



WHO TO CALL

CALL 911 IF YOU ARE IN IMMEDIATE DANGER. 911 is to be used only for emergencies (police, fire or medical) where an immediate response is required – when there is an emergency and lives are in danger, immediate action is required or there is a crime in progress.

CALL THE CRISIS LINE if you are thinking of taking your life, need to talk to a mental health professional in your area. National Suicide Prevention Line- 1-800-273-8255

MN COVID-19 HOTLINES:
IF YOU HAVE QUESTIONS ABOUT
Community mitigation (schools, child care, business) questions:
651-297-1304 or 1-800-657-3504
7 a.m. to 7 p.m.



Health questions like symptoms, where to go for testing, exposure
651-201-3920 or 1-800-657-3903-7 a.m. to 7 p.m. (not providing mental health support)

CALL THE WARMLINE if you need someone to talk with, are feeling isolated, depressed or anxious 1-844-739-6369- 5 p.m. to 9 a.m. every night