

First Sunday of Lent

The readings for Mass may be found at:

www.usccb.org/readings

THE INTRODUCTORY RITES

Processional Hymn

“From Ashes to the Living Font”

Through fasting, prayer, and charity

Your voice speaks deep within,

Returning us to ways of truth

An turning us from sin.

Text: Alan J. Hommerding, b. 1956, © 1994, 2011, World Library Publications

Tune: ST. FLAVIAN, CM; *John's Day Psalter*, 1562; harm. based on the original *faux-bourdon* setting

Entrance Antiphon

When he calls me, I will answer him;

I will deliver him and give him glory,

I will grant him length of days.

Cf. Psalm 91: 15-16

Sign of the Cross & Greeting

Penitential Act & Kyrie

Priest, deacon, or cantor, then all:



Ký - ri - e, e - lé - i - son.

Priest, deacon, or cantor, then all:



Chri - ste, e - lé - i - son.

Priest, deacon, or cantor; all repeat or sing longer conclusion:



Ký - ri - e, e - lé - i - son.

Ký - ri - e, e - lé - i - son.

Music: *The Roman Missal*, © 2010, ICEL

Collect

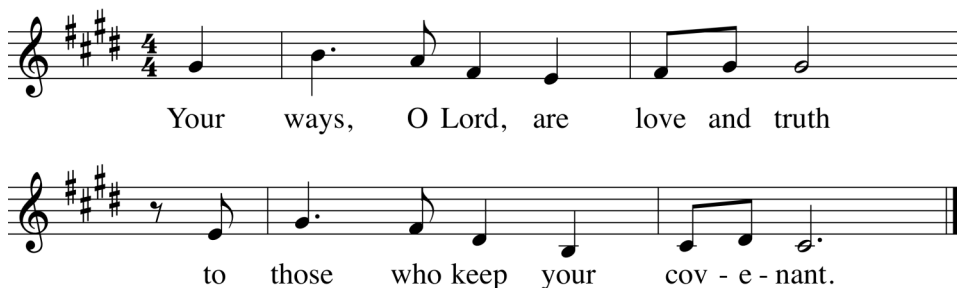
THE LITURGY OF THE WORD

First Reading

Genesis 9: 8-15

Responsorial Psalm

Psalm 25



Text: *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;
refrain tr. © 1969, ICEL

Music: Michel Guimont, © 1994, GIA Publications, Inc.

Second Reading

1 Peter 3: 18-22

Gospel Acclamation



Text: © 1969, ICEL

Gospel

Mark 1: 12-15

Homily

Creed

Universal Prayer

R./ Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

Our parish relies on the generosity of its parishioners and many welcome guests. You may give online at <https://seasparish.weshareonline.org/> or text SEASPARISH to 555888.

Preparation of the Gifts

“If Today”

Paul A. Tate

Refrain



If to-day,

if to-day you hear his



voice,

hard-en not your hearts.



If to-day,

if to-day you hear his



voice,

hard-en not your hearts.

Verses



1. God is call - ing. Will you an - swer? You are
2. You are cho - sen. You are ho - ly. You are
3. You are doubt - ful, full of ques - tions. You are
4. You are fear - ful. Your are fro - zen. You are
5. You are stub - born. You are wea - ry. You're for -
6. You are des - tined. You are wor - thy. You are



sum - moned by the One who speaks your name.
beck - oned by the One who lights your way.
chal - lenged by the One who formed your mind.
cra - dled by the One who gave you life.
giv - en by the One who heals your soul.
treas - ured by the One who knows your heart.



Trust.

Fol - low.

Be - lieve.

D.C.

Holy, Holy, Holy

Ho - ly, Ho - ly, Ho - ly Lord God of
hosts. Ho - ly, Ho - ly, Ho - ly
Lord God of hosts. Heav - en and earth are
full, full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the
high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

Text: ICEL, © 2010

Music: *Deutsche Messe*, Franz Schubert, 1797–1828, adapt. by Richard Proulx, © 1985, 1989, 2010, GIA Publications, Inc.

Memorial Acclamation

Save us, Sav - ior of the world, Sav - ior of the world, for
by your Cross and Res - ur - rec-tion you have set us free.

The musical notation is in G major (one flat) and 3/4 time. It consists of two staves. The first staff has a melody with a final note tied to the second staff. The lyrics are written below the notes.

Great Amen

A - men, a - men, a - men, a - men, a - men.

The musical notation is in G major (one flat) and 3/4 time. It consists of a single staff with a melody that ends with a double bar line. The lyrics are written below the notes.

Music: *Deutsche Messe*, Franz Schubert, 1797–1828, adapt. by Richard Proulx, © 1985, 1989, GIA Publications, Inc.

Lamb of God

Cantor: A-gnus De - i, *All:* qui tol - lis pec - cá - ta mun-di: mi-se-ré-re no - bis.
A-gnus De - i, qui tol - lis pec - cá - ta mun-di: mi-se-ré-re no - bis.
A-gnus De - i, qui tol - lis pec - cá - ta mun-di: do-na no-bis pa-cem.

The musical notation is in G major (one flat) and 3/4 time. It consists of three staves. The first staff is marked 'Cantor:' and the second and third staves are marked 'All:'. The lyrics are written below the notes.

Music: Vatican Edition XVIII; acc. by Robert J. Batastini

Communion Antiphon

*One does not live by bread alone,
but by every word that comes forth from the mouth of God.
Matthew 4: 4*

Communion Hymn

"Now in this Banquet" *Lent refrain*

Refrain



Now in this ban-quet, Christ is our bread;
Advent: God of our jour-neys, day-break to night;
Lent: Lord, you can o-pen hearts that are stone;



Here shall all hun-gers be fed.
 Lead us to jus-tice and light.
 Live in our flesh and our bone;



Bread that is bro-ken, wine that is poured,
 Grant us com-pas-sion, strength for the day,
 Lead us to won-der, mys-t'ry and grace,



Love is the sign of our Lord.
 Wis-dom to walk in your way.
 One in your lov-ing em-brace.

Verses 1, 2



1. You who have touched us and graced us with love,
 2. Let our hearts burn with the fire of your love;



make us your peo-ple of good-ness and light.
 o-pen our eyes to the glo-ry of God.

Verse 3



3. God who makes the blind to see, God who makes the

**May be sung in canon.*

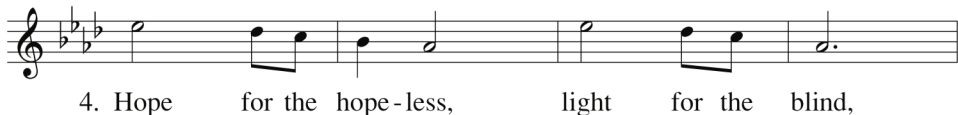


lame to walk, bring us danc - ing in - to day,



lead your peo - ple in your way.

Verse 4



4. Hope for the hope-less, light for the blind,



"Strong" is your name, Lord, "Gen-tle" and "Kind."

Verse 5

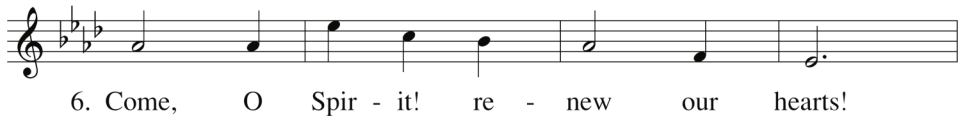


5. Call us to be your light, call us to be your love,



make us your peo - ple a - gain.

Verse 6



6. Come, O Spir - it! re - new our hearts!



We shall a - rise to be chil-dren of light.

An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Reflection “Kyrie Eleison” by Chris Tomlin, Matt Redman,
Matt Maher & Jason Ingram

Prayer after Communion

THE CONCLUDING RITES

Blessing & Dismissal

Recessional Music