Journal of the IANA



A Publication of the Illinois Association of Nurse Anesthetists



Your Illinois Association on Nurse Anesthetists

JOURNAL OF THE IANA STAFF

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Please submit questions, letters, comments or high quality photos to the editor by emailing ianajournal@gmail.com.

Calendar Update 2018-19

April 21-25, 2018

AANA Mid-Year Assembly

Washington, D.C.

May 19-20, 2018
IANA Spring Conference
Par-a-Dice Hotel and Casino / East Peoria, IL

September 21-25, 2018

AANA Annual Congress

Boston, MA

October 27-28, 2018
IANA Fall Conference
Northwestern Memorial Hospital / Chicago, IL

November 9-11, 2018

AANA Fall Leadership Academy

Rosemont, IL

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As required by section 6033(e) of the Internal Revenue Code, we are required to inform you that \$58.13 (or 25%) of your state membership dues are allocated toward expenses incurred by the Illinois Association of Nurse Anesthetists for state lobbying activities. This amount is not deductible for federal income tax purposes. All IANA members are also members of the AANA.



Letter from the Editor

It's spring (finally), and the IANA is charging ahead with promotion of our profession and advocacy for practice to support our members. There have been so many great events already this year that are putting CRNAs on the map. We are excited to highlight some of them in the pages to follow. Thank you to those members who volunteer their time to serve in various capacities for the good

of all CRNAs in Illinois. We encourage even more of our members to reach out and find ways they can be involved as well.

This edition of the Journal highlights a student's amazing experience in Kenya, the fund-raising efforts of our students and colleagues to support students in hurricane-ravaged Puerto Rico, an update from two training programs, and the ongoing work of the IANA

board members. At the Journal, we want to hear more of what's going on with CRNAs all over the state. Post it on our Facebook page or email me at IANAJournal@gmail.com. Have a safe and prosperous spring.

Best Regards,

Jennifer Greenwood, CRNA, Ph.D

LETTERS TO THE EDITOR

We want to hear from you! Please submit any comments, questions or letters to the editor at: *ianajournal@gmail.com*We are also looking for photo submissions for our future covers! Please submit high quality pictures of Illinois CRNAs or students in action.

Public Relations Committee

The Public Relations Committee has been hard at work producing materials for members to use that identify you as anesthesia professionals and support your practice. You might have seen the awesome billboard in Springfield with the CRNA Week image and catchphrase. It is featured on our Facebook page as well if you have not seen it yet. That billboard was seen by all the local and northern legislators as they exited the highway to head to the capitol. What a great



way to get their attention and let them know WE ARE THERE! It also got the attention of the local news, and our president, Rose Slowikowski, has been interviewed for television about CRNAs.

We encourage you to check out all the items we have to offer at our website: www.ilcrna.com. Order business cards, get some braded pens, pick up a t-shirt or shopping bags. We even have a CRNA silicone phone case that holds credit cards. No purse or wallet to carry around. All proceeds from sales support our PAC. Check it out!

On the cover:

On the cover is Ryan Brown, SRNA, RN from Rush University School of Nurse Anesthesia. Ryan is taking care of a patient during a medical mission to Migori, Kenya in July 2017, as a member of a 6 member team. Photos by Austin Shaw (www.austinshaw.website)



IANA President's Report

Rosemarie D. Slowikowski, CRNA, APRN, DNP



THE NEW STRATEGIC PLAN IS NOW IN PLACE

SO STAY TUNED

FOR MORE POSITIVE DEVELOPMENTS.

"

Greetings IANA members!

I hope everyone had a wonderful holiday season filled with love, happiness and joy. I have some exciting information, news as well as other important updates on the IANA board of directors' (BOD) activities. The IANA BOD and committees are actively working to improve our organization so it evolves to meet member needs.

irst, your current BOD assumed stewardship of the IANA at the 2017 Fall meeting. The IANA is economically sound under the astute management of Frontline Public Strategies. Frontline is led by executive director Micah Roderick and his team in Springfield, IL. Furthermore, the IANA maintained its agreement with Roger Bickel, Esq. by renewing his contract on December 1, 2017. Roger has an extensive lobbyist and legislative background that has benefited the IANA. Look for Roger's regular and detailed updates on the IANA website: www.ilcrna.com in the only_Advocacy_Legislative Reports section. Both Micah and Roger remain committed as proponents of CRNA practice in Illinois and are instrumental to the success of the IANA.

The IANA is a member of the Illinois Coalition of Nursing Organizations (ICNO). ICNO revised new language for the NPA (Nurse Practice Act). This key piece of legislation governs the practice of nursing and was passed into law in 2017. Currently, there are amendments filed to modify of the NPA. The next step is to create rules that guide the enactment of this legislation and it

may take quite some time. Stay tuned for Roger's updates on that process, its impact on CRNA practice and other legislative news this session. February 16, 2018 marked the deadline to submit bills for new laws or changes to the current laws for the present legislative session. Currently, we are reviewing submitted bills and their potential to impact on CRNA practice.

In 2017, Senate Bill - 1094 extended the grandfathering of APN licensure for Illinois CRNAs without a master's degree until July 1, 2023. This crucial piece of legislation sponsored by Illinois State Senator, Pamela J. Althoff safeguarded these experienced CRNAs' right to practice in Illinois until 2023. Senator Pamela Althoff received the 2017 IANA Legislator of the Year Award. On December 12, 2017, I presented the award to Senator Althoff in Chicago, Illinois. Senator Althoff is a strong advocate of the nurse anesthesia profession. Her staunch support helped pass this crucial piece of legislation in a short amount of time.

When I began my role as your IANA president, I strongly felt that we as an

advanced nursing specialty needed to aggressively promote our vital role in the Illinois healthcare market. I obtained a public relations proposal from the AANA PR department. The IANA PR committee began to work with Chris Bettin and the AANA PR department. The PR committee led by Jennifer Greenwood, CRNA, PhD and Joshua Newman, CRNA, MSN launched a huge PR push to better promote the splendid work CRNAs perform in Illinois. A huge goal is to have a more visible presence in the state capital on our annual lobby day with promotional materials at a kiosk in the center of the state capital building. In addition, we purchased a billboard promoting our profession on the main highway into Springfield, IL. This billboard proudly reminds the public and all of the state legislators as they exit they highway to go to work, that CRNAs Are There: Every Breath, Every Beat, Every Second. Lastly, look for apparel and other items promoting Illinois CRNAs at the Spring Meeting and on our website. For the first time, members will be able to create business cards with the IANA logo for a nominal fee. A portion of this fee benefits the

IANA PAC fund. These are fantastic ways to promote yourself as a CRNA to your patients and colleagues while also supporting the organization.

On September 20, 2017, Maria struck the island of Puerto Rico as a Category 4 hurricane. The devastation that ensued is well-known to the U.S. Susan Krawczyk, CRNA, APRN, DNP managed a humanitarian endeavor on behalf of the IANA and Student Registered Nurse Anesthetists (SRNAs) from all five programs in Illinois. This effort became an opportunity to support SRNAs at the three programs in Puerto Rico. Creation of a Go Fund Me page raised over \$1,200 which enabled these desperate students to purchase much needed items that will aid their studies. Susan's efforts were key to the success of this initiative.

Currently, the IANA PAC fund is approximately \$23,000. In comparison, our physician colleagues' PAC fund is well over \$100,000. The ISA has a large capability to financially support numerous legislators that further advance their legislative agenda, and this is often in conflict with our agenda. Our goal is to improve our fund so

that we are over \$100,000 with several projects. First, creation of a monthly credit card charge plan allows members to donate a larger sum over a longer period. Furthermore, the IANA PAC committee planned a fun filled night on May 19 at a minor league baseball team during the Spring 2018 IANA conference. The Peoria Chiefs is a Class A minor league baseball team and the cost per ticket is \$50.00. The IANA has access to an outdoor deck, food and beverages. Lastly, at the Spring Meeting a regional block workshop allows CRNAs to improve their regional skills. All proceeds from the registration fee for the workshop on May 20 benefit the IANA PAC fund. PAC funds are separate from the dues IANA receives through the AANA. This allows the IANA to support key legislators that promote and support CRNA practice. Please consider a donation to the PAC fund because it is through advocacy and support from key legislators that allow CRNAs practice to their fullest potential.

As you can see, your IANA BOD, Public Relations and Political Action Committees are diligently striving to improve member engagement,

promote CRNA practice, and advocate on your behalf. The new strategic plan is now in place so stay tuned for more positive developments. I encourage IANA members to remain connected to the IANA leadership through email, Illinois CRNA/SRNA Facebook or the IANA website. This is the only way to we can evolve as an organization to influence change that benefits every member and ultimately our patients. More importantly, I urge every CRNA in Illinois to visit their Senators and House Representatives at both the State and Federal levels. These in district appointments are an invaluable resource to build a relationship with influential legislators. We are the hidden secret in healthcare, and I envision a day where our role as anesthesia experts is wellknown to everyone. The key to that change is you!

Rosemarie D. Slowikowski, CRNA, APRN, DNP President IANA

A Student's Reflection on Anesthesia in Kenya

n July 2017, I had the opportunity to go to rural eastern Africa to administer anesthesia as part of a surgical mission team. The organization: KenyaRelief.org. destination: Migori, Kenya. My experience level: novice. More specifically, I was a SRNA on an OB/ GYN surgical team. At that time, I had less than 400 hours of anesthesia time logged in the OR as part of my CRNA-DNP program at Rush University, and had not yet begun the senior portion of my residency. I was excited, ambitious, and well aware of my own limitations. Despite these limitations, I was able to learn a great deal from the challenges my team and I encountered. The entire experience was both inspiring and humbling.

Migori is a rural town in western Kenya near the Uganda border. Describing this as a rural community doesn't quite capture the reality of the location. According to surveys that the patients complete, the average distance they traveled for surgery was 98 miles. More than 70 percent of them had not seen a single health provider in their life before they met us. The only way to access this community is via dirt roads, and it is several hours away from the nearest hospital. Motor vehicles in this area of the country are a luxury, walking is the primary mode of transport, and electricity is sparse. It was immediately obvious to me that



the familiar comforts provided by a tertiary medical center were not going to be a part of this experience.

Our 25-member American team consisted of six anesthesia providers (four CRNAs and two SRNAs), three surgeons, multiple nurses, a respiratory therapist, a physician assistant, and other professionals filling supportive roles. Team members came from all parts of the country, so the first time we met was when we each deplaned in Nairobi, Kenya. Jet-lagged and 8,000 miles from home, we began to form a cohesive team and make a plan for our visit. After a bumpy 7-hour ride on dirt roads, we arrived in Migori, and explored the clinic that would be our surgical home for the next week. The Brase Clinic and Vision Center consists of two operating rooms (each equipped to run two surgeries at the same time), a small pharmacy, and a makeshift recovery

room. Our patients were already outside the clinic setting up camp and eagerly awaiting our arrival. Many had traveled a day or more on foot.

Resources were limited, which is why we each brought a checked bag of medical supplies—as much as possible without exceeding the 50-pound weight limit, of course. We packed sterile gloves, surgical drapes, betadine prep kits, Bovie tips, tape, syringes, NG tubes, thermometers, mayo covers, IV tubing, vaginal prep kits, lap sponges, and many more. Things we throw away can be like gold in places like this. Oxygen was a precious commodity with each of the four anesthesia machines equipped with only one H-cylinder that had to last the entire week. This limited the O2 flow rate to less than 2 L/min at all times, apart from emergencies. Practically speaking, most of the cases were done with flow rates less than



included two machines equipped with Isoflurane and two machines equipped with Sevoflurane. Nitrous oxide was not an option, as it is too expensive to be sourced and transported. Gas monitoring was intermittent and one machine was unable to provide gas concentration monitoring at all, requiring increased vigilance of the CRNAs and SRNAs on this team. Electricity was sporadic and unreliable with daily power outages. We were able to keep running with the use of a backup generator. Because we were on a short supply of power, the overall power requirements of the operating rooms had to be conserved. This created an environmental and comfort challenge since we could only intermittently use the air conditioning unit. Many times the OR temperatures exceeded 80o F! (Tell you surgeon that next time he or she wants the thermostat turned down to 65.) When the air conditioner was in use we had to rotate power to the Bovie, suction, or overhead lights. The ventilator's high energy and oxygen requirements rendered its use out of the question.

1L/min. The volatile gases available

Clinical considerations presented challenges as well. All surgical patients were intubated with succinylcholine

and then manually ventilated until spontaneous breathing returned. This included open total open-abdominal hysterectomies that were done without muscle relaxant, while maintaining spontaneous respirations via an ETT. Patients were extubated and transported to the recovery room next door which also had a limited oxygen supply. The only supplemental oxygen was available from a 6L-max oxygen concentrator that was prioritized to the post-op patients most in need. Tramadol IVP and a limited supply of morphine was all we had available for post-op pain management.

This experience reinforced the importance of maintaining vigilance in my practice. It was a learning experience to have limited monitoring equipment that may or may not alarm appropriately, or even function as expected. I heavily relied upon the fundamentals of physiological monitoring we are all trained in to ensure patient safety. I was grateful we had automated blood pressures, but basic assessment skills came in very handy. Heart and lung auscultation and physical exam appeared to have increased value in this unique environment. The numerous monitoring parameters that many of us are accustomed to using in the United States were simply not available here. This experience reinforced the importance of never succumbing to any form of "auto-pilot" mode in my thinking, and maintaining the most valuable monitor our patients had: a vigilant provider.

The single biggest impact I experienced came from personal interactions with the Kenyan people. They were remarkably humble, grateful, and resilient. Many of the young women were so thin and debilitated with fibroids larger than footballs. It was sobering to see their health disparities, struggles with infertility, and severe dysmenorrhea. Despite their ailments, the women journeyed long distances with a hope that we, as anesthesia providers, could provide them with an opportunity to be pain-free. To see women arrive in pain, struggling to walk, and leave the next day on foot, completely cured of their condition, was a profound experience. I discovered that volunteers like myself and many others can embody hope simply by choosing to utilize our training, resources, and expertise in places that don't have adequate medical care. If volunteers like our team and others just like us don't make the trip, these people do not have options for treatment. Even if there was a native provider, the abject poverty that these people live in prevents the majority of them from ever receiving treatment due to cost. I will end by encouraging other students and practitioners to consider their role in global health and the resources we all have to share with others in need. Not only does volunteer work like this change the patients in a tangible way, it also changes the provider for the better.

for my Profession?

All lawmakers maintain local district offices and welcome meetings of introduction with their employers – that would be you. General Assembly Members remind us that the most important letters and messages they receive are not from out of town providers, but from you, their individual constituent who put them in office.

Here is what <u>you</u> can do to get engaged with IANA and your legislators:

- ✓ Look for the IANA Membership briefings on our website.
- ✓ Plan on joining us for our spring 2018 Lobby Day in Springfield – look for announce the date notices in early 2018 and join the excitement in Springfield.
- ✓ Contact 2017-2018 IANA President Elect and Chairman of our Government Relations Committee Edward Gradman, CRNA at <u>ianapresidentelect@gmail.com</u> to learn how to coordinate scheduling a district office meeting of introduction with your local lawmakers this fall.
- ✓ Support your CRNA Political Action Committee.

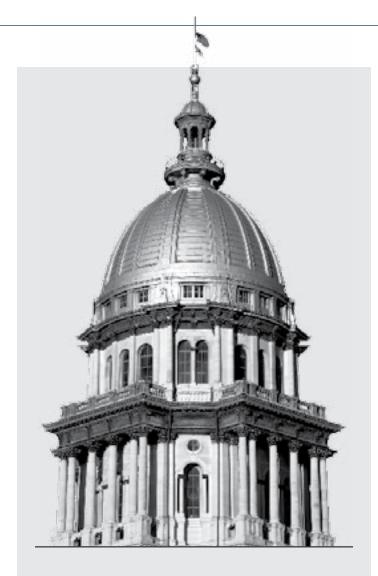
CONGRATULATIONS TO

State Senator Pamela Althoff

our Illinois Association of Nurse Anesthetists 2017 Legislator of the Year



IANA PRESIDENT ROSE SLOWIKOWSKI (LEFT) PRESENTS AWARD TO SENATOR PAMELA ALTHOFF (RIGHT)



YOUR IL CRNA PAC

The IL CRNA PAC supports our political action committee which, in turn, supports candidates who share our vision and who will ensure our continued success and growth as nurse anesthetists. The challenges to our scope of practice and profession from competing stakeholders are real and ever present.

To make a donation to the IL CRNA PAC, visit www. ilcrna.com, log in and click the "Support IANA" button. All donations to the PAC must come from personal funds, including donations made by credit cards or checks. Contributions made to the ILCRNA PAC are not tax-deductible as charitable contributions for federal income tax purposes.



IANA 2018 General Assembly **Spring Session Update**

Roger H. Bickel IANA Lobbyist & Legislative Counsel Law firm of Freeborn & Peters LLP

he 100th General Assembly reconvened in January and to date there have been approximately 3,000 new bills filed by the February introduction deadline. Calendar year 2018 poses unique challenges to legislators as we are on the precipice of statewide elections including the offices of Governor and Attorney General together with all 118 House seats and 39 of 59 Senate seats. Added to this mix of uncertainty, a record 25 lawmakers in both the House and Senate announced that they were retiring mid-term or would not seek re-election. With that many legislative seats up for grab, there is little appetite for lawmakers this spring to take controversial votes on issues that may cost them their re-election. As a consequence, in stark comparison to 2017's scope of practice debates among various professions, this year's Spring Session has to date focused on the less contentious issues.

2018 SPRING SESSION - NEW BILLS

There have been only seven bills introduced amending the Nurse Practice Act, two of which are mere shell bills (placeholders for late Session clean up issues as needed). Below we shall discuss a few of the many healthcare measures being tracked by your IANA Government Relations Committee this Spring Session:

HB4263

NURSE LICENSURE COMPACT (REIS D) Amends the Nurse Practice Act. Ratifies and approves the Nurse Licensure Compact, which allows for the issuance of multistate licenses that allow nurses to practice in their home state and other compact states. Provides that the Compact does not supersede existing State labor laws. Position: IANA Supports.

HB5156

PODIATRIC PHYSICIAN-AGREEMENT (FEIGENHOLTZ S) Amends the Nurse Practice Act. In provisions concerning written collaborative agreements, restores the ability of podiatric physicians to collaborate with advanced practice registered nurses. Makes other changes. Effective immediately. Position: IANA Opposes.

HB5495

NURSE & PHYSICIAN-RURAL HOSPITAL (BELLOCK P) Amends the Nurse Practice Act and the Physician Assistant Practice Act of 1987. Provides that the Secretary of Financial and Professional Regulation shall by rule provide for advanced practice registered nurses and physician assistants to admit patients to rural hospitals where they have privileges. Position: Support.

SB2529

PROF REG-STUDENT LOAN DEFAULT (STADELMAN S) Amends various acts to remove provisions allowing or requiring licensing authorities to deny, not renew, suspend, or revoke professional licenses for defaulting on an educational loan or scholarship provided by or guaranteed by a State agency. Effective immediately. **Position:** IANA Supports

Anesthesia Assistance Licensure Legislative Update

HOUSE BILL 2975 ANESTHESIOLOGIST ASSISTANTS LICENSURE. For the second time in three years, a bill to establish the licensure of Anesthesiologist Assistants was introduced in the Spring of 2017 at the behest of the Illinois Society of Anesthesiologists. This bill was re-referred to the House Rules Committee on March 31, 2017. The sponsor has communicated that he has no intention to seek it's advancement in this calendar year 2018.

IN OTHER IANA GOVERNMENT AFFAIRS NEWS...

New Nurse Practice Act Regulations Expected to be **Unveiled in Spring 2018**

The Illinois Department of Financial and Professional Regulation is expected to file new rules for the Nurse Practice Act to incorporate recent revisions approved in the 2017 ten year Sunset process. Upon filing, we will post a link to the proposed rules on the IANA website and track their continued progression through adoption this fall.

Chairman **Sotos Announces** Retirement

This winter House Health Care Licenses Committee Chairman, State Representative Cynthia Soto (D) of Chicago announced that she will retire and not seek re-election in the fall of 2018. Chairman Soto has been a great friend and avid supporter of our association, met with our leadership in both 2017 and 2018 - we thank her for her public service.

2018 SPRING SESSION IANA LOBBY DAY SETS **RECORD ATTENDANCE**



MORE THAN 80 DEDICATED CRNAS AND SRNAS WERE WELCOMED TO OUR STATE CAPITOL FOR OUR ANNUAL SPRING IANA LOBBY DAY. ATTENDEES MET WITH A VARIETY OF LEGISLATORS AND WERE PERMITTED TO ASSEMBLE ON THE SENATE FLOOR PODIUM (SEE ABOVE) FOR THE GROUP ATTENDEE PHOTOGRAPH. IN ADDITION TO THESE ACTIVITIES. THE IANA WAS FORMALLY RECOGNIZED ON THE FLOOR BY BOTH THE ENTIRE HOUSE AND SENATE - OUR ASSOCIATION WAS INTRODUCED BY SENATOR IRIS MARTINEZ. CHAIRMAN OF SENATE LICENSED ACTIVITIES AND PENSIONS COMMITTEE AND STATE REPRESENTATIVE JAMIE ANDRADE





(LEFT TO RIGHT) IANA PRESIDENT ROSE SLOWIKOWSKI AND SENATOR IRIS MARTINEZ POSE WITH CRNAS AND SRNAS IN THE SENATE GALLERY

Milikin University

AND DECATUR MEMORIAL HOSPITAL NURSE ANESTHETIST PROGRAM



raduation was held on December 10, 2018 for the Class of 2017. Eleven RNAIs were awarded the Doctor of Nursing Practice (DNP) degree by Millikin University and the Certificate of Nurse Anesthesia by Decatur Memorial Hospital. Prior to the Millikin University graduation ceremony, the School of Nursing held its' Graduate Celebration honoring graduate nursing students. The following awards were presented during the Celebration: the Ethel Lebkuecher Clinical Mastery Award to Kaitlyn Rupert and the Betty Horton Leadership Award to Sarah Reising. The Class of 2017 presented the Robert F. Waldvogel Teaching Excellence Award to Katie White and Dr. J. Mark Moore. Class members include: Bridget Estes, Clay Gregory, David Frazier, Kaitlyn Rupert, Carrie Rigsby, Shruthi Thopiah, Kristen Echkart, Mary Chierek, Sarah Reising, Amber Smith, and Sarah Sieg. Nine of the cohort can call themselves CRNAs, having taken and passed the National Certification Examination. As can be imagined, celebration is in over-the-top this month! The remaining two are diligently preparing to take the exam. All have employment agreements in place and are anxious to reclaim their "pre-program" days.

The third-year RNAIs have completed the didactic coursework, with the exception of their DNP Project, are engrained in clinical responsibilities. Affiliate experiences will begin

fully in February for this group. Memorial Medical Center, Springfield joined our program as a clinical site in Spring of 2017. Our Program is fortunate and thankful the involvement in and education provided by the anesthesia staff at our affiliate rotations.

Our second-year RNAIs are immersed in didactic coursework and are beginning work on their DNP Projects. Their clinical experiences will begin in June. In mid-January, we welcomed fourteen members to our program as the Class of 2020. The clinical case conference for January hosted a "mixer" allowing all three classes to meet in fellowship and exchange interesting stories. We also celebrated the awarding of the Carolyn Maroney Memorial Scholarship Award by Dr. Jon Jacoby, our medical director to Jessica Ewalt, RNAI.

In faculty news, the Program saw several faculty retirements and position changes during the past year. The most notable occurred in the Assistant CRNA Program Director position. Dr. Dana Flatley assumed the Assistant Director duties when Dr. Lori Stone accepted a part-time clinical position at Decatur Memorial Hospital. Dr. Stone continues to support the nurse anesthesia program through clinical instructorship and lectures. Dr. Flatley has been very enthusiastic in adjusting to her new role.

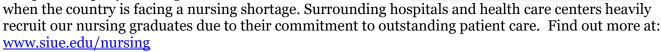
EDWARDSVILLE

Periodically, the School of Nursing at Southern Illinois University Edwardsville may have various openings throughout the year for various full-time, non-tenure, academic year term instructor appointments and part-time, non-tenure, semester term appointments in major teaching responsibilities in graduate programs in the area of Nurse Anesthesia. School of Nursing is CCNE accredited though 2018 and the Anesthesia program is accredited by COA through 2020.

The SIUE School of Nursing offers a diverse, vibrant, supportive environment. Students learn excellence in nursing leadership through:

- innovative teaching
- quality research
- community service
- · compassionate care in this diverse & complex world

Our fully accredited programs prepare students for a fast-paced, rapidly evolving career in health care at a time



Candidates for these positions must have a Master's degree in Nursing, doctorate is preferred. Doctorate (PhD, EdD, DNS, DNSc, DNP) is required for any graduate faculty position. Teaching experience is preferred, but not required. Practice experience required in the specialty area being applied for. RN licensure in Illinois and Missouri is required.

Salary will commensurate with training and experience. Positions are 9-month, academic term with appointment percentage varying based on number of courses taught.

To apply, please submit a letter of application, resume, academic transcripts, and a list of three professional references as a single PDF to: Kevin Stein, kstein@siue.edu Applications will be accepted throughout the year and will continue to be reviewed based on position availability. Applicants will be subject to a background check prior to an offer of employment.



SIUE is a nationally recognized university that provides students with a high-quality, affordable education that prepares them for successful careers and lives of purpose. Situated on 2,660 acres of beautiful woodland atop the bluffs overlooking the natural beauty of the Mississippi River's rich bottomland and only a short drive from downtown St. Louis, the SIUE campus is home to a diverse workforce of more than 2,500 individuals coming together to serve our students and the region.

SIUE is an Equal Opportunity Employer committed to an inclusive and diverse workforce. We will not discriminate against any person on the basis of race, national origin, religion, disability, age, marital status, sex, sexual orientation or veteran's status. We encourage applications from women, minorities, protected veterans and people with disabilities.



Northshore University Healthsystem

School of Nurse Anesthesia

orthShore School of Nurse Anesthesia provides an integrated 36 month DNP curriculum with DePaul University. We are in our 93rd year and growing, with out program supporting up to 75 full time nurse anesthesia trainees (NAT). Our 3rd DNP cohort is graduating in August 2018, and the Class of 2021 will matriculate in September 2018.

NATs spend year one immersed in didactic coursework, and begin clinical residency in December of year two. Throughout clinical residency NAT return to campus twice monthly for didactic coursework, simulation training, student—run seminar clubs, and during year three, quarterly simulated crisis management. We invite you to join us for these free monthly seminar clubs! They are preapproved for NBCRNA Class A CE credit. Anesthesia topics are presented by 3rd year NAT.

NAT begin the DNP Project exploration early in the program. During year three, NAT present their preliminary DNP Project work in January, and disseminate their DNP Project findings at an all-day research conference at NorthShore Evanston Hospital in June. DNP Project posters are presented at the Grace Peterson Research Day at DePaul University in August.

NorthShore utilizes 16 clinical sites for anesthesia residency, including our newest partner, Ann & Robert Lurie Children's Hospital of Chicago. Many clinical sites provide a setting for DNP Projects, and as a result, students and clinical instructors

IN SEPTEMBER 2017, PROGRAM DIRECTOR PAMELA SCHWARTZ DNP, CRNA AND ASSISTANT DIRECTOR KAREN KAPANKE DNP, CRNA, AND NAT ANDREW CHRIST, ANDREA HOLYSZKO AND TAYLOR HULL, AND DAVID VELASCO ATTENDED THE AANA CONGRESS IN SEATTLE. ANDREW CHRIST, PARTICIPATED IN THE AANA COLLEGE BOWL. 17 NORTHSHORE/RAVENSWOOD ALUMNI, FACULTY, STUDENTS AND IANA FRIENDS JOINED TOGETHER FOR A CELEBRATORY DINNER FOLLOWING THE COLLEGE BOWL.

work cooperatively to develop evidence–based changes in their practice. Clinical site research partners have included NorthShore University HealthSystem, University of Illinois Hospital and Health Sciences System, and Advocate Christ Medical Center.

The School continues to sponsor 3 surgical mission trips per year to Holy Family Surgery Center in Honduras. Nurse Anesthesia Faculty, Bernadette Roche EdD, CRNA, and Karen Kapanke DNP, CRNA along with several 3rd year NAT provide anesthesia for a variety of surgical procedures in a rural, mountain setting.

On August 25, 2017, 20 doctorally prepared nurse anesthetists graduated from the School of Nurse Anesthesia. A ceremony was held at Evanston Hospital in Frank Auditorium, and attended by over 200 family members, friends, faculty, and many alumni. Jennifer Kudirka received the Agatha Hodgins Award for Outstanding Graduate, Andrew Gause received the Ravenswood Caring Award, and Dulcie Schippa received the Dream Award. Graduates selected Akram Abdoue, MD and Danielle Nakhshin MS, CRNA as Clinical Instructors of the Year, recognized for their clinical and teaching expertise.

On January 27th, 2018 the School held a Clinical Instructor Workshop for CRNA instructors. 41 of our clinical faculty participated in the workshop which included lectures, break-out sessions, and a luncheon. Participants received 5 Class A CE.





FRONT ROW (SEATED) JENNIFER KUDIRKA, CLAR SARANGAY, PAULINE TSELONIS, KIM HOMA, JACKIE KUHN, AMBER MUHLHAN, NICOLE ZEPPO & ALYSE VORONOV • BACK ROW (STANDING) ANDREW GAUSE, DULCIE SCHIPPA, LAURA MAJEWSKI, AMBER LINDSAY, ALISON KARMANIAN, KELLY LANNERT, ELISA RUE, ANGIE MEYER, RACHEL FERRAL, RACHEL KOZLOWSKI, ZAIN REHMAN & STEPHEN REIMERS.





2018 Fall Confernce October 27-28, 2018

Northwestern Memorial Hospital

SIUE Alumni, Clinical Preceptors, Current, & Prospective Students:



SIUE DIRECTOR

Greetings! We hope this letter finds you well and trust that you enjoyed the holidays and are diving into 2018 with recharged energy.

e would like to give you an update of the great things that continue to happen at SIUE. We have now fully transitioned to the Nurse Anesthesia Doctor of Nursing Practice (DNP) curriculum. The doctoral program at SIUE provides additional education in evidence-based practice, quality improvement, leadership, and policy advocacy, among other key areas. With the ever-evolving landscape of the healthcare system, training CRNAs for interdisciplinary leadership roles within our hospitals and hospital systems, along with educating CRNAs to become active participants in the healthcare policy debate, is needed now more than ever. Because of the evolving needs of our communities and health systems, SIUE has continued to see a strong interest in our programs.

To support our transition to the doctoral degree for entry into practice, two of our faculty members obtained their doctorates this fall. Following completion of their degrees, Dr. Kevin Stein was promoted to Program Director and Dr. Michelle Ertel was promoted to Assistant Program Director. Dr. Andy Griffin continues oversight of the nurse anesthesia program in his new role as the Assistant Dean of Graduate Programs in the School of Nursing. Dr. Collier was also promoted from instructor to Clinical Liaison.

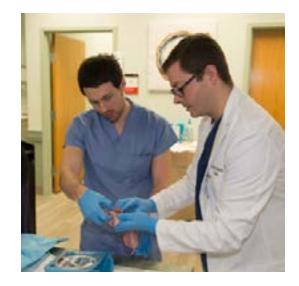
With the transition to the DNP, we are also putting more instructors in place to assist our students toward their goals. Two CRNA educators recently joined our team; Adam Schneider and Joe Grazaitis. Their expertise in acute and chronic pain management paired with the clinical opportunities our students receive will produce graduates who are leaders in pain management. You will have the opportunity to meet Schneider and Grazaitis at the IANA Spring Meeting where they will be helping lead the hands-on component of the ultrasound guided regional anesthesia workshop. To continue to serve our students, we are also currently seeking one additional doctorally prepared faculty member. Applicants with experience in education is preferred.

We are proud to announce that Dr. Stein received recognition by the Illinois Nurses Foundation as a 40 under 40 Emerging Nurse Leader. The award is designed to recognize nurses in Illinois who demonstrate exemplary professional practice along with community engagement and/or advocacy on behalf of the profession and those we serve. Dr. Ertel received the President's Medal during the Middle Tennessee School of Anesthesia graduation ceremony held November 17. She was nominated for this award based on the potential of her doctoral work to impact nurse anesthesia practice. Her scholarly work, entitled Ventilation Monitoring Outside the Operating Room, contributes to current knowledge in the field and has the potential to advance patient care and safety.

We are looking forward to graduating our first doctorally prepared nurse anesthesia cohort this Spring. In preparation, they are working very hard to complete their DNP projects. Our students are currently working on quality improvement projects and implementing clinical protocols, among others. The work our doctoral students have done in collaboration with our clinical affiliates has already begun to impact clinical practice at these sites. The students will be presenting their projects to the underclassman and SIUE faculty this spring.

Our third-year students are also working hard to prepare for the NCE. With 95% of the class testing above the 50th percentile on their SEE, we anticipate another strong year in board pass rates. This is a testament to not only the high level of instruction our faculty members and clinical preceptors strive to deliver, but also the dedication and determination of our students. We are very proud of the accomplishments of our class of 2018 and are excited for them as they transition from student to novice practitioners.

SIUE continues to add clinical affiliate partners to provide rich clinical experiences for our nurse anesthesia students. Our latest additions include Alton Memorial Hospital, Baptist Health, Christian Hospital, Heartland Regional, and Memorial East Hospital.



Our program provides a diverse clinical experience to our students at 35 clinical facilities including hospitals, surgery centers, and officebased anesthesia locations.

The Center for Simulated Learning at SIUE provides our students access to practice clinical skills in a safe environment. Students are utilizing ultrasound to practice peripheral nerve blocks and vascular access. Video laryngoscopy, fiber optic scopes, needle cricothyrotomy simulation, and difficult airway mannequins are utilized to teach

difficult airway management.

Kaitlyn Brown is our new student representative to the IANA. She and others will soon be participating in the mid-year assembly in Washington DC. Additionally, several of our students were also in attendance at the IANA Lobby Day in Springfield.

The passion, innovation, and enthusiasm of our program faculty, clinical coordinators, and alumni have positioned SIUE to be a national leader in nurse anesthesia education. Producing

top notch practitioners through a diverse and high level educational experience is our top priority. Gifts made through the SIUE Foundation help meet the needs of the Nurse Anesthesia Program and provide our students with additional opportunities. We welcome the opportunity to discuss how your gift can impact our program and our students.

Respectfully,

Dr. Stein and Dr. Ertel

REPORT ON IANA PHILANTHROPY

By Susan Krawczyk DNP, APRN, CRNA; IANA Region 7 Director

"If you want to lift yourself up, lift up someone else."

-BOOKER T. WASHINGTON

Giving is an ancient impulse. Greek philosopher, Plato donated his farm to support his students in 347 B.C. (Zinsmeister, nd). Not only is the act of giving ancient, it's a shared impulse among people of various standings. People with little to give, unselfishly give to those in need (Zinsmeister, nd).

Philanthropy, the desire to promote the welfare of others, improves the quality and meaning of life for both the recipient and the donor. In a 2008 study examining the effects of income on happiness, Dunn, Aknin, and Norton found "how" a participant spends their money may be equally important as how much they earn. Additionally, the researchers found that participants who spent money on others reported greater

Thank you to the following donors for making this philanthropic effort a success.

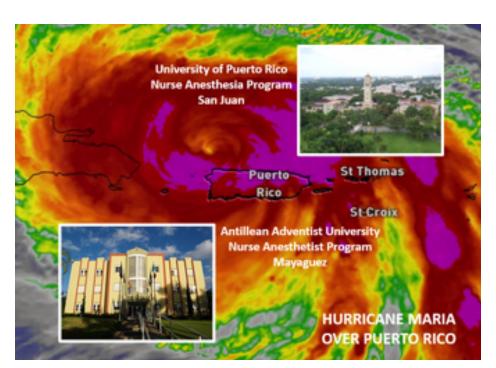
Anonymous
Michael Almeida
Kaitlyn Brown
Barbara Burke
Jon Gestl
Jennifer Greenwood
Susan Krawczyk
Wally Krawczyk
Kathleen McLaughlin
Janice Migon
Bernadette Roche
Christine Salvator
Angela Vo
Cathy Whitsell

Let's keep the "giving" momentum going. Consider how you can help with our future endeavors and answer the call to be part of Students Helping Students. happiness than those who spent money on themselves. There are numerous studies that support this

In 2017, the Illinois Association of Nurse Anesthetists (IANA) embarked on an initiative to incorporate philanthropy into the organization. The Students Helping Students campaign was aimed at providing support to the SRNAs in Puerto Rico who were affected by hurricane Maria.

Organized and sponsored by the IANA, the IANA student representatives [Amber Bouton (Rush University), Kaitlyn Brown (Southern Illinois University – Edwardsville), Stefanie Glasgow (Northshore University Health System), Devon Little (Millikin

University), and Robert Marsh (Rosalind Franklin University)] were called upon to engage their fellow class mates to post notifications of the fundraiser at their clinical sites, as well as push the initiative in their social media feeds. In less than 30 days, the Students Helping Students campaign raised approximately \$1,200.00. The total was divided between two schools in Puerto Rico: The Antillean Adventist University Nurse Anesthesia Program and the University of Puerto Rico, School of Nursing - Nurse Anesthesia Program. To lend further encouragement to the students, Robert Marsh (Rosalind Franklin University) gathered inspirational messages from his classmates on greeting cards, which were sent with the donations.



REFERENCES

Dunn, E.W., Aknin, L.B., Norton, M.I. (2009). Spending Money on Others Promotes Happiness; Science 21 Mar 2008: 1687-1688; Zinsmeister, K. (Retreived on February 21, 2018). Big-Picture Benefits of Philanthropy: How Philanthropy Fuels American Success, Part V. Online at www.philanthropyroundtable.org.



Advocacy

The Illinois Association of Nurse Anesthetist is looking for CRNA's interested in participating on committees. We fully anticipate the Illinois Society of Anesthesiologist to actively pursue licensure of Anesthesiologist Assistants in Illinois. To combat this, we need your help. The success of our state association in defeating AA licensure is dependent on the volunteer participation from CRNA's and SRNA's. Additionally, we cannot expect to obtain legislation granting

PUBLIC RELATIONS

The Public Relations committee is looking for individuals who are savvy with social media and/or individuals with knowledge or interest in: Social Media (i.e. facebook, twitter, Instagram, etc for marketing and engagement)

full practice authority without the help of our members!

Ultimately, this committee will utilize various electronic, print, and social media outlets to engage members and promote our profession.

STATE GOVERNMENT RELATIONS/PAC

The State Government Relations/PAC committee supports the development of relationships with Illinois state legislators that effect CRNA practice within the Illinois General Assembly. The state government relations and PAC committee work closely together to strengthen the voice of our profession within Illinois. Funded entirely by voluntary contribution of CRNA's, the IL CRNA PAC makes contributions to Illinois representatives that support our profession.

FEDERAL POLITICAL RELATIONS

The Federal Political Relations committee works with Federal Political Directors of IL to develop relationships with Illinois federal legislatures in Washington D.C. The Federal Political Relations committee works closely with the AANA Government Relations and AANA PAC committee to maintain relationships with federal congressional representatives and senators that support our profession.



The IANA is seeking nominations for the November (or whatever it is) election to the Board of Directors as a region director. This year, Regions 1, 3, 5 and 7 are open for new region directors. If you know of a motivated and eager CRNA who would be an asset to our state association, please forward their name and contact information to Pam Schwartz, CRNA, DNP at ptakaki@comcast. net. As a region director you will serve a two year term and be expected to attend the spring and fall meetings, participate in a committee within the IANA, visit your legislator, collaborate on the agenda of the executive board, and conduct one regional meeting per year with your constituents. The future of CRNAs and the IANA is bright and we would like to engage you in that vision. Consent forms are located at www.ilcrna.com and are due May 31, 2018,



Illinois Association of Nurse Anesthetists

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