



Wee Play & Learn

Wee Beginners (0-18 months): Rainbow Goop



Messy play is important for young children, giving them endless ways to develop and learn. Sensory play helps children develop and improve their gross and fine motor skills, co-ordination and concentration. Also they work cooperatively and collaboratively, using all their senses to discover and explore their environment, and develop their imagination, creative thinking and ability to problem solve and experiment with solutions.

What you need:

- 1 box of cornstarch
- Food colourings
- Water
- Cookie tray
- Measuring cup



What to do:

- Pour the cornstarch in a bowl and **very slowly** add 1/2 cup to 1 cup of water, stirring as you go.
- Add the different colours one at a time.

<http://onetimethrough.com/simple-sensory-activities-15-minutes/>

