



Swindells  
Resource Center  
*presents*

2023 Virtual Parenting Series

# DEVELOPING OUR CHILDREN'S SKILLS

## Kindergarten to 5th Grade

**6 WEEK SERIES**

February 13 - March 13

**MONDAYS**

**6:00 PM - 8:00 PM**

For parents and caregivers of children in **Kindergarten to 5th grade**, who have difficulties with: following directions, routines, transitions, tantrums, calming, and safety.

**Online Class Sessions Include:**

- Solving everyday behavior challenges
- Teaching positive social behavior
- Developing the best solutions for your child

**TO REGISTER: 503-215-2429**

Helping Our Toddlers, Developing Our Children's Skills (HOT DOCS) is a parenting curriculum developed by the University of Southern Florida's Department of Pediatrics.

For more information: [swindells@providence.org](mailto:swindells@providence.org)



This workshop is free thanks to the generous support of our Providence Children's Health Foundation and our community partners.