



JOSEPH KUSHNER HEBREW ACADEMY RAE KUSHNER YESHIVA HIGH SCHOOL

TEFILLAH CLASSES ADD MEANING AND TAKE IN-DEPTH LOOK AT TEFILLOT

Our weekly tefillah classes are well under way and 7th and 8th grade students have gone beyond shacharit to study other tefillot throughout the day and week. Students have learned about tefillat mincha, discussed its challenges and opportunities, and many were up to the challenge to make their own “mincha commitments.” Students have delved into the depth of Tachanun and Aleinu and have added meaning to these often neglected tefillot because of their placement at the end of davening. Students now understand that a day without Tachanun is not a reason to cheer but a missed opportunity and that Aleinu is not time to run out of shul but to savor the last opportunity we have to praise Hashem before going back to the rest of our day.

