



Alison Christy, MD PhD,
Clinical Director of Providence Pediatric Neurology,
joins the Swindells Resource Center for this 2 part series:

Sleep: What Works and What Doesn't

- Sleep and the developing brain
- Sleep hygiene
- Medications
- When to talk to your doctor



Wednesday, March 17 6:00 - 7:30 pm

Register Here



Headaches in Kids: When to Worry, What to Do

- Factors that affect headaches
- Treating headaches
- Medications
- When is a headache not a headache?

Thursday, April 22 6:00 - 7:30 pm

Register Here