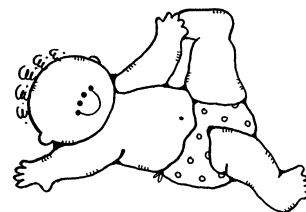


Parent Pages

A Delaware County Early Intervention Publication
January 2020



What is Early Intervention? A program for newborns, infants and toddlers that provides developmental services designed with your family's concerns and goals in mind. If you have concerns about your child's development, please call the Early Intervention Referral Line at 800-755-4769.

January Awareness

January is National Birth Defects Awareness Month

January is National Glaucoma Awareness Month

January is National Thyroid Disease
Awareness Month

January is National Blood Donor Month

Strand Movie Theater - Sensory Series

"Mary Poppins Returns"

Saturday, January 19th, 10:00am

Doors open at 9:30am

The 3rd Saturday of each month, The Strand Movie Theater provides showings for children, families, and adults in the community who may benefit from an alternative movie experience, such as our patrons on the autism spectrum or those living with other special needs. We turn up the lights, turn down the sound and welcome singing, dancing, movement, and any creative expression! Join us **every third Saturday of the month** and spread the word! **Free small popcorn and canned beverage for each person attending** provided by the Autism Society of Central Ohio. The Strand Movie Theater is located at 28 E Winter Street, Delaware, 43015. For questions, please call 740-816-1938.



Inspiring Music

Some days we need to refuel our hearts and minds and for many of us music can lead the way! On those days consider adding these inspiring tunes to your playlist!

"What it Means to be Loved" by Mark Schultz

"You Raise Me Up" by Westlife

"The Life that's Chosen Me" by Karen Taylor-Good

"When You Love Someone" by Anthony Billups

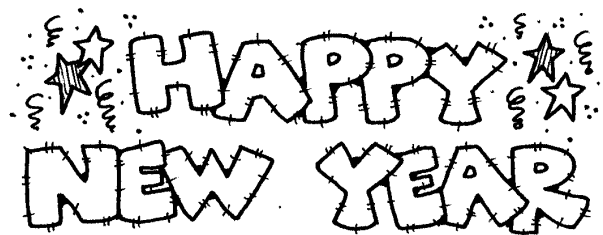
"Special" by Anthony Billups

"You Inspire My Whole World" by Tan Ping

"Let the Light In" by Karen Taylor-Good

Quote of the Month

"These mountains
that you are carrying,
you were only supposed to climb."
~ Najwa Zebian



Buddies, Books & Bubbles

Please join us for this story time with themed books, a picture schedule, songs with sign language, crafts, and a fun bubble activity in a welcoming and supportive environment for children, ages birth to 5, **of all abilities** and their parents and caregivers. This will be an inclusive event in which children with special needs are learning and playing alongside children without special needs.

When: **Wednesday, January 29th**
11:00 - 12:00 pm

Where: **Delaware Main Library**

84 E. Winter St. Delaware, 43015

Who: Children ages 0-5 of all abilities
and their caregivers

Cost: Free with no registration required

For more information, please contact
Kelly Cochran at 740-362-3861.

www.ohioearlyintervention.org

The website for the State of Ohio
Early Intervention Program.

www.dcbdd.org

The website for the Delaware County Board of Developmental Disabilities

Autism Support Group

This group is for families that have a toddler, preschooler or school aged child with Autism or behaviors similar to those with an Autism Spectrum Disorder diagnosis. Please join us on **Thursday, January 16th, at 6:30pm at the Delaware County Board of Developmental Disabilities** at 7991 Columbus Pike, Lewis Center, 43035. Park in front of the building and enter through the front doors. Contact the Family Support Specialist, Bethany Mirka, at 740-666-2222 or tbmirka@hotmail.com for more information.



Toy Lending Library

Strengthening Families Initiative through United Way of Delaware County

Children learn from the time they are born and there is no better way to grow than through play! This toy lending library provides opportunities for families and education providers to engage with toys and games centered around fine motor skills, sensory, vocal recognition, balance, STEM education, and dramatic play. Through creative play, children from birth to five will have the opportunity to connect and learn! For more information, call 740-417-4733. Located on the **second floor of the Willis Education Center, 74 West William Street, Delaware 43015.**

HOURS:

Tuesday - 11:00 am - 3:00 pm
Wednesday - 11:00 am - 3:00 pm
Thursday - 3:00 pm - 7:00 pm



Have suggestions or comments about this newsletter? Do you have an upcoming event that you would like to have included in the next issue? Please contact Bethany Mirka, the Family Support Specialist to the Early Intervention Program of the Delaware County Board of Developmental Disabilities, at 740-666-2222 or tbmirka@hotmail.com.



You Make A Difference

Your child's progress might not be that easy to see on a day-to-day basis, but when you reflect from time to time on how far they have come, give yourself some credit: Would that progress have happened if you hadn't been planning, pushing, advocating for it? Everything you do for your child - every appointment, every therapy, every intervention, but also every smile, every hug, every conversation - makes a difference.

You are making a difference in the world.

Every time you give information about your child's disability to an educator, you make a difference for the next child. Every time you give advice in a support group or online forum, you make a difference for that parent and family.

You are a force for good.

By Terri Mauro

Columbus Children's Theatre

Sensory Friendly Performance (SFP) of

"Pete the Cat"

**Saturday, January 25th 1:00 pm &
Wednesday, 29th 10:00 am**

WHAT IS A SENSORY FRIENDLY PERFORMANCE?

- Elimination of loud or sudden sounds
- Elimination of abrupt changes in lighting
- Professionally trained staff and volunteers
- House lights are kept on slightly to allow for safety and freedom of movement
- Limited seat sales for guests with spatial issues
- Quiet lobby area for breaks
- Communication cards for non-verbal guests
- Sensory Friendly Resource packages for families
- Safe, friendly, and judgment-free environment

Additionally, a Social Story is available for free download from their website at www.columbuschildrenstheatre.org. A Social Story is a picture book detailing the entire experience from walking up to the front door of the theatre, picking up your tickets, choosing your seat, finding the bathrooms...everything! Audience members can review this at home with family before leaving for the theatre so they know exactly what to expect. Please call 614-224-6672 for tickets or more information.