our members. We will continue to provide resources for businesses to grow. We will continue to be a voice for the community, whether through pushing for legislation that supports local businesses or navigating permitting issues. We will continue to show that we are better when we work together. You can bet on us.

Seeing all the new businesses in this directory along with our long-term business staples in the community is encouraging. This is not just another business directory. These are the businesses of your neighbors, friends, and community peers. When you support the businesses in this directory, you directly support

Charles County. As you read through this directory, bet on our members for business needs you may have.

If you are a member of our chamber already, I encourage you to get involved. You see the best return from your membership when you're engaged. We want to get to know you. We want to get to know your business. We have committees for everything from marketing, events, and fundraising to legislation and governance. We also have a men's and women's leadership club. If time doesn't allow for those, we have lunch and learn classes each month that focus on business growth. We have monthly mixers where you may meet your next client. We have signature events. There is so much to take advantage of.

Sincerely,
Natonya Thomas
Board Chair

OUR Vice Chair



Dear Fellow Business Owners,
It's my pleasure to welcome you to this year's Membership Directory—a powerful snapshot of the incredible network we've built together.

As we continue to navigate the impacts of a shifting economy, I want to remind you: we are not alone. The strength of our

business community lies in our collaboration, resourcefulness, and unwavering support for one another. That's why this year's theme, "Bet on the Chamber," couldn't be more fitting.

When you bet on the Chamber, you're investing in shared success. You're choosing connection over isolation, progress over hesitation, and leadership in the face of

uncertainty. Let's keep showing up for each other, finding creative ways to grow, building on synergy and using the Chamber as the trusted resource and voice for our local business community.

Thank you for your continued dedication—and for betting on something that always pays off... each other.

Yours In Service,
LaKeysha Moore
2025 Vice Chair

CHIEF Operating Officer



Hello Chamber Members & Friends,
It's a joy to connect with you through this year's Chamber Directory! As your Chief Operating Officer, I have the honor of working behind the scenes to help make sure everything we do—our events, programs, member support, and day-to-day operations—runs smoothly and with intention.

This year's theme, "Bet on the Chamber," really speaks to where we are as a community. It's about taking bold steps, believing in the strength of local businesses, and knowing that the Chamber is here to support you every step of the way.

Whether you've just joined us or have been part of the Chamber family for years, please

know that your success is at the heart of everything we do. I'm always looking for ways to make your experience even better—more accessible, more meaningful, and more impactful.

Thank you for trusting us, for showing up, and for being such an important part of this journey. I can't wait to see what we build together this year.

With appreciation,
Marie Domenech
Chief Operating Officer
Charles County Chamber of Commerce

CHARLES COUNTY COMMISSIONER President



We are proud of the thriving small business community here in Charles County. These businesses are the economic engine that keeps the county moving forward, supplying a wealth of goods and services to all who live, work, and visit here. The county continues to grow in population and diversity and is home to some of Maryland's highest household incomes. In fact, last year Charles County was recognized as the most prosperous majority-black county in Maryland. With this economic growth comes new opportunities for our business community.

Charles County measures its success by both growing our

small businesses and creating an environment that attracts new investment. Our Board of County Commissioners has worked to raise Charles County's profile within the private sector, to make sure small businesses know all that we have to offer. We want Charles County to be known as a place where new commercial operations and entrepreneurial ventures can get established, expand, and create jobs. To support that effort, we have approved legislation to support smart growth, adopted zoning changes, and streamlined our permitting processes to make sure Charles County is open for

business.

We appreciate the partnership of the Chamber of Commerce to bring us together to facilitate connections and build partnerships that help our community prosper and thrive. We appreciate their efforts to provide networking opportunities, training, roundtable discussions, and more to ensure everyone is working together to sustain lasting success. We are excited to work with them to support our small business community, as they are a bedrock for spurring continued growth and vitality in our flourishing suburban county.

Reuben B. Collins, II Esq.
President, Board of Charles
County Board of Commissioners

LA PLATA Mayor



Our County is so fortunate to have an active and growing Chamber of Commerce that plays a crucial role in our community! From advocating for local businesses on issues like regulations, taxes, and fees to providing valuable resources such as business guides, market research, and training programs, the Chamber is an indispensable partner in fostering economic growth and development.

This vital partnership with the Town of La Plata has significantly contributed to advancing our economic goals. By combining our resources, expertise, and networks, we are strengthening the local economy and enhancing the quality of life for all residents.

As a community representative on the board, the Chamber ensures that the initiatives we pursue are inclusive, equitable, and reflective of our diverse

community needs. Open channels for feedback further guarantee that our efforts remain sustainable and beneficial in the long term.

The Town of La Plata is committed to maintaining a transparent, responsive, and proactive approach to community and economic development. Together, we are building a vibrant and prosperous future for La Plata.

Respectfully,
Jeannine E. James
Mayor Town of La Plata

ECONOMIC Development Director



thrive right here in Charles County.

Here are a few highlights from the past year that reflect our commitment to sustainable and inclusive economic growth:

- The Western Charles County Technology Corridor is gaining momentum and represents one of our most transformative initiatives to date. Designed to attract companies in key sectors—such as advanced manufacturing, biotechnology, professional services, and research and development—this corridor is envisioned as a hub where innovation meets infrastructure in Bryans Road, the Town of Indian Head, and surrounding areas. It reflects our long-term vision of creating high-quality jobs and supporting balanced, strategic growth in the western part of the County.
- Earlier this year, we conducted a survey of federal employees and contractors impacted by employment changes. In response, we launched an online Government Transition Resource Hub to connect individuals with retraining opportunities, entrepreneurial support, and job placement services. This tool will continue to evolve with input from the community and partners as we work to deliver responsive and targeted resources.
- As part of our commitment to economic equity, we are preparing to launch a new digital portal for our Minority and Women-Owned Business Enterprise (MWBE) program. This effort builds on the findings of the 2021 Disparity Study and is designed to help small, diverse businesses in Charles County

access certification and compete for government procurement opportunities. We also welcomed Anthony Twyman as our new MWBE/DBE Compliance Manager, a position dedicated to monitoring and enhancing program performance and ensuring equitable access.

- Charles County's digital gift card program, With Love From Charles, continues to be a successful county-wide initiative encouraging residents and visitors to shop local. This collaborative effort between the Economic Development Department and the Department of Recreation, Parks, and Tourism has grown to include thirty-one participating businesses—and counting. As more businesses join, the greater the impact. By keeping dollars circulating locally, we're supporting independent retailers and contributing to our community's overall economic vitality.

Economic development in Charles County is about more than buildings or business attraction—it's about creating the conditions that allow our residents to thrive, our communities to prosper, and our local economy to remain strong and competitive. Our partnership with the Charles County Chamber of Commerce is an essential part of that effort, and we're proud to collaborate in supporting existing businesses, attracting new investment, and shaping a bright economic future for our County.

Michelle D. Frye
Acting Director of Economic Development
Charles Co. Economic Development Department

THE COLLEGE OF SOUTHERN MD President



Since joining the College of Southern Maryland (CSM) in 2023 as its sixth president, I've been continually impressed by the numerous ways our communities come together to support not only the social and economic mobility of our students, but the growth and prosperity of our entire region.

A highly educated and skilled labor force are key indicators for positive business retention and expansion, and educational attainment contributes to the vibrancy of our business communities. These are key metrics for economic development, and CSM is proud to collaborate with our regional partners to ensure that the local labor market needs of area businesses are being met.

Through meaningful engagement with our government, business, and education partners, we're working tirelessly to achieve these goals in alignment with the three pillars of our 2024-2029 Built for Success Strategic Plan: Access, Momentum, and Mobility.

CSM offers high-quality, low cost, and relevant instructional programs that empower students to create positive impacts for themselves and their families. Adult students already in the workforce can receive college credits for existing skills and knowledge through prior work experience, military training, industry certifications, and more, through CSM's Credit for Prior Learning.

Our instructional pathways are

designed to keep students on track to completion, equipping them with in-demand skills so that they can get to work faster. Industry and community partners play an active role in guiding our instructional offerings to ensure CSM grads are ready to fulfill the demands of the labor market. Robust STEM programs prepare graduates to meet the emerging and evolving needs of employers in our region, fueling the economic engine of Southern Maryland.

CSM is the region's first choice for accessible, inclusive, and innovative education that transforms communities, and we look forward to partnering with you as, together, we work toward community success and pathways to mobility.

Dr. Yolanda S. Wilson
President of the College of Southern Maryland

PUBLIC SCHOOLS Superintendent



Charles County Public Schools (CCPS) is pleased to partner with the Charles County Chamber of Commerce. Our long-time partnership helps bridge the business community and our students in an array of work-based learning opportunities. From apprenticeships, internships, speakers in the classroom, and visits to worksites – our close partnership with the Charles County Chamber of Commerce ensures our leaders of today are provided with foundational

experiences that will guide their path prior to graduation. CCPS strives to educate local businesses on how collaborations, such as with the Charles County Chamber of Commerce, is a rewarding investment in the development of our students' future.

As the Superintendent of Charles County Public Schools, I find it very meaningful to serve as a community member on the Charles County Chamber of Commerce board. Participating in meetings and events

further enhances my understanding of the needs of local businesses at-large and ensures CCPS is a supportive partner in the economic development of the county. As the second largest employer in the county, it is imperative that Charles County Public Schools develops our own workforce pipelines by contributing to the prosperity of Charles County so that it is a place where people want to live and work!

Maria V. Navarro, Ed.D
Superintendent of Schools
Charles County Public Schools

CHARLES County

Commissioner President
Reuben B. Collins, II, Esq.

Commissioner Vice President
Ralph E. Patterson, II, M.A.
(District 4)

Commissioner
Gilbert "BJ" Bowling, III
(District 1)

Commissioner
Thomasina O. Coates, M.S.
(District 2)

Commissioner
Amanda M. Stewart, M.Ed.
(District 3)

CHARLES COUNTY is a code home rule county governed by a five-member Board of Commissioners. The five Commissioners are elected at large to four-year terms of office. The Commissioner President is the presiding officer of the board at meetings and hearings. The Commissioner President may reside anywhere in the county. The other four Commissioners must each reside in a Commissioner district.

BOARD RESPONSIBILITIES

- Generating revenues to fund the county's capital and operating budgets, as well as other county departments and agencies.
- Providing for the public health, safety, and welfare of Charles County residents and visitors.
- Adopting and updating the Charles County Comprehensive Plan, Land Use Plan, and Zoning Ordinance.
- Overseeing the development process.
- Establishing, promulgating, and enforcing county rules, regulations, ordinances, policies, and procedures.
- Appointing boards, commissions, and task forces.
- Fulfilling the mission of Charles County Government.

COMMISSIONER MEETINGS

BOARD MEETINGS – The Board of Commissioners meetings are scheduled regularly and held virtually and/or in the County Government Building at 200 Baltimore Street in La Plata. The public can watch meetings on Comcast 95, Verizon Fios 10, Roku, or Apple TV streaming devices (Charles County Government), and online at: www.CharlesCountyMD.gov/services/media-services/charles-county-government-television. For virtual meetings, residents without internet service or cable access can listen to the meeting at 301-645-0500. Meetings are advertised in advance at www.CharlesCountyMD.gov.

COMMUNITY MEETINGS – The Commissioners hold community meetings virtually and at convenient locations throughout Charles County. These meetings are open to the public and provide an opportunity for attendees to ask questions and discuss items that are important to the community.

Industry

Socioeconomic Characteristics
Charles County, 2010-2021

	2010	2021	% Change
Employer Establishments		2,646	<div></div>
Nonemployer Establishments	9,215	12,632	
Population	147,086	168,698	
African American	60,686	82,697	
Asian	3,821	5,762	
Hispanic or Latino	6,342	11,889	
Women	76,233	86,407	
Veterans	16,392	17,267	5.1%

Source: U.S. Census Bureau, American Community Survey; Charles County Economic Development

REAL ESTATE MARKETS

Affordable real estate contributes to Charles County's lower cost of doing business and lower cost of living, with real estate prices typically 20% – 30% lower than those in the rest of the DC metro area.

COMMERCIAL REAL ESTATE

In calendar year 2022, according to CoStar database, a reported 532 thousand in square feet of commercial property was sold in Charles County, yielding over \$79 million in sales volume. The average sale price was \$1.2 million at an average of \$170 per square foot. As of 2023 Q2, the County's commercial property inventory was 15.9 million square feet. A recent Economic Development analysis revealed that Charles County continues to maintain lower vacancy rates than the rest of the Washington D.C. Metro region. Commercial vacancy rates in 2023 Q2 for Charles County were 6.0% compared to 10.0% for the D.C. Metro region. Office vacancy rates for Charles County were 6.6% while the D.C. Metro region rates were 15.8%. (CoStar Group, 2023).

HOUSING

The County has a total of 61,718 housing units and a vacancy rate of 5.8%. The median home value is \$339,000 with 78.3% of these being owner-occupied. Charles County has a total of 58,138 occupied household units. The average household size is 2.85 people for owner-occupied homes and 2.68 for renter-occupied. (Source: U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates)

The Maryland Realtors Association reports that in 2022, 2,930 housing units were sold in Charles County at a median price of \$415,000.

FACTS & STATS

- Total Population: 168,689
- Projected 2045 population: 229,7501
- Median Household Income: \$107,808
- Per Capita Income: \$61,3242
- Percentage of Population age 25+ with bachelor's degree or higher: 31.1%
- Median home value: \$339,000
- Total Households: 58,138
- Civilian Labor Force: 88,695
- Armed Forces: 2,407
- Median Age: 38.5
- Black or African American: 52.0%
- White: 39.6%
- Asian: 3.5%
- American Indian and Alaska Native: 0.8%
- Native Hawaiian and Other Pacific Islander: 0.1%
- Two or more races: 4.0%
- Hispanic (any race): 7.0%
- Source: US Census Bureau, 2016-2020 American Community Survey, 5-Year Estimates

Charles County Survey of Minority, Women and Veteran Businesses		
	Firms	%
Total Employer Firms	2,163	
Women-Owned	401	19%
Minority-Owned	522	24%
Veteran-Owned	218	10%

Source: U.S. Census Bureau Annual Business Survey, 2017

Civilian employed population 16 years and over

Agriculture, forestry, fishing and hunting, and mining

Construction

Manufacturing

Wholesale trade

Retail trade

Transportation and warehousing, and utilities

Information

Finance and insurance, and real estate and rental and leasing

Professional, scientific, and management, and administrative and waste management services

Educational services, and health care and social assistance

Arts, entertainment, and recreation, and accommodation and food services

Other services, except public administration

Public administration

84,022

0.10%

7.10%

2.10%

1.00%

9.70%

7.50%

0.70%

5.70%

14.60%

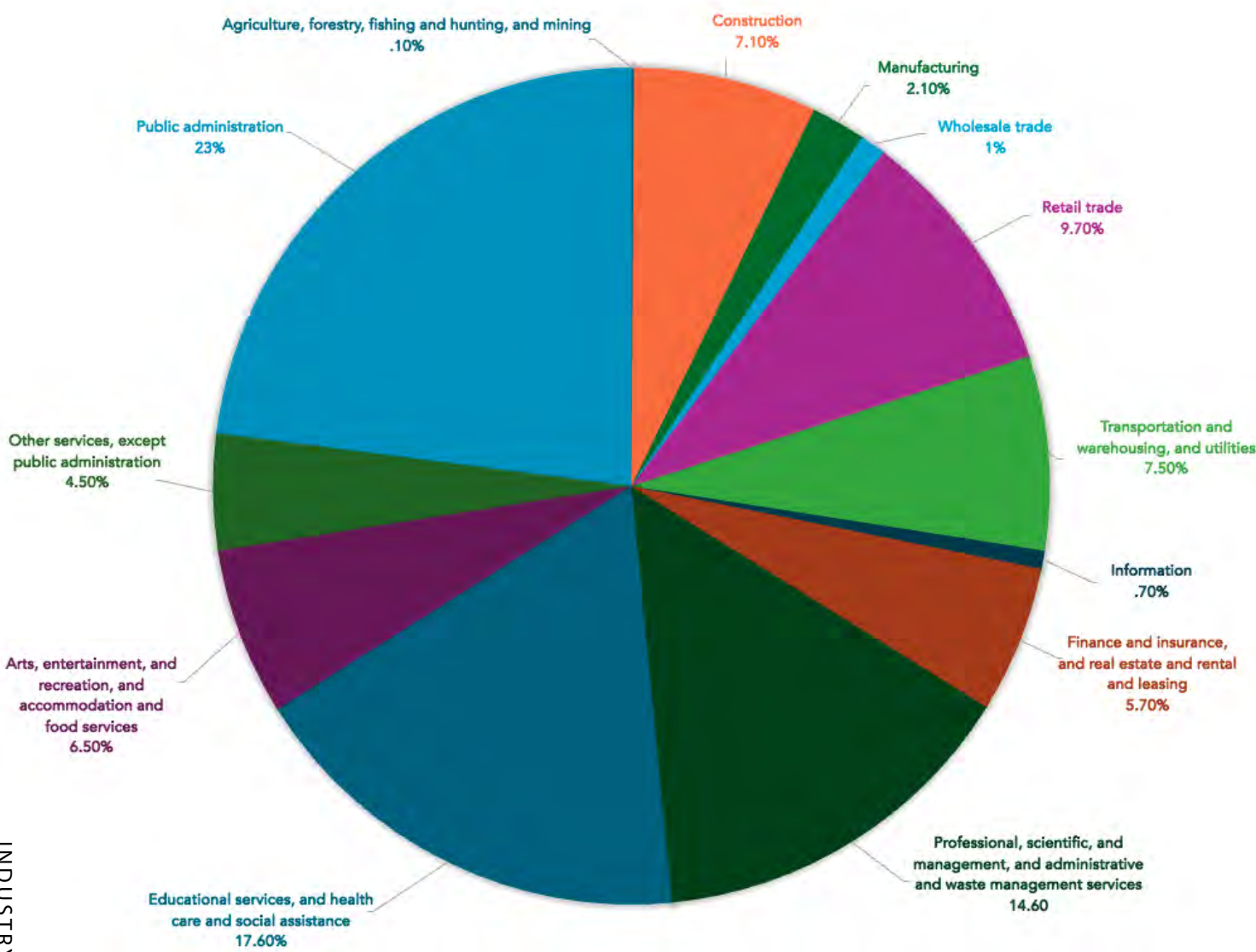
17.60%

6.50%

4.50%

23.00%

Source: U.S. Census Bureau, 2017 - 2021 American Community Survey, 5-Year Estimates.



CHAMBER Volunteer Committee





2024 Charles County Chamber Member of the Year



Courtenay S. Brown, E-RYT 500, YACEP®
 Founder & Owner

3082 Waldorf Market Place
 Waldorf, MD 20603

240.774.1521
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 info@shabachyoga.com

Where Faith Meets Fitness

We offer a sanctuary where faith and wellness unite, empowering you to achieve holistic healing through yoga, Reiki, vibrational sound therapy, and meditation practices, all offered from a Christian perspective. We are dedicated to helping you deepen your spiritual journey while enhancing your physical and mental well-being in a supportive, safe environment in Waldorf, MD.

We offer the following wellness and private yoga services:

- ~Reiki
- ~Chakra Balancing
- ~Vibrational Sound Therapy (VST)
- ~Guided Meditation
- ~Individual and Group Purpose Coaching
- ~Private Yoga Sessions

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Advanced Architectural General Contracting LLC specializes in custom additions, larger-scale remodeling, and insurance restoration.

With our **Client Focused - Quality Driven** approach, dedicated management team, and skilled trades professionals, we are ready to make our clients' homes a better place to be.

Pay it Forward

Many of the Chamber's programs and events are made possible through the generous support of our "Pay It Forward" program partners.

PLATINUM \$10,000 INCLUDES:

- Dues – prepaid for the current year – ONLY THIS LEVEL
- Platinum level sponsorship (or equivalent) for four (4) planned event in calendar year and associated benefits
- Logo shown as a Platinum Sponsor on the Chamber website for one year
- Logo shown as a Platinum Sponsor in the Chamber eNewsletter and eblasts for one year
- Special recognition as a Platinum Partner in the Chamber online directory for one year

GOLD \$5,000 INCLUDES:

- Gold level sponsorship (or equivalent) for three \$1,000 level event sponsorships of your choice in calendar year
- Logo shown as a Gold Sponsor on the Chamber website for one year
- Logo shown as a Gold Sponsor in the Chamber eNewsletter and eblasts for one year
- Special recognition as a Gold Partner in the Chamber online directory for one year

SILVER \$3,000.00 INCLUDES:

- Silver level sponsorship (or equivalent) for three events of your choice in calendar year and associated benefits
- Logo shown as a Silver Sponsor on the Chamber website for one year
- Logo shown as a Silver Sponsor in the Chamber eNewsletter and eblasts for one year
- Special recognition as a Silver Partner in the Chamber online directory for one year

BRONZE \$2,000.00 INCLUDES:

- Bronze level sponsorships (or equivalent) for two events of your choice in calendar year, and associated benefits
- Logo shown as a Bronze Sponsor on Chamber website for one year
- Logo shown as a Bronze Sponsor in the Chamber eNewsletter and eblasts for one year
- Special recognition as a Bronze Partner in the Chamber online directory for one year

CHAIRMAN'S CIRCLE \$1,000 INCLUDES:

- Your business logo shown as a Chairman's Circle member and displayed at all Chamber events
- Logo on all Chamber event print programs, on website, in the Chamber eNewsletter and eblasts
- Special recognition in the Chamber online directory for one year

PRESIDENT'S CIRCLE \$500 INCLUDES:

- Your business name shown as a President's Circle member and displayed at all Chamber events
- Your business name on all Chamber event print programs, on website, in the eNewsletter and eblasts

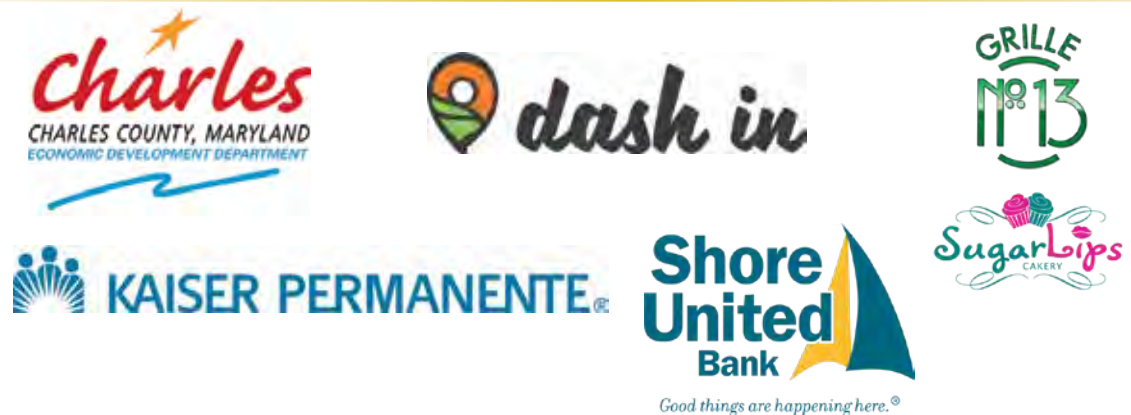
CONTACT THE CHAMBER FOR DETAILS OR TO SIGN UP!
INFO@CHARLESCOUNTYCHAMBER.ORG
301-932-6500

Thank you

TO OUR

2025 PAY IT FORWARD PARTNERS

PLATINUM



GOLD



SILVER



PRESIDENT'S CIRCLE



www.charlescountychamber.org



Nursing

Programs under the supervision of the Nursing and Community Health Services Division include:

- Adult Evaluation and Review Services (AERS) and Nurse Monitoring
- Maryland Children's Health Insurance Program (MCHP)
- Breast, Cervical and Colorectal Cancer Programs
- School Health Program
- Women, Infant and Children (WIC)
- Administrative Care Coordinator Program (ACC)
- Dental Health and Dental Clinic Services

HIV Case Management and Financial Assistance for persons living with HIV

- HIV Prevention and Testing
- Asthma and Lead Poisoning Prevention Program
- Maternal/Child Health Program
- Adult and Child Immunizations
- Emergency Preparedness (including COVID-19 and Influenza vaccination services and COVID-19 testing)

Programs under the supervision of the Disease Prevention and Health Promotions Division include:

- Infectious Disease Management (including surveillance)
- Reproductive Health Clinic Services

To learn more about the Charles County Department of Health visit charlescountyhealth.org or call 301-609-6900.

For specific divisions or services, call:

Vital Records	301-609-6919
Medical Assistance Transportation	301-609-6923
Behavioral Health Services	301-609-6601
Local Behavioral Health Authority	301-609-5757
Community Health and Evaluation	301-609-6622
Disability Services	301-609-6872
Environmental Health Services	301-609-6751
Nursing and Community Health Services	301-609-6900
Disease Prevention & Health Promotions	301-609-6900

Education

Pathways to Growth, Development and Mobility Start at the College of Southern Maryland

Find Yours at the College of Southern Maryland The College of Southern Maryland (CSM) is proud to serve Charles, Calvert, and St. Mary's counties and promote social and economic mobility for its students through high-quality, low cost, and relevant instructional programs. CSM is a convener and a connector, building pathways for students to achieve their goals and potential. CSM recognizes that work of this magnitude cannot be done in isolation; it must be done in collaboration and requires working alongside our partners to make a positive impact in the lives of those we are honored to serve.

The college meets this task everyday by collaborating with governments, businesses, and community partners to build coalitions, meaningful partnerships, and workforce pipelines. For that reason, CSM is the region's first choice for accessible, inclusive, and innovative education that transforms communities."



them as a workforce pipeline and trainer of choice.

The Regional Hughesville Campus hosts the college's Center for Trades and Energy Training (CTET) and the new Center for Health Sciences. CTET is the region's premier training center for a multitude of skilled trades and crafts. CSM is proud to also partner with local businesses to connect students, employees, and employers by providing highly specialized training through certifications, micro-credentials, and digital badges that align with desired competencies.

CSM's Center for Health Sciences opened in 2023 at the Regional Hughesville Campus. The state-of-the art center is the continuation of the college's commitment to provide local communities with highly-trained, responsive, and patient-centered healthcare professionals. This cutting-edge facility is fully equipped for turning theory into practice and exceptional training into standard-setting patient care.

On the other side of Charles County, the Velocity Center at Indian Head is a catalyst for economic development, innovation, and creativity. The Velocity Center is home to the Makerspace, a collaborative workspace where members of the community can come to create, make, learn, and explore using 3D printers/scanners, laser cutters, and other additive and subtractive machines for manufacturing, as well as hardware and software for cybersecurity, gaming, CAD modeling, simulation, app development, robotics, and prototyping. In addition, the Velocity Center offers spaces for hosting meetings and events. To learn more about the CSM Velocity Center visit csmd.edu/velocitycenter

CSM is proud to partner with county governments and regional





businesses to have the tri-county region recognized as an ACT® Work Ready Community. The Work Ready Community designation develops a strong workforce pipeline and certifies to businesses looking to grow or expand that Southern Maryland boasts a well-prepared and capable workforce that can meet their emerging staffing needs. It instills confidence that the region is a place where companies can grow and thrive, in turn creating jobs and fueling Southern Maryland's economic engine.

Transforming Lives and Student Success

When you enroll at CSM, you don't just get an education; you get the support of a caring community of faculty, staff, and fellow students.

CSM offers a range of associate degree programs, certificate programs, letters of recognition, and continuing education courses for professional and career development, and tuition and fees are typically half the cost of that of a state four-year public university. CSM students can further their education with more than 300 transfer and articulation agreements that offer guaranteed admission to more than 70 four-year colleges and universities nationwide.

In the past five years, the CSM Foundation has awarded more than \$4.6 million in scholarships for credit and workforce development programs to more than 3,000 students.

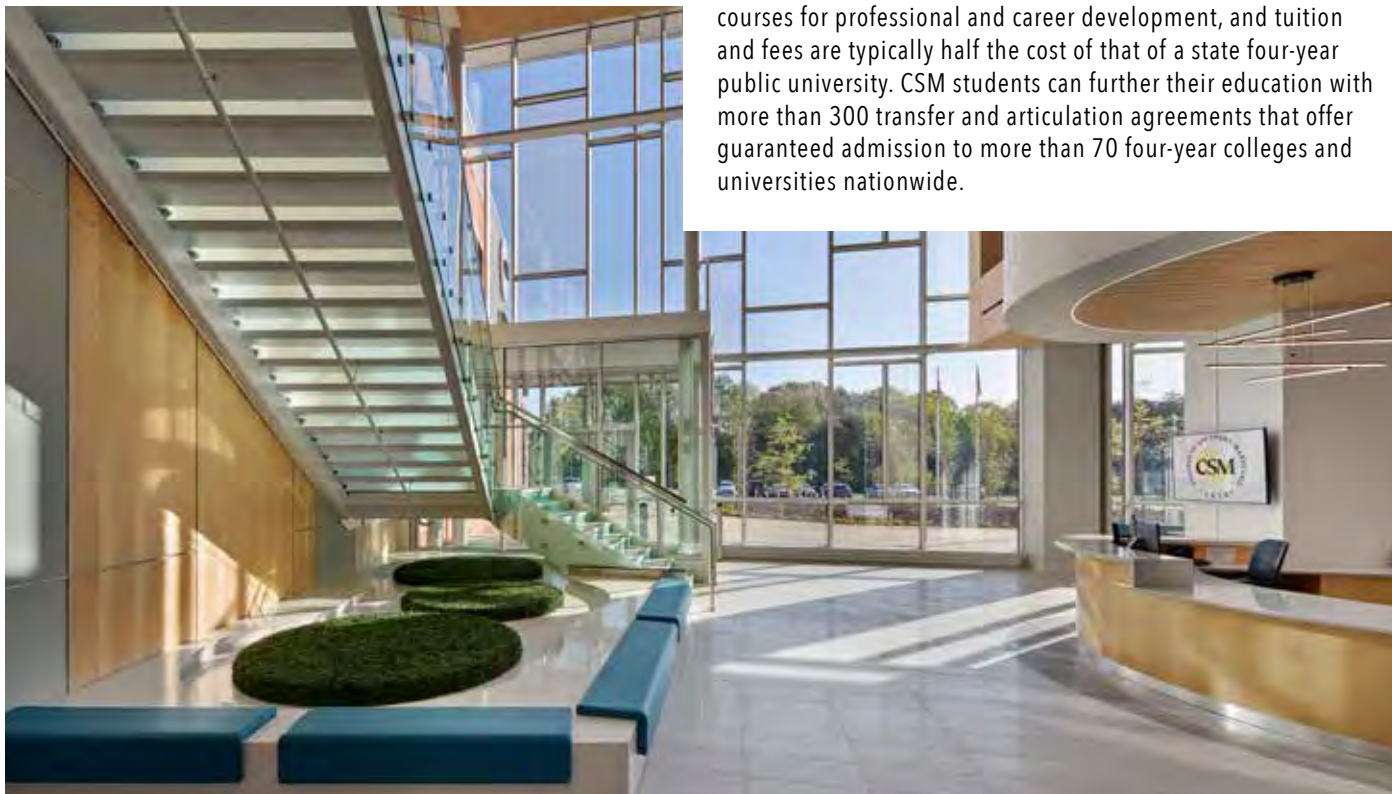
No one should have to choose between affording to learn and affording to live, which is why the CSM Foundation and its Student Life team partner with the Maryland Food Bank and community organizations to distribute thousands of pounds of free food to students experiencing food insecurity, through our Hawk Pantry locations on three campuses.

CSM is one of the largest veteran-serving colleges or universities in Maryland, and in 2022, CSM was accepted. In 2022, CSM was accepted into the U.S. Military's Cyber Command (CYBERCOM) Academic Engagement Network.

CSM offers a robust extra- and co-curricular experience for students, with more than a dozen student clubs, including the National Society of Black Engineers, the Men of Excellence, the Women of Excellence, SAGE, E.X.I.T.O International, and CSM's world-ranked Talons robotics team.

The college offers interactive personal enrichment classes for all ages, driver education and motorcycle training, Kids' and Teen College, homeschool classes, and summer enrichment programs.

CSM has also partnered with the Charles County Public School



system to offer an Early College program for high school juniors and seniors, in addition to Dual Enrollment options.

At CSM, you can choose from a wide variety of quality programs designed to help meet professional and personal goals – be it a new career, expanding a knowledge base, or exploring a new hobby. Find your pathway to possibility at CSM.

For more information,
visit csmd.edu or call 301-934-2251

Naval Air Station Patuxent River Firefighter Laid to Rest

The University System of Maryland at Southern Maryland, located in California in St Mary's County, but serving the Tricounties of Calvert, Charles and St Mary's, partners with eight universities to offer bachelor completion programs, as well as Master's and PhD graduate programs, all in high-demand fields. You can get a world-class education at your doorstep in areas like engineering, computer science, education, human resources, and social services. The Southern Maryland Autonomous Research and Technology (or SMART) building opened fall 2021 and offers state-of-the-art robotics and research labs, as well as testing areas for surface, water and air autonomous systems.

For more information,
visit <http://www.usmsm.umd.edu> or
call 301-226-6000.



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Non-Profit ORGANIZATIONS



Volunteers from Levi Strauss Co. and Arc Staff during Levi's Day of Giving Back.

Nonprofit organizations are the heart and soul of a community

Charles County is home to over 780 nonprofit organizations that strengthen the fabric of our Southern Maryland community by providing critical services, fostering civic engagement, and contributing to the local economy.

Nonprofits fill the gaps

Our nonprofit partners help meet our society's needs by assisting the most vulnerable members of our community regardless of age, gender, race, and socioeconomic status. "Maryland

Nonprofits by the Numbers," a study conducted in 2021, indicates that 80% of the registered 501(c)(3) charitable organizations in Charles County make a substantial impact in the healthcare and social assistance fields. According to the 2018 Charles County Nonprofit Economic and Social Impact Study, among the top critical needs facing residents of the county include access to affordable housing and healthcare, substance abuse support services, and assistance for the area's homeless population. Nonprofits are well-poised to fill the demand for these services, with the ongoing support of community residents and commitment of our corporate partners.

Nonprofits are varied in mission and scope. In addition to human services, many of the charitable organizations in Charles

County support the arts and humanities, and provide educational programs created to enlighten and inspire our citizens about the deep history and unique culture of our region.

Nonprofits foster civic engagement

County residents contribute greatly to the success of our local nonprofit missions by volunteering their time and sharing their knowledge and expertise. Volunteering creates opportunities for collaboration and networking, skill-building and leadership development, and establishing important social bonds. Many corporate and individual partners contribute to the governance and operations of these vital organizations by serving on a board of directors, assisting with special events, and lending their personal time and talent to fulfill the needs of the nonprofit.

Nonprofits help economic health

While some nonprofits are small and are run solely by volunteers, many offer employment opportunities and generate millions of dollars in economic activity. As of 2019, the 784 nonprofits in Charles County generated over \$7.1 million in revenue as identified by the 2021 Maryland Nonprofits study. In addition to the movement of goods and services channeled through nonprofits, the existence of myriad charitable organizations also helps attract the establishment of new businesses to the area, showcasing the area's values such as commitment to health and wellness, and education of its citizens. Nonprofits also create opportunities for employment. "Maryland Nonprofits by the Numbers" tells us that Charles County's nonprofit organizations have supported more than 2,500 local jobs.

Everyone in our community is touched in some way by a nonprofit's work and our county's quality of life is richer because of this vital sector.

To learn more about the nonprofit community in Charles County, please contact the Nonprofit Institute at CSM at nonprofit@csmd.edu, 301-934-7544, or www.csmd.edu/NonprofitInstitute



Arc CEO Terry Long after closing on new building in Waldorf.



Arc Consumer and Staff with police officer following Crisis Intervention Training at the SoMD Criminal Justice Academy, taught in part by Arc consumer.

CHAMBER Events





Health

HEALTH PARTNERS PRIMARY CARE & DENTAL

2023 marks 31 years of Health Partners Primary Care and Dental Clinic serving the community. Health Partners welcomes patients that are uninsured, have coverage through Maryland Medicaid, Medicare, as well as some commercial plans. Our uninsured patients are placed on a sliding fee based on income. As a non-profit, Health Partners' mission is to provide quality and compassionate care, having a community helping community approach, creating a medical and dental home.



Lexington Park Dental



Waldorf Dental



Parks & Tourism

RECREATION



With three locations in Waldorf, Nanjemoy and Lexington Park, Health Partners is dedicated to serving the community with quality healthcare, a commitment to excellence in patient services and providing compassionate care for those most in need. We are determined to guide patients to achieve better health for themselves and their families. As an organization, our standard starts at excellence and our goal is to enhance the quality of health for those who entrust us with their care.

Health Partners provides comprehensive medical and dental care, including physicals, wellness exams, chronic disease management, and sick visits as well as dental exams and x-rays, cleanings, fillings, extractions, dentures, bridges, root canals and crowns.

For more information about Health Partners and our services, call our office at 301- 645-3556 to speak with a member of the staff. You may also find us on our website at www.healthpartnersinc.org.



Nanjemoy Dental



Explore the fun happening in your backyard with the Department of Recreation, Parks and Tourism! We're thrilled to offer Charles County residents and visitors an array of recreational and tourism programs, activities, and special events as well as over 4,000 acres of parkland.

The Recreation division provides recreational and leisure experiences for residents, some of which include swim lessons, summer camps, specialty classes for youth and adults, competitive and recreational gymnastics, fitness classes, afterschool programs, sports leagues, and therapeutic programs. Additionally, we manage 19 sites including community centers, recreation centers, and indoor/outdoor pools. Our quarterly publication, The GUIDE, provides an overview of the exciting programs and classes we offer each season.

Our Parks and Grounds Division preserves, manages, and maintains 4,194 acres of county parkland on 33 developed and undeveloped locations. Our parks system highlights Charles County's diverse natural, cultural, and historic resources while providing a wide variety of active and passive outdoor recreational opportunities for county residents and visitors alike. Visit our parks for a chance to explore a National Marine Sanctuary (Mallows Bay), view the stars of a live nature cam (Port Tobacco River Park), and brush elbows with a beaver colony (Gilbert Run)!

Explore Charles County, our Tourism Division, strives to create a positive economic impact in Charles County by promoting and supporting premier tourism events, as well as new and existing tourism amenities, businesses, activities, and attractions. We manage the Crain Memorial Welcome Center in Newburg, which is the perfect place to visit to plan your Charles County adventures, and the Port Tobacco Historic Village – one of Maryland's first settlements. Whether you're new to the area or have lived here for years, we're bound to help you make memories that will last a lifetime.

We hope you find something that excites you here in Charles County and can't wait to see how you experience all that we have to offer.

**Age 2 & Younger – Free
Youth (Age 3-12) & Senior (Age 60+) - \$5
Adult (Age 13-59) - \$6
Punch Cards and RecPASS Annual Memberships are available**

AQUATICS

INDOOR POOL LOCATIONS - Hours are subject to change without notice. All patrons will be cleared from the water 15 minutes prior to facility closing.

Donald M. Wade Aquatic Center
301-934-7474
5305 Piney Church Rd., Waldorf

Lackey Pool
301-743-2470
3000 Chicamuxen Rd., Indian Head

North Point Pool
301-934-7475
2500 Davis Rd., Waldorf

OUTDOOR POOL LOCATIONS
La Plata Pool
6035 Radio Station Rd., La Plata

McDonough Pool
7165 Marshall Corner Rd., Pomfret

Thomas Stone Pool
3785 Leonardtown Rd., Waldorf

Daily Admission - Children age 12 and younger must always be accompanied by an adult age 16 and older. Any group of eight or more must make reservations with the pool manager at least two weeks prior. **Please call any of the indoor pool locations for more information.**

THUNDERSTORM POLICY

All patrons will be cleared from pools after the first sight or sound of an approaching thunderstorm and remain cleared for a full 30 minutes after the last clap of thunder or sight of lightning.

LAP SWIMMING

Lap lanes are available during most posted open hours. **Visit www.CharlesCountyParks.com/Recreation/Aquatics** to view the current lap swimming schedule for each facility. Lap lanes will be limited to one person per lane, unless with a member of the same household. Hours subject to change without notice.

COMMUNITY CENTERS & RECREATION CENTERS

For hours please visit:
www.CharlesCountyParks.com

Billingsley Community Center
10069 Billingsley Rd., White Plains
301-944-1091

Davis Community Center
2495 Davis Rd., Waldorf
301-392-5533

Hanson Community Center
3165 John Hanson Dr., Waldorf
301-645-2186

Henson Community Center
3535 Livingston Rd., Indian Head
301-375-7875

Mattawoman Community Center
10145 Berry Rd., Waldorf
301-645-6865

Piccowaxen Community Center
12834 Rock Point Rd., Newburg
301-259-2503

Smallwood Community Center
4990 Indian Head Hwy, Indian Head
301-743-3020

Somers Community Center
300 Willow Lane, La Plata
301-932-6679

Stoddert Community Center
2040 St. Thomas Dr, Waldorf
301-645-4847

Wade Community Center
2300 Smallwood Dr., Waldorf
301-645-9291

Elite Gymnastics and Recreation Center
2745 Old Washington Rd., Waldorf
301-934-6747

Port Tobacco Recreation Center
8190 Port Tobacco Rd., Port Tobacco
301-932-3470, ext. 5161

Waldorf Senior and Recreational Center
90 Post Office Rd., Waldorf
240-448-2810

Capital Clubhouse
Hours: M-Su 9 a.m.-9 p.m.
3033 Waldorf Market Place, Waldorf
301-932-4348

COUNTY PARKS

Parks Hours: 8:00 a.m. to dusk unless otherwise noted.
For specific information on each park, please visit: www.CharlesCountyParks.com

Bensville Park
6980 Bensville Road, White Plains

Bryantown Sport Complex
5665 Bryantown Road, Waldorf
Only open during scheduled programming.

Charlie Wright Park
101 Dr. Mitchell Lane, Indian Head

Friendship Farm Park
4705 Friendship Landing Road, Nanjemoy

Gilbert Run Park
13140 Charles Street, Charlotte Hall
301-932-1083

Laurel Springs Regional Park
5940 Radio Station Road, La Plata

Mallows Bay Park
1440 Wilson Landing Road, Nanjemoy
Open year round 5:30 a.m. to dusk

Maxwell Hall Park
6680 Maxwell Hall Drive, Hughesville



Oak Ridge Park
13675 Oaks Road, Hughesville

Pisgah Park
6645 Mason Springs Road, La Plata

Port Tobacco River Park and Tom Roland Natural Resource Area
7685 Chapel Point Rd., Port Tobacco

Robert D. Stethem Memorial Sports Complex
4250 Piney Church Road, Waldorf
Open during scheduled programming

Ruth B. Swann Memorial Park
3100 Ruth B. Swann Drive, Bryans Road

Southern Park
15884 Wilson Road, Newburg

Turkey Hill Park
9430 Turkey Hill Road, La Plata

White Plains Regional Park and Skatepark
1015 St. Charles Parkway, White Plains

White Plains Golf Course
1015 St. Charles Parkway, White Plains
Apr-Oct: M-Su 7:30 a.m. to 5:30 p.m.
Nov-Mar: M-Su 8 a.m. to Dusk
301-645-1300

TOURISM

Crain Memorial Welcome Center
12480 Crain Highway Newburg
301-259-2500
Email: WelcomeCenter@CharlesCountyMD.gov

Historic Stagg Hall
8450 Commerce Street, Port Tobacco
301-392-3418
Email: HistoricDistrict@CharlesCountyMD.gov

EXPERIENCE THE OUTDOORS
PLAYGROUNDS

Enjoy hours of fun at any one of the many playgrounds with equipment that is contemporary, encourages innovative play, and meets all industry standards for safety compliance. The playground at Laurel Springs Regional Park is designed to accommodate children with special needs. Public playgrounds are available year round at the following locations:
Bensville Park • Cobb Island Playground • Gilbert Run Park* • Laurel Springs Regional Park • Oak Ridge Park • Pisgah Park •



Robert D. Stethem Park** • Ruth B. Swann Memorial Park • Southern Park • White Plains Regional Park
*Parks are closed Dec-Feb
**Park only open during scheduled events

BOAT RAMPS & FISHING OPPORTUNITIES

Friendship Farm Park (Free • Open year-round dawn to dusk) Single-lane boat ramp with access to the main stem of the Potomac and the extensive immediate protected waters of Nanjemoy Creek. Kayak launch available.
Gilbert Run Park (No launch fee • Open year-round, hours vary seasonally)
Access for electric motors only to the 60-acre Wheatley Lake with fishing for Bass, Bluegill, Trout, and Catfish. Ramp for electric motors only. Canoes, pedal boats, and kayaks welcome and available for rent. Fishing supplies and concessions available Park closed for vehicle access past the main gate after 3rd weekend of November-February. Brookside Pavilion parking lot remains open to park patrons year round.
Hatton Creek (Free • Open year-round dawn to dusk) Single-lane ramp with access to the

Wicomico River. **Directions from La Plata:** take Rt. 301 south. Left on Rt. 257 towards Cobb Island. Left on Hatton Creek Road. Follow to end.
Mallows Bay Park (Free • Open-year round 5:30am-dusk) Single-lane ramp with protected access to the Potomac River. Recommended for small watercraft (shallow water). Kayak launch available. **Directions from La Plata:** take Rt. 6 west. Right on Liverpool Pt Road. Right on Rt. 224. Left on Wilson Landing Road. Follow to end.
Marshall Hall (Free • Open year-round

dawn to dusk) Double ramp situated above Greenway Flats in Mount Vernon area of the Potomac River. **Directions from Rt. 210** (Indian Head Hwy South). Make right turn onto Rt. 227. Follow to end.
DOG PARKS
White Plains Regional Park and Turkey Hill Park Locations offer public off-leash areas where dog owners and their pets can enjoy safe, legal areas in which dogs can run, play, and socialize. Dog owners enjoy the dog parks





just as much as their four-legged friends! Each one-acre park has two separate fenced-in areas. The large area is designed for general dog play. The smaller area is for smaller dogs, puppies (must be at least 4 months old) or for shy dogs not quite ready to socialize in the larger general play area. Plastic pick-up bags are provided by the park for visitors to clean up after their dogs. Drinking water is available at White Plains location only (not during winter months).

Open Hours: Mon-Sun 8:00am until Dusk
(Closed Thanksgiving, Christmas and New Year's Day)

TRAILS

Whether you walk, jog, hike, ride a horse or a bike, we have a trail for you. Pets are welcome on all trails but must be on a leash.

BICYCLE AND HIKING TRAIL

Indian Head Rail Trail: This 13-mile recreational trail connects White Plains with the Town of Indian Head. The smooth paved surface offers excellent opportunities for cycling, walking, running and excellent wildlife viewing. Parking areas/trail access points are available at Theodore Green Blvd. in White Plains, Middleton Road, Bensville Park, Rt. 224/Livingston Road, and the Village Green in Indian Head. **Open year-round during daylight hours.**

HIKING ONLY TRAILS

Gilbert Run Park Trail: This 1.6-mile nature trail travels along the edge of the 60-acre Wheatley Lake. Features include fishing pavilions, beaver colony observation deck, boardwalks and bridges. **Open Mar-Nov.**

LAUREL SPRINGS PARK TRAILS

Winding around the edges of the athletic complex, this 1.6-mile trail is ideal for jogging or a quick lunch hour stroll. **Open year round.**

PISGAH PARK

The park offers a .75-mile paved walking trail with workout stations spaced along the trail. **Open year-round.**

PORT TOBACCO RIVER PARK & TOM ROLAND NATURAL RESOURCE AREA

Charles County's newest park boasts 3 miles of walking trails which offer excellent views of local wildlife. **Open year-round.**

EQUESTRIAN & HIKING TRAILS

FRIENDSHIP FARM PARK TRAILS

Seven miles of recreational trails providing access to 382 acres of forest and farmland. Explore the outstanding natural resources and serenity that surround Nanjemoy Creek. Features include interpretive signs, benches, wildlife viewing, and observation decks. **Open year-round for hiking. Open Apr-Oct for equestrian activity.**

OAK RIDGE PARK TRAILS AND SHOW RINGS

This 7-mile trail network offers equestrians and hikers a wide variety of trail options. Features include hilly terrain, creek crossings, bridges, flat open areas and two show-quality riding arenas which are open to the public except during special events. **Open year-round.**

MAXWELL HALL PARK TRAILS

Fourteen miles of trails for hikers and horses have features including flat wide-open riding, "intense" and hilly wooded terrain, cross country jumping course, trail obstacle course, and beachfront riding along the Patuxent River. Hikers and birders may use trails free of charge. A \$25 annual membership is required to ride at the facility. **Open year-round.**



EXPLORE CHARLES COUNTY: LEGEND, LORE AND ROOM TO EXPLORE

Memories made in Charles County will last a lifetime. Your legendary adventure awaits! Leave big-city traffic behind and set your GPS for a destination you'll want to bookmark for later—Charles County, Maryland. Whether you're a history buff, an outdoor enthusiast, or you've got the itch to crack open some crabs, you'll find plenty to do (and eat) here. Let our idyllic country roads and expansive river views invite you to shed your responsibilities and explore with a renewed sense of awe and adventure. We're glad you're here.

CHARLES COUNTY'S FOOD ROOTS

The waters of the Potomac and Patuxent Rivers have been a food source to Charles County residents for hundreds of years. Watermen harvest succulent crabs and oysters and reel in rockfish and catfish. Head to a dockside restaurant where you can kick back with a cocktail and feel yourself unwind as you look out over the water and anticipate the boat-to-table bounty you're about to receive.

While crabs are a big part of our culture, generations of Charles County residents consider stuffed ham a holiday tradition. This classic Southern Maryland dish is believed to date back to the 17th-century and has both British and Afro-Caribbean origins. The ham is salted, deboned, and slit into several places before being stuffed with a mixture of cabbage, kale, onions, and seasonings. The ham is then wrapped, boiled or baked, sliced, and served cold. Purchase a salted ham at Hancock Family Farm or Bowling Green Farm to try this delicacy at home.

The gateway to Southern Maryland: land of natural and historic treasures The possibilities for outdoor adventure here are endless, and we invite you to explore at your own pace. Drift through tranquil waters in the early morning light, pedal down a rail trail after lunch, and pitch a tent on a historic property. Discover acres of conservancy-protected land and miles of open spaces and shorelines along your way.

You only get 52 weekends in a year. Make them LEGENDARY. When was the last time you embraced play? Here in Charles County, we offer countless opportunities for fun for all ages.

FOSSIL HUNT AT PURSE STATE PARK

The southern shores of Maryland hold more than great seafood— they are also well-known spots for fossil hunting! Comb the beach at Purse State Park, and you're sure to leave with a pocket full of shark teeth.

KAYAK THROUGH THE GHOST FLEET OF MALLOWS BAY

Don't miss spending time exploring MalloWS Bay (read more on page X), our most popular tourist attraction. The opportunity to paddle through sunken warships is incredible enough on its own, but the serene waters and bald eagles soaring overhead make this truly an unforgettable experience.

CATCH A BASEBALL GAME AT REGENCY FURNITURE STADIUM

Fun fact: Regency now boasts an electronic umpire—the same technology used in MLB. Watch "TrackMan" display stats on top of the press box while joining the rest of the "Crustacean Nation" in rooting for the Southern Maryland Blue Crabs!

Touch history at Dr. Samuel A. Mudd House

After shooting President Lincoln and fleeing Ford's Theatre, John Wilkes Booth sought medical help for his broken leg at the home of Dr. Samuel A. Mudd. On your gripping tour of this tale of murder and conspiracy, you'll grasp the same banister as Booth as you walk upstairs to see where Booth recovered.

Reel in a bass from our rivers and lakes Anglers from near and far travel to Charles County for world-class bass fishing. Pick up some tackle and drop in a line at any of our waterfront parks. There's no better way to unwind than with a pole in hand!

Traverse the length of the Indian Head Rail Trail What's a bucket list without a real challenge? Hit the 13 miles of this flat, paved path perfect for biking, rollerblading, or some serious strolling. The path takes you through a variety of scenic views, from forests to farmland to wetlands. You're sure to set sights on a deer, wild turkey, or bald eagle along the way—you might even see all three!

Give a standing ovation at Port Tobacco Players You're in for a treat when you take in a show at Port Tobacco Players. From the moment you take your seat to when the final curtain closes, you'll feel the drama and excitement of this passionate theatrical community.



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PUBLIC Library

The Charles County Public Library (CCPL) creates opportunities for our community to engage, discover, and learn. CCPL consists of four library branch buildings, as well as a Mobile Library that is deployed throughout the community. Currently, there are over 75,000 Charles County residents who have library cards, and that number grows every day. CCPL has also added two new services: the Discovery Lab, an outreach vehicle focused on bringing technology to the community, as well as a 24-hour Library Kiosk at the Nanjemoy Community Center.

Our branches house over 250,000 volumes of printed material, audio books, film, and other documents. We also have a wide variety of online and digital resources available to our patrons, including various research databases, online tools to assist in your job search and for skill building, free homework help and tutoring, digital content including eBooks, audiobooks, movies, music and more. CCPL also offers a full schedule of programming for all ages, ranging from story time to crafts, computer assistance, free educational courses and presentations from local organizations. At CCPL, the possibilities are endless!



To learn more about the Charles County Public Library and the full list of services available, visit us online at ccplonline.org or call us at 301-934-9001.

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Indian Head NAVAL SUPPORT FACILITY



Naval Surface Warfare Center Indian Head Division operators screen energetic material at the 420 Gallon Mixer. (Official U.S. Navy photo)

Naval Surface Warfare Center Indian Head Division (NSWC IHD)

The Naval Surface Warfare Center Indian Head Division (NSWC IHD) is the principal Energetics Center for the Department of Defense (DoD). The command's mission is to provide research, development, test and evaluation, and in-service support of energetics and energetics materials. As the largest DoD full spectrum energetics facility and leader in the Navy's energetics enterprise, NSWC IHD employs a workforce of over 2,400 (federal, military and contractors), of whom more than 800 are scientists, engineers and technicians. Almost 100 hold doctorates dedicated to every aspect of developing and sustaining explosives, propellants, pyrotechnics, high-energy chemicals and their application into war fighting systems. NSWC IHD performs over 60 percent of all the Navy's energetics workload.

NSWC IHD also works on eliminating the hazards from unexploded ordnance that jeopardize the U.S. military and related operations. It is the DoD center of knowledge and expertise on all explosive threats including counter-explosive hazard research, development, testing and evaluation; special tool and equipment development for detection and defeat; comprehensive threat database development of tactics, techniques and procedures; and real-time technical support to Explosive Ordnance Disposal (EOD) responders. The command also operates a wide variety of state-of-the-art facilities, such as a robot range, foreign ordnance electronics exploitation

laboratory, magnetic signature test facility, ordnance disassembly complex, radiography and photography laboratories, explosive test ranges, hypervelocity test facility and EOD diver complex.

In 2023-2024 the command embarked on an ambitious modernization plan that will see upwards of \$2 billion dollars invested to modernize several aspects of the base over the next decade. The initiative will include the construction of new facilities as well as upgrades and renovations to several existing facilities.

Expeditionary Exploitation Unit ONE (EXU-1)



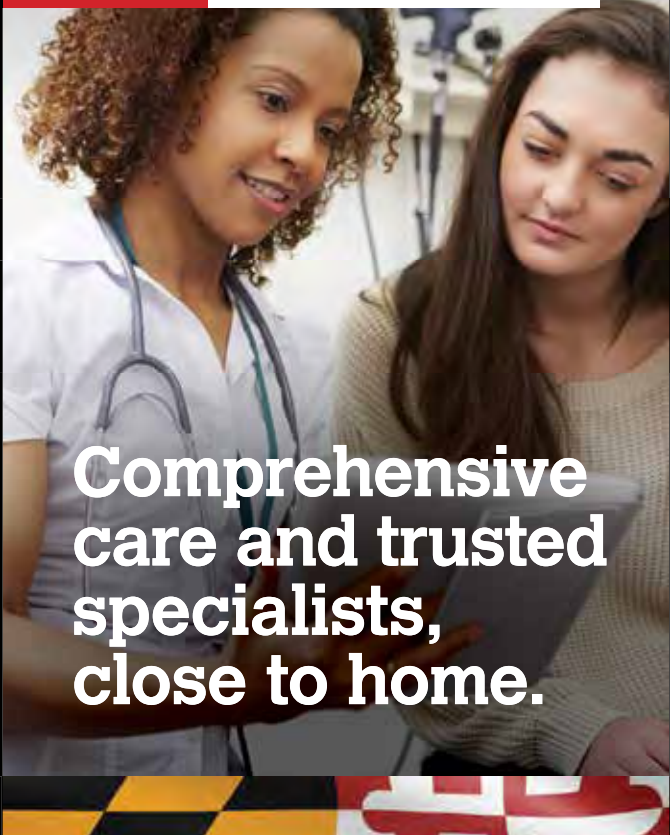
Expeditionary Exploitation Unit ONE (EXU-1) is a subordinate command under Naval Surface Warfare Center Indian Head Division. The unit consists of 150 military, civilian, and contractor personnel with the mission to deploy expeditionary exploitation capabilities globally in support of the Fleet and joint force, the Intelligence Community, Interagency, allies and partner nations. EXU-1 missions range from conventional and improvised threat exploitation, surface and maritime post-blast investigations, electronic engineering analysis, explosive chemical analysis, forensic exploitation, advanced radiography and ordnance disassembly, and technical intelligence reach-back functions. EXU-1 exploitation operations assist the Department of Defense and Intelligence Community in preventing technical surprise, developing countermeasures, and enabling attribution.



TOP: Naval Surface Warfare Center Indian Head Division ElectroStatic Discharge (ESD) Tech Agent Team Lead observes the transient arc of 300kV to the discharge point between the Helicopter-ESD (HESD) Marx and the INERT ordnance on the ground plane during Bare Ordnance HESD testing. (Official U.S. Navy photo)

RIGHT: Civilians assigned to EXU-1 Advanced Exploitation Company continue to integrate with our partners in the Australian Defense Force to increase technical exploitation capability across the globe. (Official U.S. Navy photo)



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Contractor Asphalt/Paving

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Government

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Maryland Department of Labor
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Police

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Museum

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Cleaning Services

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Pest Control

Military Alliance Council - Charles County
(202) 361-5300
Organizations Civic

Milloff's Catering
(301) 372-6067
Caterers

Minuteman Press Waldorf
(443) 439-8677
Printing and Mailing Services

Mobility City of Southern Maryland
(240) 222-3761
Retail Stores

Modern Door & Equipment Sales, Inc.
(301) 843-5255
Partitions-Furnish and Install Operable and Glass Partitions

Morningside House of St. Charles
(301) 645-2776
Senior Assisted Living Facilities

Mote Management Co. Inc.
(301) 609-9788
Automobile Detailing/Car Wash

Movement Mortgage
(240) 682-1050
Mortgages

Mr. Bubbles Power Washing of Maryland
(301) 283-1621
Home Improvement

Mudd, Mudd & Fitzgerald PA
(301) 934-9541
Lawyers

MVP Notarial Services
(202) 355-4790
Notary

My Closet Guys
(240) 823-7401
Contractor-Home Improvement

My Express Care Pharmacy
(240) 448-3679
Pharmacy

My Sweet Baby Learning Center
(301) 818-1173
Day Care Children

NAACP of Charles County
(240) 776-2828
Non-Profit Organizations

National Active and Retired Federal Employees Association
(301) 259-2244
Advocacy Group

Naval Surface Warfare Center Indian Head Division
(301) 744-6505
Government

New Hope Community Outreach Services, Inc. (NHCOS)
(301) 843-3887 ext. 802
Churches

Nonprofit Institute
(301) 934-7544
Non-Profit Organizations

Notary Nexus & Solutions
(240) 926-6558
Notary

One Alkaline Life LLC
(410) 934-0580
Mental Health & Substance Abuse Treatment /Counseling Services

One Breath at a Time Wellness Services, LLC
(202) 487-1622
Woman-Owned Business

Onyx Tattoo & Art Collective
(240) 419-2182
Art Galleries

Optavise
(208) 251-2971
Insurance

Organized Accounts LLC
(301) 643-1684
Accountants Certified, Public

ORP Decorating
(240) 401-5467

Ortho Physical Therapy Solutions, LLC
(240) 698-3659
Physical Therapists

Our Place Waldorf, Inc.
(240) 210-9813
Non-Profit Organizations

Outdoor Creations Landscape Services Inc.
(301) 870-5574
Landscape Architects Contractors & Designers

Paint N Sip LLC
(804) 412-5223
Amusement & Entertainment

Patel, Ramanan Medical Associates
(301) 645-9650
Health Care

Pathways to New Beginnings Inc
(301) 908-9401
Non-Profit Organizations

Patrell Cleaning Solutions, LLC
(301) 795-2150
Janitorial and Maintenance Services-Commercial

Paul Davis Restoration of Tri-County, MD
(301) 456-9018
Restorers Fire, Wind & Water Damage

Peak Performance Leadership Institute
(240) 729-2942
Consulting Credit

Peak Pyro By Kellners LLC
(724) 967-7976
Entertainment Production

Pearls Curls Girls Salon and Spa Parties LLC
(202) 770-8300
Children's Parties

Pearl's Childcare Learning Center
(301) 885-0645
Education/Early Education Center

Performing Arts Preparatory School
(410) 892-1288
Dance Studios

Pesante Close, LLC
(301) 934-3399
Accounting Services

Philip McDonagh - Past President, 2001
(301) 848-5475
Individual-Past President

Phoenix International Incorporated
(301) 535-4824
Education

Phoenix Notary and Tax Service
(240) 259-9824
Tax Return Preparation

Pinder Productions LLC
(202) 417-8184
Event Design

Platinum Home Design, LLC
(301) 659-8080
Contractor General

Pleasant Hill House
(240) 638-0820
Venue-Events and Party

Pneuma Designs
(240) 472-3589
Graphic Arts/Graphic Design

Poiema Movement
(301) 645-1007
Non-Profit Organizations

Port Tobacco Players
(301) 934-6813
Theater

Potomac Fine Properties
(301) 259-1555
Real Estate Residential

Primo & Cruex | The Culinary Collective
(301) 892-5757
Food Products

Progressive Academy for Leadership and Etiquette
(301) 675-0940
Coaching-Personal & Professional

Providence of Maryland
(410) 766-2212
Non-Profit Organizations

Pryor Financial Services LLC
(301) 500-9764
Insurance

Pryor Financial Services, LLC
(240) 280-0909
Insurance

Quality Discount Oil & Gas (Q-Dog Fuels)
(443) 968-3888
Heating Oil, Propane and Petroleum Products

Quick Construction LLC
(301) 751-0501
Construction Site Management

R.L. Litten & Associates, Architects, LLC
(301) 934-1471
Architects

Rainbow Construction Corp. of Waldorf
(301) 843-1018
Builders Residential

RCW, LLC
(301) 885-6071
Consultant Defense, Homeland defense and security

Re/Max One
(443) 295-6123
Real Estate Residential

Ready Go Promo LLC
(301) 539-2999
Promotional Products, Awards & Gifts Distribution

Real Property Management Gold
(301) 481-0223
Real Estate Property Managers

REAL Women Inc.
(240) 643-0624
Non-Profit Organizations

Redeeming Life Ministries Intl.
(301) 392-3502
Churches

Redfin- Tig Wright
(240) 585-0611
Real Estate Residential

Renaud Consulting Commercial Real Estate
(703) 350-5410
Real Estate Commercial

Restore Health Rehabilitation Center
(240) 448-2000
Health Care

Retreat & Learn
(301) 643-0985
Education

Robert H. Eaton - Past President
(301) 752-3371
Individual-Past President

Rodgers Consulting Inc.
(240) 912-2133
Consultant Engineering & Construction

Rosewick Apartments Ilc
(301) 539-1300
Apartments - Apartment Community

Rotary Club of Charles County (La Plata)
(301) 842-4737
Organizations Civic

S E Davis Construction, LLC
(301) 870-2400
Contractor General

S.W. Podiatry Group
(240) 200-1386
Podiatrists

Sapphire Travel Group
(240) 839-1798
Travel Agencies

Scentsy
(301) 375-0618
Individual

Scott Law Group, LLC
(301) 934-1922
Lawyers

Seedco
(443) 832-5659
Insurance

SeeYouSoon Travel
(240) 230-6033
Travel Agencies

Selah City Theatre
(202) 853-1708
Entertainment Production

Selby's Food Service and Event Planning
(301) 932-8100
Restaurants

Senior Helpers Southern Maryland
(240) 696-2300
Health Care Home Care

SERVPRO of Charles County
(301) 753-8313
Restorers Fire, Wind & Water Damage

Shabach Yoga Studio
(240) 774-1521
Woman-Owned Business

Shark Bar and Seafood House
(240) 412-0169
Restaurants

Sharp's Contracting, LLC
(301) 888-9200
Home Improvement

Shore United Bank
(301) 645-5601
Banks

SignedbyLAH
(240) 776-2309
Notary

Simple Touch Productions
(301) 818-1172
Entertainment Production

Simpson's Olde Towne Insurance
(301) 934-8437
Insurance

Small Business Development Center at CSM
(301) 934-7580
Consultant Business Management

Smallwood Family LP
(301) 870-9060
Real Estate Property Managers

SMECO
(301) 274-4342
Utilities

SMO
(800) 492-3420
Heating Oil, Propane and Petroleum Products

Smoot Doggs LLC
(240) 416-5372
Food Truck Vendors

SoMD Criminal Defense
(301) 818-0389
Lawyers

Southern Maryland Association of Realtors
(301) 274-4406
Organizations - Business

Southern Maryland Blue Crabs Baseball
(301) 638-9788
Amusement & Entertainment

Southern Maryland Business Center
(301) 848-1234
Office Space Rentals

Southern Maryland Center for Independent Living
(301) 884-4498
Organizations Civic

Southern Maryland Chapter of Las Amigas Incorporated
(240) 435-2607
Organizations Civic

Southern Maryland Gas Co.
(301) 645-7083
Propane Gas

Southern Maryland Minority Chamber of Commerce
(443) 646-5744
Chamber of Commerce

Southern Maryland News
(240) 561-1390
Newspapers & Magazines

Southern Maryland Online
(888) 612-0003
News and Media Company

Southern Maryland Regional Library Association, Inc.
(301) 884-0436
Library

Southern Maryland Self Storage
(301) 609-9400
Storage

Southern Maryland Youth Flag Football League-SMYFFL
(301) 885-7483
Organizations Families & Youth

Southern Oasis Bed & Bark Pet Resort
(301) 893-0028
Pet Kennels

Sparks
(240) 297-3550
Health Care

Sparktech Logistics LLC
(646) 301-1210
Entertainment Facilities

Spectra Credit Union
(301) 839-8400
Credit Union

Spring Dell Center, Inc.
(301) 934-4561
Organizations Disabled

St. Charles Community, LLC
(301) 655-1090
Real Estate Developers

St. Charles Towne Center
(301) 870-6997
Shopping Center

St. John Properties
(410) 369-1292
Real Estate Developers

St. Mary's County Chamber of Commerce
(301) 737-3001
Chamber of Commerce

Stanley Bus Co., INC
(301) 684-2251
Transportation

State Farm - Shadonna Lewis Agency
(301) 375-7540
Insurance

State Farm - Greg Conklin Insurance and Financial Services, Inc
(240) 776-4289
Insurance

State Farm-Joan Hackett Insurance Agency, Inc.
(301) 934-8288
Insurance

State's Attorney's Office of Charles County
(301) 932-3350
Government

Stella's Girls Inc.
(240) 660-0846
Non-Profit Organizations

Stratascension, Inc.
(240) 898-4889

Suber & Company, LLC
(240) 518-8016
Office Space Rentals

Suburban Propane L.P.
(301) 645-7066
Propane & Natural Gas

Swan Point Yacht & Country Club
(301) 259-0047
Banquet Facilities

Swann School of Protocol - Waldorf
(443) 334-7883
Consulting

Synchrony Behavioral Health Services LLC
(667) 382-8624
Mental Health & Substance Abuse Treatment / Counseling Services

Synergy Consulting
1-800-706-1160
Consultant Planning & Program Development

T12 Technologies, LLC
(240) 273-3081
Computers Business Services

TalainEvet Exclusive Handbags & Accessories,LLC
(240) 596-4134
Clothing Accessories

Talent & Technical Solutions Corporation
(240) 298-6885
Consultant Business Management

TalentCore Strategies
(571) 209-0064
Human Resources Consulting

Tattoo Kids
(301) 535-2383
Woman-Owned Business

Tea Taim
(240) 435-2020
Retail Stores

That Girl Connections, LLC
(301) 938-0054
Woman-Owned Business

That Philly Spot LLC
(267) 243-3915
Food Truck Vendors

The Arc of Southern Maryland
(410) 535-2413
Organizations Disabled

The BayNet
(240) 309-4009
News and Media Company

The Carrico Building
(410) 310-0538
Real Estate Commercial

The Charles Restaurant, Bar, & Market
Restaurant: (301) 392-5116
Market: (240) 776-6959
Restaurants

The Charleston Senior Community
(240) 270-7500
Senior Assisted Living Facilities

The Creative Loft Llc DBA Pour Decisions Mobile Bar
(240) 462-1638
Bartending Services

The Cut Bar & Restaurant
(301) 645-1071
Restaurants

The Equity Equation
(202) 258-3094
Consulting

The Green Coterie
(240) 802-0852
Consulting

The H.E.R.E Center
(301) 396-3812
Non-Profit Organizations

The Harbor Bank of Maryland
(240) 417-5922
Banks

The IXG Group, LLC
(301) 970-9588
Gift Shops

The JD Experience LLC
(240) 441-8609
Photography Supplies & Service

The Jude House, Inc.
(301) 932-0700
Mental Health & Substance Abuse Treatment / Counseling Services

The Peacock House
(240) 413-9481
Business Networking

The Rosenfield Group at Morgan Stanley
(301) 396-3189
Financial Advisors

The Salvation Army of Southern Maryland
(301) 638-9532
Churches

The Shops at Waldorf Center
(301) 374-2261
Shopping Center

The Stretching Boutique
(301) 374-9200
Health/Fitness Clubs

The Tower Companies
(301) 984-7000
Apartments - Apartment Community

The Training Playground
(301) 437-9468
Employment Training

Three Ring Studio
(301) 659-1951
Graphic Arts/Graphic Design

Town of Indian Head
(301) 743-5511
Government

Town of La Plata
(301) 934-8421
Government

Tri County Love Center (TCLC)
(240) 342-0821
Mental Health & Substance Abuse Treatment /Counseling Services

Tri-County Council for Southern Maryland
(301) 274-1922
Organizations Government & Political

Trinity Memorial Gardens, Inc.
1-301-932-8900
Funeral Directors

Trollinger Law
(301) 965-8500
Lawyers

U. S. Senator Chris Van Hollen
(202) 224-4654
Government

U.S. Representative Steny H. Hoyer
(301) 843-1577
Government

U.S. Senator Ben Cardin
(202) 224-4524
Government

United States Air Force - Charles County Recruitment Office
(240) 530-0177
Marketing

United States Bomb Technician Association (USBTA)
(301) 632-6772
Non-Profit Organizations

United Way of Southern Maryland
(301) 609-4844

Organizations Charitable University of Maryland Charles Regional Medical Center
(301) 609-4000
Health Care

University of Maryland Charles Regional Medical Center - Imaging and Radiology
(301) 539-0345

University System of Maryland at Southern Maryland
(301) 737-2500
Education

Upward Thrive Academy, Inc.
(443) 934-6105
Non-Profit Organizations

US-TECH LLC
(301) 392-0900
Telecommunications

Vanguard Enterprises, LLC
(301) 932-4455
Commercial Doors & Glass

Velocity Center - CSM
(301) 539-4833
Education

Venus Salon Suites LLC
(240) 776-4459
Hairstylists

Verizon
(202) 480-0024
Telecommunications

Vibrant Soul Life Coaching
(301) 684-8940
Coaching-Personal and Professional

Villa Builders
(410) 604-2283
Builders Residential

VMI Entertainment
(301) 828-7664
Audio & Visual Production Services

Volleyball Collective Academy
(301) 337-1042
Organizations Families & Youth

W.M. Davis Inc.
(301) 475-2755
Contractor General

Waggy World, LLC
(202) 200-1845
Animal Sitter

Waldorf Emergency Care
(301) 705-9700
Animal Hospital

Waldorf Music Academy
(240) 518-5009
Music Lessons

Waldorf Thrift Store
(410) 327-5300
Thrift Shops

Washington Gas a WGL Company
(202) 624-6423
Utilities

Weatherly Farm Waterfront Weddings and Events
(301) 385-8969

Venue-Events and Party Websites for Southern Maryland
(240) 200-5505
Web Site Designer

WHO'S Who

Wee Bean Coffee Roasters (240) 776-4485 <i>Coffee House</i>	Whitten Laser Eye (301) 895-2020 <i>Organizations Health Care</i>	Wutavoice Communications (478) 213-6479 <i>Communications</i>	Youth EmpowerMe Foundation Inc (301) 643-5961 <i>Non-Profit Organizations</i>
WesBanco (301) 430-2500 <i>Banks</i>	Wholly Living Institute (301) 257-2493 <i>Health & Wellness Products</i>	XI Miles, Ilc (240) 776-2106 <i>Consultant Business Management</i>	YWMS LLC (240) 776-2369 <i>Consultant Business Management</i>
Wesley E. Hughes, Jr. - Past President <i>Individual-Past President</i>	Wilkerson Builders, Inc. (301) 259-2225 <i>Contractor General</i>	Yah'den Enterprises, LLC (301) 455-7067 <i>Clothing Accessories</i>	Zen Well Studio (301) 848-3791 <i>Health Care</i>
WestCare Home Health Services, LLC (301) 861-2004 <i>Health Care Home Care</i>	Wills Group/Dash In Food Stores (301) 932-3600 <i>Convenience Stores</i>	Yisoobinaturals (240) 640-0000 <i>Health & Wellness Products</i>	ZenBusiness (512) 765-4985 <i>Business Development</i>
Western Charles County Business Association (301) 743-9120 <i>Organizations - Business</i>	WJM Success Solutions, Inc. (301) 399-1962 <i>Coaching-Personal & Professional</i>	Your Infinite Paths Foundation, Inc (240) 970-0163 <i>Non-Profit Organizations</i>	
WestPark Executive Office Suites (301) 705-9655 <i>Office Space Rentals</i>	Wm. Daniel Mayer - Past President (301) 259-4166 <i>Individual-Past President</i>	Your Nu Image (240) 346-8178 <i>Health Care</i>	
WETATi Academy INC (301) 326-6468 <i>Non-Profit Organizations</i>	WorkForce Center at the College of Southern Maryland (301) 934-7835	YourSpace Storage at St. Charles (301) 885-5000 <i>Storage</i>	

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- As a Chamber member, you have access to the most efficient, effective networking system in Charles County and the surrounding area, designed to promote your business and expand your customer base.
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Aaron Aist Aist & Associates Insurance and Employee Benefits (301) 645-0310	Allianza Rivera Performing Arts Preparatory School (410) 892-1288	Anne Tiburzi Suburban Propane L.P. (301) 645-7066	Ashley Teagle Southern Maryland Regional Library Association, Inc. (301) 884-0436
Abby Pherson Dream BIG Boutique and Business Center (724) 923-0135	Allyson Goodwin-Pinder Pinder Productions LLC (202) 417-8184	Anne Hooper Hooper & Associates (301) 870-5841	Ayssa (Asia) Dantzler The Stretching Boutique (301) 374-9200
Adrienne Somerville Talent & Technical Solutions Corporation (240) 298-6885	Alvin Stewart Patrell Cleaning Solutions, LLC (301) 795-2150	Annette Gilbert-Jackson Center for Abused Persons (301) 645-8994	Barbara Howdysshell Chesapeake Security Service Co. (301) 843-0555
Aimee Holmes Education Association of Charles Co. (301) 392-0150	Amarilys Galloza Carrero Make it Possible, LLC (757) 803-6399	Annette Gomes Wutavoice communications (478) 213-6479	Ben Cardin U.S. Senator Ben Cardin (202) 224-4524
Aimee Bullen Providence of Maryland (410) 766-2212	Amber Parlett SMO (800) 492-3420	Anthony Covington State's Attorney's Office of Charles County (301) 932-3350	Benita Gibson Tattoo Kids (301) 535-2383
Alexandra Wathen Lakes Investment Solutions Group (240) 349-2219	Amber Lowe United States Bomb Technician Association (USBTA) (301) 632-6772	Anthony Gilliam Calcio Business Solutions LLC (703) 919-5783	Berkley D. Smallwood Smallwood Family LP (301) 870-9060
Alexis Buffaloe Beltway Striping & Traffic Control (301) 250-1300	Andrew Roud St. John Properties (410) 369-1292	Anthony Butler Sr Eagle Soaring Management Corporation (804) 469-0284	Bethany Parkinson Master Cleaning Service Inc. (301) 392-1399
Alexis Buffaloe Beltway Graphics & Signs (301) 843-6771	Angela Stevens, MSN,APRN,PHMNP-BC METIME Psychiatry & Co. (301) 416-9971	April Van Overbeek Andrew Springs LLC (202) 716-9120	Beverly Wilburn Karl A. Smith, DDS LLC Periodontics & Implant Dentistry (301) 638-4867
Alexis Buffaloe Beltway Paving Company (301) 843-6771	Angela Thompson SeeYouSoon Travel (240) 230-6033	Arold Jacques Jax Media Design Group, LLC (301) 744-9120	Bill Dotson Modern Door & Equipment Sales, Inc. (301) 843-5255
Alexis Buffaloe Beltway Paving of Southern Maryland (301) 843-6771	Angelica Jackson Phoenix International Incorporated (301) 535-4824	Arthur Ellis Maryland Senator Arthur Ellis (410) 841-3616	Bill Murray The Tower Companies (301) 984-7000
Alexis Buffaloe Southern Maryland Self Storage (301) 609-9400	Anissa Ferguson MakerSpace LLC (240) 222-3045	Ashley Chenault Explore Charles County (800) 766-3386	Billie Stachura BES & Associates, Inc. Insurance Agency (301) 870-7300
Alicia Heffentreger Milloff's Catering (301) 372-6067	Ann Sweeney Restore Health Rehabilitation Center (240) 448-2000	Ashley Terrell King and Queen Sea Moss LLC (240) 640-2355	Bob Johnston Baldus Real Estate Inc. Agent Bob Johnston (301) 934-1117
Alicia Hadley Upward Thrive Academy, Inc. (443) 934-6105	Ann Pirner Big Ben's Towing & Recovery (301) 885-2444	Ashley Branch Branching Out Solutions, LLC (240) 904-0358	Bob Eaton Robert H. Eaton - Past President (301) 752-3371

Brad Blandford
eTrepid Inc.
(240) 455-0131

Brad Howard
Brad Howard - Past President
(301) 643-4932

Brandon Paulin
Town of Indian Head
(301) 743-5511

Brandon Todd
Washington Gas a WGL Company
(202) 624-6423

Brandon West
WestCare Home Health
Services, LLC
(301) 861-2004

Brandon Mattox
El's Place
(240) 346-0330

Brandy Merriman
Huntington Learning Center
(301) 705-6636

Brandy Tookes
Progressive Academy for
Leadership and Etiquette
(301) 675-0940

Brenda Matche
Matche Real Estate Services LLC
(301) 775-3161

Brian Keesee
Crown Trophy of Waldorf
(301) 870-0223

Brian Oestringer
Quick Construction LLC
(301) 751-0501

Brianna Bowling
Retreat & Learn
(301) 643-0985

C.T. Wilson
Maryland Delegate C.T. Wilson
(301) 858-3325

Camika Jones
Vibrant Soul Life Coaching
(301) 684-8940

Candace Thompson
Educational Systems Federal
Credit Union
(301) 535-2633

Candice Austin
Verizon
(202) 480-0024

Caprice Nathaniel
All Aboard Child Development
Center, LLC
(240) 776-4408

Carla Bowens
Graces Event Center LLC
(240) 585-5736

Carmella Watkins
Ivy and Pearls of Southern Maryland
Community Charities, Inc
(828) 279-5382

Carol DeSoto
Charles County Commissioners
(301) 645-0691

Carolyn R. "Cookie" Nichting
Charles County Office Furniture
(240) 222-3426

Cassandra Crawford
Hampton Inn by Hilton Waldorf
(301) 632-9600

Catherine Raines
Bay Community Support Services, Inc.
(443) 684-8722

Cecilia Fix
Azheimer's Association
(703) 766-9025

Cedric Singleton
Peak Performance Leadership
Institute
(240) 729-2942

Cedric Singleton
Alpha Foundation of
Southern Maryland
(850) 284-5653

Chanel Prophet
Kidz Kab Express, LLC
(240) 801-5439

Charles Keller
Keller Transportation, Inc.
(301) 645-5734

Charles Parlett
Maryland State Police
(301) 392-1200

Charles Carruth
Carruth & Son
(301) 870-3560

Charles Olagunju
CMIT Solutions
(240) 825-6666

Charlotte Weirich
Historic McConchie School
(301) 375-9002

Chatsoni Brooks
Shore United Bank
(301) 645-5601

Chatsoni Brooks
Websites for Southern Maryland
(240) 200-5505

Cheryl Bruce
eMACulate Cleaning Service
(301) 539-9489

Cheryl Thorne
Maryland Department of Labor
(301) 374-1185

Cheryl Richardson
MedStar Southern Maryland
Hospital Center
(301) 877-4530

Chris Simpson
Simpson's Olde Towne Insurance
(301) 934-8437

Chris Zabriskie
Business Training Works, Inc.
(301) 934-3250

Chris Dorsey
Bonchon Waldorf
1-301-638-0500

Chrisie Mulcahey
Health Partners Inc.
(301) 645-3556

Christie Barrick
Davis, Upton, & Palumbo LLC
(410) 535-1780

Christie Barrick
Maryland Trust Title and Escrow LLC
(410) 535-7550

Christie Burnett
Charles County Charitable Trust
(301) 934-3700

Christina Numera-Segreti
Balancelogic
(301) 396-8455

Christina Numera-Segreti
Generate Digital Marketing, LLC
(301) 720-1122

Christine Gonzales
Feline Felons Cat Cafe
(240) 607-9456

Christopher Zabriskie
Rotary Club of Charles County
(La Plata)
(301) 842-4737

Christopher Sharp
Sharp's Contracting, LLC
(301) 888-9200

Christopher Avery
Backyard Amusements LLC
(301) 375-8892

Christopher Brown
Grindhouse Hoops LLC
(301) 257-3615

Ciara Diggs
L.O.V.E. - A Community
Development Foundation
(301) 246-0844

Clintonio Chapman
Alpha and Omega Solutions, LLC
(240) 417-3268

Colleen Leighty
The Charleston Senior Community
(240) 270-7500

Courtenay Brown
Shabach Yoga Studio
(240) 774-1521

Courtney Gray
Spectra Credit Union
(301) 839-8400

Craig Renner
University of Maryland Charles
Regional Medical Center
(301) 609-4000

Crystal Forde
Flagship Carwash
(703) 826-3714

Crystal Bowens
Rodgers Consulting Inc.
(240) 912-2133

Crystal Smith
Lead To Inspire Consulting
(301) 728-0547

Cynthia Greene
Marriage Built 2 Last
(443) 618-2387

Cynthia Robinson
CJAYs Enterprises LLC
(202) 368-4019

D'ontray Townsend
Pearl's Childcare Learning Center
(301) 885-0645

Dan Nagle
Flagsin Group, LLC
(240) 425-9364

Dana Hall
Lushnics
(301) 710-7643

Daniel Salley
Redeeming Life Ministries Intl.
(301) 392-3502

Danielle Jones
K&I Healthcare Services
(240) 419-3803

Danielle Jones
Danie B Jones
(443) 726-4737

Danielle Wilmoth
Charles County Children's Aid
Society Inc.
(301) 645-1561

Danna Smith
Tea Taim
(240) 435-2020

Darlene M. Breck
Southern Maryland Business Center
(301) 848-1234

Darnelle Brown
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www.pryorfinancial.com

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(301) 795-2150
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11700 CYGNET DR
bmw52897@gmail.com
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Waldorf, MD 20601
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www.leadershipsomd.org

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act.alz.org/2023charlescountywalk

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www.mdcrimevictims.org

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www.lindasway.org

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www.childrens-aid-society.org/

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La Plata, MD 20646
(301) 609-4844
unitedwaysouthernmaryland.org

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(301) 609-9900
www.lifestylesofmd.org

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(301) 643-4039
charles.mdfarmbureau.com/

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(301) 842-4737
www.laplatarotaryclub.com

Southern Maryland Center for Independent Living
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38588 Brett Way Suite 1
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www.smcil.org

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(301) 932-7030
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Waldorf, MD 20601
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La Plata, MD 20646
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www.teameacc.org

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