

Fourth Sunday in Ordinary Time

The readings for Mass may be found at:

www.usccb.org/readings

THE INTRODUCTORY RITES

Processional Hymn

Through toil and tribulation
And tumult of her war
She waits the consummation
Of peace for evermore
Till with the vision glorious
Her longing eyes are blessed,
And the great Church victorious
Shall be the Church at rest.

“The Church’s One Foundation”

Entrance Antiphon

*Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
And make it our glory to praise you.
Psalm 106: 47*

Sign of the Cross & Greeting

Penitential Act

Glory to God

Glo-ry to God in the high-est, and on earth peace to
peo-ple of good will. We praise you, we bless you, we a-
dore you, we glo-ri-fy you, we give you thanks for
your great glo-ry, Lord God, heav-en-ly King, O God, al-mighty
Fa-ther. Lord Je-sus Christ, On-ly Be-got-ten Son,
Lord God, Lamb of God, Son of the Fa-ther, you take a-way the
sins of the world, have mer-cy on us; you take a-way the
sins of the world, re-cieve our prayer; you are seat-ed at the
right hand of the Fa-ther, have mer-cy on us. For
you a-lone are the Ho-ly One, you a-lone are the Lord,
you a-lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,
in the glo-ry of God the Fa-ther. A-men, a-men.

THE LITURGY OF THE WORD

First Reading

Deuteronomy 18: 15-20

Responsorial Psalm

Psalm 95



If to - day you hear his voice, hard-en not your hearts.

Text: *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;
refrain tr. © 1969, ICEL

Music: Michel Guimont, © 1994, GIA Publications, Inc.

Second Reading

1 Corinthians 7: 32-35

Gospel Acclamation



Steven R. Janco
Music © 2000, WLP

Gospel

Mark 1: 21-28

Homily

Profession of Faith

Universal Prayer

R./ Lord, hear our prayer

THE LITURGY OF THE EUCHARIST

Our parish relies on the generosity of its parishioners and many welcome guests. You may give online at <https://seasparish.weshareonline.org/> or text SEASPARISH to 555888.

Preparation of the Gifts “Amazing Grace (My Chains Are Gone)”

Verse 1

Amazing grace how sweet the sound
That saved a wretch like me
I once was lost but now I'm found
Was blind but now I see

Verse 2

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed

Chorus

My chains are gone I've been set free
My God my Savior has ransomed me
And like a flood His mercy rains
Unending love amazing grace

Verse 3

The Lord has promised good to me,/His word my hope secures
He will my shield and portion be/ As long as life endures

Verse 4

The earth shall soon dissolve like snow/The sun forbear to shine
But God who called me here below
Will be forever mine (x2)
You are forever mine

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Holy, Holy, Holy

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.
Heav'n and earth are full of your glo - ry. Ho -
san-na, ho - san - na, ho - san-na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho -
san-na, ho - san - na, ho - san-na in the high - est.____

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Steven R. Janco
Music © 1999, 2010, WLP

Memorial Acclamation

We pro - claim your Death, O Lord, and pro - fess your
Res - ur - rec-tion un - til you come a - gain.

Text © 2010, ICEL

Steven R. Janco
Music © 2010, WLP

Great Amen

1. A-men, a-men, a - men. a - men.
2. A-men, a-men, a - men. a - men.

Steven R. Janco
Music © 1999, WLP

Lamb of God

Cantor

Lamb of God, you take a-way the sins of the world, -- have mer-cy on us, -- have mer-cy on us.

All

Lamb of God, you take a-way the sins of the world, grant us peace, grant us peace, grant us peace, grant us peace.

Cantor

Steven R. Janco
Music © 2000, WLP

Communion Antiphon

Let your face shine on your servant.

Save me in your merciful love.

O Lord, let me never be put to shame, for I call on you.

Psalm 31: 17-18

Communion Hymn

“You Satisfy the Hungry Heart”

Refrain

4 You sat - is - fy the hun - gry heart With
3 gift of fin - est wheat; Come give to us, O
4 sav - ing Lord, The bread of life to eat.

Verses

4 1. As when the shep - herd calls his sheep, They
2. With joy - ful lips we sing to you Our
3. Is not the cup we bless and share The
4. The mys - t'ry of your pres - ence, Lord, No
5. You give your - self to us, O Lord; Then

4 know and heed his voice; So when you call your
praise and grat - i - tude, That you should count us
blood of Christ out - poured? Do not one cup, one
mor - tal tongue can tell: Whom all the world can -
self - less let us be, To serve each oth - er

D.C.
4 fam - 'ly, Lord, We fol - low and re - joice.
wor - thy, Lord, To share this heav'n - ly food.
loaf, de - clar e Our one - ness in the Lord?
not con - tain Comes in our hearts to dwell.
in your name In truth and char - i - ty.

Text: Omer Westendorf, 1916–1998

Tune: BICENTENNIAL, CM with refrain; Robert E. Kreutz, 1922–1996

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An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer after Communion

THE CONCLUDING RITES

Blessing & Dismissal

Recessional Music