



# March 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			<b>1</b> Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	<b>2</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>3</b>	<b>4</b> Qi Gong 9:00 am – 10:00 am Family Dog Training 9:00 am – 10:00 am
<b>5</b>	<b>6</b> Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm Adult Swim Lessons 6:30 pm – 7:00 pm	<b>7</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>8</b> Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	<b>9</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>10</b> Canvas & Corks 6:30 pm	<b>11</b> Qi Gong 9:00 am – 10:00 am Family Dog Training 9:00 am – 10:00 am Awareness through Movement 8:30 am – 3:30 pm
<b>12</b>	<b>13</b> Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	<b>14</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>15</b> Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	<b>16</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>17</b>	<b>18</b> Qi Gong 9:00 am – 10:00 am Family Dog Training 9:00 am – 10:00 am
<b>19</b>	<b>20</b> Namaste Yoga 5:30 pm – 6:30 pm Body Sculpt 11:30 am – 12:30 pm	<b>21</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>22</b> Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 pm – 4:30 pm	<b>23</b> Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>24</b> Canvas & Corks 6:30 pm	<b>25</b> Qi Gong 9:00 am – 10:00 am Family Dog Training 9:00 am – 10:00 am
<b>26</b>	<b>27</b> Body Sculpt 11:30 am – 12:30 pm	<b>28</b>	<b>29</b> Body Sculpt 11:30 am – 12:30 pm	<b>30</b>	<b>31</b>	

notes

For Questions Call 719-687-5225

Visit Our Website: [www.city-woodlandpark.org/parks-and-recreation](http://www.city-woodlandpark.org/parks-and-recreation)

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.