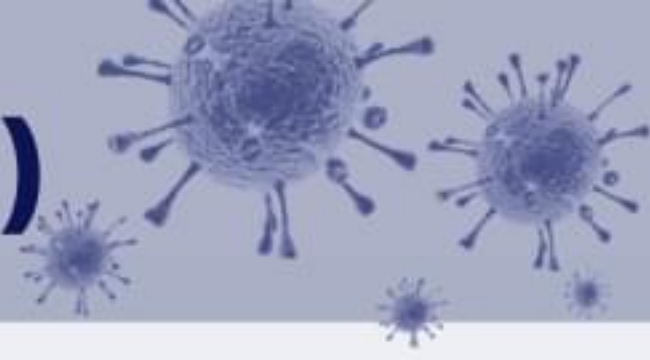


# QUARANTINE (CLOSE CONTACTS)



**QUARANTINE** keeps someone who might have been exposed to a communicable disease away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others and monitor their symptoms.

**A NEGATIVE TEST DOES NOT RELEASE SOMEONE FROM QUARANTINE!**



**The viral load may not be high enough to detect at the time of testing, therefore you can still get sick within the 14-day quarantine time period.**

## When does quarantine end?

- If you're a close contact with a COVID-19 case and will have no further contact with the ill person, your last day of quarantine is 14 days from the date you had close contact
- If you live with a COVID-19 case, you should avoid contact with others outside the home and quarantine for typically 24 days. Your 14-day quarantine cannot start until the infected person is no longer ill. For most people, that is 10 days, so a contact's typical quarantine period is  $10 + 14 = 24$  days.