

Build Your Own Vegetable Garden

This Vegetable Garden Fine Motor Activity is a fun way to teach children about gardening, healthy eating, counting, and more. All while they develop fine motor skills and language at the same time.

What you need:

- An empty tissue box
- 18 craft/popsicle sticks
- Green & brown paint or green & brown construction paper (to decorate the tissue box)
- Green, orange, yellow, red and purple paint or markers to colour the craft/popsicle sticks.
- Glue
- Printable template - found [here](#)
- Optional – laminator and laminating sheets
- *Adult use only* - knife or scissors



What to do:

1. Print your copy of the template
2. Paint the craft/popsicle sticks – green to match the broccoli and peas, orange to match the carrots, yellow to match the corn, red to match the tomatoes and purple to match the radish. You can also paint the bottom of the tissue box brown and paint the sides green if you are not using construction paper.
3. Cut out the individual vegetables and flowers. *Optional – laminate the page first.
4. If you're not using a coloured printer, have little ones colour in the individual flowers and vegetables (to match the craft/popsicle sticks.)
5. Glue the vegetables to the corresponding craft/popsicle sticks. Glue the green construction paper to the sides of the tissue box. Glue brown construction paper to the bottom of the tissue box.
6. Have little ones glue the flowers onto the construction paper.
7. *Adult use only* - using a knife or scissors cut 18 strips/holes into the bottom of the tissue box.
8. Get planting! Have little ones take a craft/popsicle stick and "plant" their veggie into the garden.

Questions to ask while planting:

- What colour is this vegetable? How many vegetables have you planted today?
- Have you ever eaten this before? Anyone in your family like this vegetable?
- Do you think this is a big vegetable or a small one? Is this vegetable long or round?
- Do you think this is a crunchy vegetable or is it soft? Can you squish this vegetable or is it a hard vegetable?

weewatch.com

