



Kids Can Cook

Letters, Numbers, and Counting
with Cheerios

Turn snack time into an educational activity with cheerios.

What you need:

- Your favourite Cheerios
- A clean flat surface
- Letter, number, counting templates (optional)

What to do:

1. Give children their own bowl of cheerios
2. Draw or print out letter, number or counting templates and have children place cheerios over top to “write” the letters and numbers, or count them.
3. Don’t use templates, call out numbers and letters for children to “write” using cheerios.
4. For older children, call out short words for the children to spell using their cheerios.

