



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER AQUATICS PROGRAMS

Swim Lessons & Aquatic Fitness Classes

STARTING THE WEEK OF JUNE 21

PARENT/CHILD SWIM STARTER (6 months-3 years w/adult)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Thu	10:00-10:30AM	6/24	8/5	7	\$87	\$137
Thu	10:40-11:10AM	6/24	8/5	7	\$87	\$137

PRESCHOOL (3-5 years)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Tue	10:25-10:55AM	6/22	8/3	7	\$100	\$150
Tue	11:00-11:30AM	6/22	8/3	7	\$100	\$150
Thu	10:00-10:30AM	6/24	8/5	7	\$100	\$150
Thu	10:40-11:10AM	6/24	8/5	7	\$100	\$150

PRIVATE/FAMILY (Ages 5+)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Tue	11:35-12:05PM	6/22	8/3	7	\$210	N/A
Mon/Wed	8:30-9:00AM	6/21	7/7	5	\$160	N/A

AQUATIC FITNESS - DEEP & SHALLOW OPTIONS (Age 18+)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon & Wed	9:10-9:55AM	6/21	8/11	16	\$0	\$100
Mon & Wed	10:15-11:00AM	6/21	8/11	16	\$0	\$100
Tue & Thu	8:30-9:15AM	6/22	8/12	16	\$0	\$100

Registration Information

MEMBER REGISTRATION STARTS MONDAY, 6/7

- Online Registration begins at 6:00AM
- In-House & Phone Registration begins at 8:00AM

NON-MEMBER REGISTRATION STARTS FRIDAY, 6/11

- Online Registration begins at 6:00AM
- In-House & Phone Registration begins at 8:00AM

ONLINE REGISTRATION

Please visit www.sccymca.org/register

PHONE REGISTRATION

Please call 860-628-5597

IN-PERSON REGISTRATION

Visit us at 29 High St, Southington, CT

BARBARA GLAUDE, AQUATICS DIR

bglaude@sccymca.org
860-426-9553

STARTING THE WEEK OF JUNE 28

PARENT/CHILD SWIM STARTER (6 months-3 years w/adult)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon	5:35-6:05PM	6/28	8/2	6	\$75	\$125

PRESCHOOL (3-5 years)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon	3:45-4:15PM	6/28	8/2	6	\$90	\$140
Mon	5:35-6:05PM	6/28	8/2	6	\$90	\$140
Mon	6:10-6:40PM	6/28	8/2	6	\$90	\$140
Tue	3:50-4:20PM	6/29	8/3	6	\$90	\$140
Tue	4:25-4:55PM	6/29	8/3	6	\$90	\$140
Thu	3:50-4:20PM	7/1	8/5	6	\$90	\$140
Thu	4:25-4:55PM	7/1	8/5	6	\$90	\$140

SCHOOL AGE (6-12 years)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon	5:35-6:05PM	6/28	8/2	6	\$90	\$140
Mon	6:10-6:40PM	6/28	8/2	6	\$90	\$140
Tue	3:50-4:20PM	6/29	8/3	6	\$90	\$140
Tue	4:25-4:55PM	6/29	8/3	6	\$90	\$140
Thu	3:50-4:20PM	7/1	8/5	6	\$90	\$140
Thu	4:25-4:55PM	7/1	8/5	6	\$90	\$140

PRIVATE SWIM LESSONS (Ages 5+)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon	3:10-3:40PM	6/28	8/2	6	\$190	N/A
Wed	3:30-4:00PM	6/30	8/4	6	\$190	N/A
Thu	3:15-3:45PM	7/1	8/5	6	\$190	N/A
Fri	3:30-4:00PM	7/2	8/6	6	\$190	N/A

AQUATIC FITNESS FOR KIDS TEAM

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Wed	3:30-4:15PM	6/30	8/4	6	\$90	\$140

SPECIAL NEEDS BUDDY SWIM

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Tue	3:15-3:45PM	6/29	8/3	6	\$90	\$140

STARTING SATURDAY, JULY 10

PARENT/CHILD SWIM STARTER (6 months-3 years w/adult)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	8:00-8:30AM	7/10	7/24	3	\$38	\$88
Sat	8:40-9:10AM	7/10	7/24	3	\$38	\$88
Sat	9:20-9:50AM	7/10	7/24	3	\$38	\$88
Sat	10:00-10:30AM	7/10	7/24	3	\$38	\$88

PRESCHOOL (3-5 years)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	8:00-8:30AM	7/10	7/24	3	\$45	\$95
Sat	8:40-9:10AM	7/10	7/24	3	\$45	\$95
Sat	9:20-9:50AM	7/10	7/24	3	\$45	\$95
Sat	10:00-10:30AM	7/10	7/24	3	\$45	\$95
Sat	11:20-11:50AM	7/10	7/24	3	\$45	\$95

SCHOOL AGE (6-12 years)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	8:00-8:30AM	7/10	7/24	3	\$45	\$95
Sat	8:40-9:10AM	7/10	7/24	3	\$45	\$95
Sat	9:20-9:50AM	7/10	7/24	3	\$45	\$95
Sat	10:00-10:30AM	7/10	7/24	3	\$45	\$95
Sat	11:20-11:50AM	7/10	7/24	3	\$45	\$95

PRIVATE SWIM LESSONS (Ages 5+)

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	8:00-8:30AM	7/10	7/24	3	\$99	N/A
Sat	8:40-9:10AM	7/10	7/24	3	\$99	N/A
Sat	9:20-9:50AM	7/10	7/24	3	\$99	N/A
Sat	10:00-10:30AM	7/10	7/24	3	\$99	N/A
Sat	10:35-11:05AM	7/10	7/24	3	\$99	N/A
Sat	11:10-11:40AM	7/10	7/24	3	\$99	N/A

SPECIAL NEEDS BUDDY SWIM

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	11:20-11:50AM	7/10	7/24	3	\$45	\$95

AQUATIC FITNESS FOR KIDS TEAM

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Sat	10:30-11:15AM	7/10	7/24	3	\$45	\$95

PRIVATE SWIM LESSONS (Ages 5+) STARTING JULY 12

Day	Time	Start Date	End Date	Classes	Member Fee	Non-Member Fee
Mon & Wed	8:30-9:00AM	7/12	7/26	5	\$160	NA

SUMMER AQUATICS PROGRAMS

Program Descriptions

GROUP SWIM LESSONS

PARENT/CHILD SWIM LESSONS

This class is for children 6 months to 3 years old. Parent participation in the water is required. Children with special needs are welcome.

PRESCHOOL SWIM LESSONS

This program offers children their first experience in the pool without parental assistance. Children learn skills that are the basic building blocks of swimming. Classes are taught within the guidelines set up by the YMCA of the USA. Program elements include personal safety, personal growth, stroke development, water sports and games, and rescue. There are no makeups for missed classes.

SCHOOL AGE SWIM LESSONS

Our goal is to develop competent and confident swimmers. Children are introduced to the water through a graduated series of lessons developed & standardized by the YMCA of the USA. The program is divided into swimmers' ability and children move through levels at their own pace as their abilities and skills grow. There are no makeups for missed classes.

SPECIAL NEEDS BUDDY SWIM

This class is specifically designed for special needs children who require more individualized attention. Children with autism and ADD are strongly recommended to join. Class ratios will be much smaller than traditional classes. There are no makeups for missed classes.

YOUTH & ADULT CLASSES

AQUA FIT FOR KIDS (Ages 7-13)

This program is designed to teach children about aquatic fitness through lap swimming. This is not a replacement for swim lessons and participants should be able to swim the length of the pool comfortably.

AQUATIC FITNESS: SHALLOW & DEEP (Ages 18+)

Develops flexibility, strength, and range of motion in individuals with limited ability. Participants can work at their own pace.

PRIVATE SWIM LESSONS

PRIVATE & PRIVATE/FAMILY SWIM LESSONS

Perfect for those looking for private instruction. If you are looking for Family Lessons, please only register one child and contact Barbara Glaude at 860.426.9553 or bglaude@sccymca.org with details for your family and/or any questions.

CONTACT INFO

BARBARA GLAUDE, AQUATICS DIRECTOR

- Email - bglaude@sccymca.org
- Phone: 860.426.9553

FACILITY RULES: SWIM LESSONS

- ALL CLASSES WILL BE RUN IN SMALL GROUPS
- WHEN A CHILD IS NOT SWIMMING, INSTRUCTORS WILL HAVE THEM MAINTAIN DISTANCE
- LIMIT OF 1 ADULT PER CHILD
- MASKS ARE REQUIRED AT ALL TIMES UNLESS IN THE POOL
- EQUIPMENT WILL BE CLEANED AFTER EACH USE