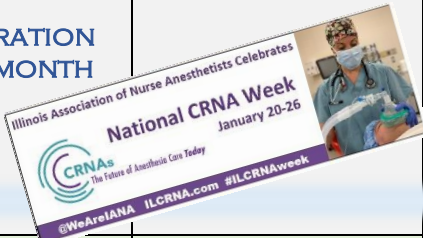


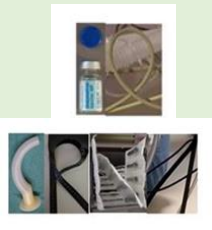


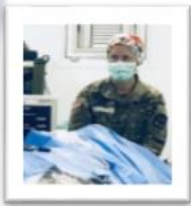




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>IL CRNA WEEK CELEBRATION – ALL MONTH LONG</p> 		<p>1 IANA billboard up on I294, just south of O'Hare airport, featuring IL CRNA, Deana Giacalone</p>	<p>2</p> 	<p>3 IANA sends press releases to IL media outlets</p>	<p>4 IANA sends New Year greeting cards to your IL legislators</p>	<p>5</p> 
EVERY BREATH: IL CRNAs MAKING OUR NAMES KNOWN						
<p>6</p> 	<p>7 - CONTEST All members: Create an "IL CRNA" word art from things in the OR: equipment, signs, drug vials (don't waste) Post on SM with #ILCRNAWEEK #CRNAWEEK</p>	<p>8 All members: Email, tweet, FB message your legislators & direct their attention to our CRNA week activities or website</p>	<p>9 - CONTEST CRNA members: post a pic or a 15 second video telling your friends, family, legislators "I'm a CRNA & I work here [tell us where you work]." #ILCRNAWEEK #CRNAWEEK</p>	<p>10</p>  <p>CRNA Jennifer 2018</p>	<p>11</p> <p>Greenwood's entry</p>	<p>12 - CONTEST SRNAs members: post a 15 second video or pic with "I'm an SRNA at [school name] & I'm (proud to be) learning [spinals, research, intubations, advocacy, etc]" #ILCRNAWEEK #CRNAWEEK</p>
EVERY BEAT: IL CRNAs DON'T SKIP A BEAT PUTTING A FACE TO OUR NAME						
<p>13 Host a fundraiser: SRNA, Jake Turner hosted one last July</p> 	<p>14 - CONTEST All members: show us how you serve: military, volunteer, mission work, spiritual service. Post a pic or 15 second video telling how CRNAs & SRNAs serve others. #ILCRNAWEEK #CRNAWEEK</p>	<p>15 Give an in-service at work. Teach off-site staff positioning techniques or sedation of a patient with OSA .</p>	<p>16</p> 	<p>17 Volunteer to give a career talk and/or an airway demonstration at your alma mater nursing school or high school</p>	<p>18 Food donations dwindle after the holidays. Conduct a food collection for a local pantry with your CRNA group</p>	<p>19 Military Service US Army Reservist, Jennifer Banek</p> 
EVERY SECOND: IL CRNAs SHOWING OUR VALUE IN A VARIETY OF SETTINGS						
<p>20</p>	<p>21 Are you celebrating CRNA week? Show us how you celebrate. #ILCRNAWEEK #CRNAWEEK</p>	<p>22</p> 	<p>23 Send thank you's to all who helped you celebrate - post your TYs with #ILCRNAWEEK</p>	<p>24</p>	<p>25 Contests end at noon today - get your entries posted</p>	<p>26</p> 
HERE WE ARE - HAPPY CRNA WEEK - ENJOY EVERYTHING						

CONTEST RULES

There are 4 individual contests: IL CRNA Word Art, CRNA Message, SRNA Message, and Acts of Service


For each contest, each original entry = one entry for a chance to win; you may enter more than once

An original entry = a picture or video capturing the essence of the contest; must use #ILCRNAweek

Group entries will be counted as one entry

All contest end on January 25, 2019 at noon. Winners will be randomly selected from eligible entries and will be announced shortly after.

Each winner will receive a prize of a \$100.00 money card & IANA swag; group entries will receive one prize

 Please like and share with your friends and families...and legislators.

The suggested activities and contests that have been planned are intended to identify and promote the well-rounded professionals that make up the Illinois Association of Nurse Anesthetists. CRNAs in Illinois are not only valuable health care professionals; we are assets to Illinois with a wide variety of additional skills and interests. This is our platform & a great opportunity to promote all that we contribute to society.

Have fun, be creative & as always, show your professionalism – enjoy everything.

Please submit questions, concern, suggestions to the IANA PR Committee at www.ILCRNA.com