



2018 NEW Summer Group from HealthSmart! Consulting, LLC

Food Art Fun (for ages 7-11) Mondays 11:30-12:30 Starting June 11 through July 23

(for ages 11-15) Mondays 1:30-2:30 Starting June 11 through July 23

This weekly 6-week class actually *encourages* children to play with their food! We will be working together and following directions to make wonderful food creations that will be paired with dips, spreads, and other healthy recipe additions to practice brave tasting. Our final session will give each chef an opportunity to create his or her own food art masterpiece to be shared with the class. Like all of our HealthSmart! groups, this new group fosters creativity, making healthier food choices, and fun!

We will be using fresh, seasonal organic fruits and vegetables and only clean ingredient foods in this class.

Dietary restrictions are taken into account in this class.

No class Monday, July 2nd

Cost \$280

Class will be held at The Flourish Center, 30 Northwoods Blvd, Columbus, OH 43235



HealthSmart! Consulting, LLC is a contracted DCBDD Provider

CLASSES START THE WEEK OF JUNE 11th- Sign up today! Space is limited!

Call 614-397-0624 or Visit healthsmartconsult.com

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