



Wee Mentors (6+ years): How to Teach & Support Different Learning Styles

There are three main types of learning styles – visual, auditory and kinesthetic. It's important to know how to recognise a child's learning styles and know how to support learning for each type.

Visual Learners. Visual learners need to associate ideas, concepts, data and other information with images and techniques.

How to identify:

- Observes rather than talking or acting
- Not very distractible
- Notices details
- Memorizes by seeing graphics or pictures
- Struggles with verbal instructions

Supporting Strategies

- Include meaningful visual aids to support your verbal instructions
- Use colors to cue important information
- Encourage note taking

Learning Strategies

- Recopy notes while studying. This can be done several times if necessary.
- Visualise the information or how to solve a problem
- Look at the words, visualise the words in your mind, repeat them to yourself.

Auditory Learners

Auditory learning is a learning style in which a person learns through listening. Auditory learners need to hear what is being said to understand and may have difficulty with written instructions.

How to identify:

- Talks to self
- Easily distracted
- Enjoys being read to or listening to audio books
- Struggles with written instructions
- Likes to talk

Supporting Strategies

- Use good expression when speaking- don't be monotonous!
- Have your child repeat important information
- Presentations or assignments need to 'catchy'



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Learning Strategies

- Have them repeat facts or information aloud while studying
- Have them explain information to others after learning the facts
- Brainstorm or study aloud with others
- Have your child say words inside their head to remember them

Kinesthetic Learners

Kinesthetic (also called Tactile) Learning is a learning style in which learning takes place by the student carrying out a physical activity, rather than listening to a lecture or watching a demonstration.

How to identify:

- Frequently in motion- shaking legs, drumming fingers, etc.
- Often touches people while talking
- Enjoys solving problems by physically working through them
- Will try new things, is very outgoing

Supporting Strategies

- Provide frequent movement breaks
- Incorporate role play
- Use models and real objects for visual aids

Learning Strategies

- Have them take frequent breaks when studying to get up and move around
- Let them pace back and forth while studying
- Eliminate distracting objects or environment
- Ask them to draw information while learning it

It is highly encouraged to incorporate methods that will benefit each type of learner. You will find that your child will be more comfortable in completing their homework if they have an opportunity to try various teaching or learning strategies.

<https://bit.ly/2PSUTQO>