



Wee Play & Learn



Wee Learners (4 - 5 years): Rainbow Salt Letters

A fun way for children to practice writing or pre-writing, pattern making, early letter formation and name writing. This fun sensory activity will also develop fine motor skills and coordination!

What You Need:

- Construction paper of all rainbow colours
- Clear tape
- Cookie sheet or another small tray
- Salt
- Paint brush
- Cards/markers



What to do:

1. Cut strips of construction paper about 2.5 inches thick in red, orange, yellow, green, blue, and purple
2. Line them up just slightly overlapping and tape them together with clear tape
3. Flip the taped pieces over so that the tape side is on the bottom and place on the baking sheet
4. Sprinkle salt on top of the rainbow paper (we used about 1/4 cup)
5. Write some simple sight words on index cards using black marker for the children to practice writing in the salt

