

# Fifth Sunday in Ordinary Time

*The readings for Mass may be found at:*

[www.usccb.org/readings](http://www.usccb.org/readings)

## THE INTRODUCTORY RITES

### Processional Hymn

“How Firm a Foundation”

How firm a foundation, you saints of the Lord,  
Is laid for your faith in Christ Jesus, the Word!  
What more can he say than to you has been said,  
To you who for refuge to Jesus have fled?

“The soul that on Jesus still leans for repose,  
I will not, I will not desert to its foes;  
That soul, though all hell should endeavor to shake,  
I’ll never, no never, no never forsake!”

Text: 2 Peter 1:4; John Rippon’s *A Selection of Hymns*, 1787, alt.

Tune: FOUNDATION, 11 11 11 11; Funk’s *Compilation of Genuine Church Music*, 1832; harm. by Richard Proulx, 1937-2010, © 1975, GIA Publications, Inc.

### Entrance Antiphon

*O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.*

*Psalm 95: 6-7*

### Sign of the Cross & Greeting

### Penitential Act

## Glory to God

Glo-ry to God in the high-est, and on earth peace to  
peo-ple of good will. We praise you, we bless you, we a-  
dore you, we glo-ri-fy you, we give you thanks for  
your great glo-ry, Lord God, heav-en-ly King, O God, al-mighty  
Fa-ther. Lord Je-sus Christ, On-ly Be-got-ten Son,  
Lord God, Lamb of God, Son of the Fa-ther, you take a-way the  
sins of the world, have mer-cy on us; you take a-way the  
sins of the world, re-cieve our prayer; you are seat-ed at the  
right hand of the Fa-ther, have mer-cy on us. For  
you a-lone are the Ho-ly One, you a-lone are the Lord,  
you a-lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,  
in the glo-ry of God the Fa-ther. A-men, a-men.

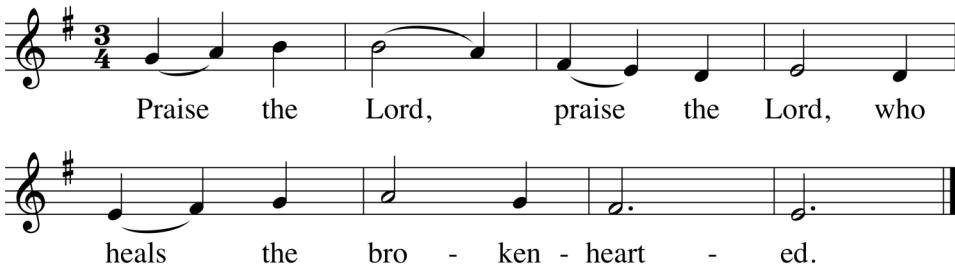
# THE LITURGY OF THE WORD

## First Reading

Job 7: 1-4, 6-7

## Responsorial Psalm

Psalm 147



Praise the Lord, praise the Lord, who  
heals the broken hearted.

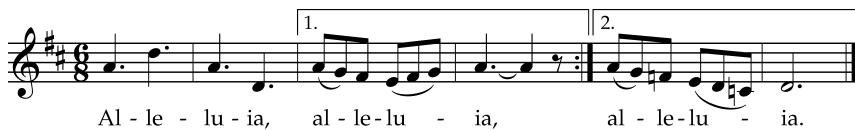
Text: *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;  
refrain tr. © 1969, ICEL

Music: Michel Guimont, © 1994, GIA Publications, Inc.

## Second Reading

1 Corinthians 9: 16-19, 22-23

## Gospel Acclamation



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Steven R. Janco  
Music © 2000, WLP

## Gospel

Mark 1: 29-39

## Homily

## Profession of Faith

## Universal Prayer

R./ Lord, hear our prayer

# THE LITURGY OF THE EUCHARIST

*Our parish relies on the generosity of its parishioners and many welcome guests. You may give online at <https://seasparish.weshareonline.org/> or text SEASPARISH to 555888.*

## Preparation of the Gifts

“Healer of Our Every Ill”

Refrain



Heal - er of our ev - 'ry ill, light of each to - mor - row,



give us peace be - yond our fear and hope be-yond our sor - row.

Verses



1. You who know our fears and sad - ness,  
2. In the pain and joy, be - hold - ing  
3. Give us strength to love each oth - er,  
4. You who know each thought and feel - ing,



Grace us with your peace and glad - ness.  
How your grace is still un - fold - ing,  
Ev 'ry sis - ter, ev - 'ry broth - er.  
Teach us all your way of heal - ing.



Spir - it of all com - fort, fill our hearts.  
Give us all your vi - sion, God of love.  
Spir - it of all kind - ness, be our guide.  
Spir - it of com - pas - sion, fill each heart.

D.C.

## Holy, Holy, Holy

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.  
Heav'n and earth are full of your glo - ry. Ho -  
san-na, ho - san - na, ho - san-na in the high - est.  
Bless-ed is he who comes in the name of the Lord. Ho -  
san-na, ho - san - na, ho - san-na in the high - est.\_\_\_\_

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Steven R. Janco  
Music © 1999, 2010, WLP

## Memorial Acclamation

We pro - claim your Death, O Lord, and pro - fess your  
Res - ur - rec-tion un - til you come a - gain.

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## Great Amen

1. A-men, a-men, a - men. a - men.  
2. A-men, a-men, a - men. a - men.

Steven R. Janco  
Music © 1999, WLP

## Lamb of God

*Cantor*

Lamb of God, you take a-way the sins of the world,  
— have mer-cy on us, — have mer-cy on us.

*Cantor*

Lamb of God, you take a-way the sins of the world,  
grant us peace, grant us peace, grant us peace.

Steven R. Janco  
Music © 2000, WLP

## Communion Antiphon

*Let them thank the Lord for his mercy,  
his wonders for the children of men,  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.  
Cf. Psalm 107: 8-9*

## Communion Hymn

## “10,000 Reasons (Bless the Lord)”

### *Chorus*

Bless the Lord O my soul O my soul  
Worship His holy name  
Sing like never before O my soul  
I'll worship Your holy name

### *Verse 1*

The sun comes up it's a new day dawning  
It's time to sing Your song again  
Whatever may pass and whatever lies before me  
Let me be singing when the evening comes

### *Verse 2*

You're rich in love and You're slow to anger  
Your name is great and Your heart is kind  
For all Your goodness I will keep on singing  
Ten thousand reasons for my heart to find

### *Verse 3*

And on that day when my strength is failing  
The end draws near and my time has come  
Still my soul will sing Your praise unending  
Ten thousand years and then forevermore

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## Reflection

## “Walk in Peace” By Sally Ann Morris & Adam Tice

## **An Act of Spiritual Communion**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

## **Prayer after Communion**

## **THE CONCLUDING RITES**

### **Blessing & Dismissal**

### **Recessional Music**