

DISCOVERY SERIES

Educational sessions designed to navigate transition.

March 9, 2021

Relationships, Dating, and Sexuality for People with I/DD:
Breaking through the Stigma and Silence

Session Presenter: Olivia Caldeira, IMPACT:Ability

Session Overview: Talking with young and grown children about sexuality can be a difficult task. Many parents and guardians have concerns that talking about sexuality might lead to increased confusion or risky behavior. Avoiding these topics and discussions can create gaps in knowledge that limit a person's ability to understand their body and others, know the difference between healthy and unhealthy relationships, and how to safely navigate public and private spaces. This is particularly important for people with I/DD, who are often isolated from their peers, have been taught to be compliant by authority figures, and are at an increased risk of being abused. This presentation addresses some of the beliefs and values people have about sexuality and relationships for people with I/DD and how we can be more proactive in providing correct information about bodies and boundaries to minimize the risk of abuse and victimization.

Register to Attend: www.dcbdd.org/discoveryseries

Session Time: 6:30 PM

Location: Zoom Meetings and Facebook Live



**Delaware County Board of
Developmental Disabilities**