



JOSEPH KUSHNER HEBREW ACADEMY

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PRE-K AIMS TO “FILL THEIR BUCKET” WITH KINDNESS AND CHESED

Pre-K is excited to take part in the value of the month (chesed). Students listened to the story, “Have you filled a bucket today? A guide to daily happiness for kids,” by Carol McCloud. This book encourages positive behavior by using the concept of an invisible bucket to show students how easy and rewarding it is to express kindness, appreciation and love by “filling buckets.”

The Bucket Filling Program emphasizes character education, positivism and the appreciation of the simple things in life. In addition, the bucket filling program improves social and emotional learning at school. Each student has an invisible bucket in which they can put good thoughts and feelings in. When we are happy and good to others, our buckets become full. When we are sad or not nice to others, our buckets become empty. Bucket Fillers fill both our and other people’s buckets.

Students discussed in class how they can fill their “bucket.” As a follow up activity, students colored a picture of a bucket and then dictated what was in their bucket. The class enjoyed listening to all all of the different ways they can fill their buckets and their friends buckets.

Please continue to help us fill our school wide bucket by sending in Chesed notes for all of your children at JKHA. These notes will be added to our communal collection. Our goal is to fill our school wide bucket with Chesed notes during the month of Cheshvan describing your child’s acts of kindness.

