



Wee Play & Learn



Wee Learners (4 - 5 years): Group Games and Activities

Three-Legged Race

What to do:

This activity is better done outside in your backyard or a park with a field.

1. Either you and your child can be partners, or if your child has friends over, they can become partners.
2. Tie a tie, cloth, or rope to the inner ankles of both people.
3. Ask the children to put their arms around each other, and start walking or running to the other end of the backyard or field.
4. You can play this game in groups, you can time how long it takes to reach the other end.



Freeze Tag

What to do:

This activity should be played outdoors.

1. Out of the group of children, choose someone that is going to be 'it.'
2. Once you have chosen the person, ask the children to run around in the backyard or the field.
3. If the person that is 'it' touches another child, that child must stand still (or freeze) until another child comes and touches them to unfreeze them.
4. Give an opportunity to all children to be 'it.'
5. Variation: once a child is touched and they are unfrozen, they can be the next person that is 'it.'



Group games and activities promote socialization and teamwork. Children are learning how to problem solve and play as a team. Group games and activities give a sense of belonging to the children because they are a part of a team.

