



feel strong  
feel whole™

## Personal Training Special

### 50-MINUTE PERSONAL TRAINING PACKAGES

12-session package ~~\$55~~ - **\$38.50** per session

24-session package ~~\$50~~ - **\$35.00** per session

### 25-MINUTE PERSONAL TRAINING PACKAGES

12-session package ~~\$28~~ - **\$20.00** per session

24-session package ~~\$25~~ - **\$18.00** per session

Call **407-303-2552**

2520 North Orange Avenue, Suite 101

[AdventHealthWellnessCenterOrlando.com](http://AdventHealthWellnessCenterOrlando.com)

**30%**

Off 12-session  
and 24-session  
packages



**Advent Health**  
**Wellness Center**  
**Orlando**

Personal Training special available to new personal training clients only. You do not need to be a member of the AdventHealth Wellness Center to enroll in personal training. Personal training offer ends September 30, 2019. Payroll deduction and split-pay available to AdventHealth employees. Please see front desk for details.