



Swindells
Resource Center
presents

2023 Virtual Parenting Series

DEVELOPING OUR CHILDREN'S SKILLS

Kindergarten to 5th Grade

6 WEEK SERIES

February 13 - March 13

MONDAYS

6:00 PM - 8:00 PM

For parents and caregivers of children in **Kindergarten to 5th grade**, who have difficulties with: following directions, routines, transitions, tantrums, calming, and safety.

Online Class Sessions Include:

- Solving everyday behavior challenges
- Teaching positive social behavior
- Developing the best solutions for your child

TO REGISTER: 503-215-2429

Helping Our Toddlers, Developing Our Children's Skills (HOT DOCS) is a parenting curriculum developed by the University of Southern Florida's Department of Pediatrics.

For more information: swindells@providence.org



This workshop is free thanks to the generous support of our Providence Children's Health Foundation and our community partners.