

# The Power Of 3 and Dementias

Join Hypnotherapist and Power of 3 Life Coach, Lori May for an informative and interactive presentation for caregivers and/or family members on how you can utilize hypnotherapy concepts to heal yourself and better understand the individual with the diagnosis.

This is an information session with some short samples and brief explanations of the empowerment techniques you will learn when you attend the workshop The Flood, scheduled for Saturday, June 17.

**Saturday, June 10  
6:30 to 7:30 pm**

Elements in Motion  
#2, 5408 53 Avenue, NW  
Edmonton, Alberta

**Call to register: 780-218-7831 or email Lori at  
[lorimayhypnotherapy@gmail.com](mailto:lorimayhypnotherapy@gmail.com)**

***\$5.00 payable in cash at door  
Space is limited.***

Lori is internationally certified by Dr. Daniel Nightingale as a Dementia Specialist. Hypnotherapy has been shown to be able to bring some peace to the individual with the diagnosis in 7 key areas of daily living skills. Hypnotherapy facilitates a connection to the individual's current cognitive reality which is highly beneficial as it provides a felt sense of being understood.

