

Wee Play & Learn



Wee Beginners (0-18 months): Winter in a Bag (kinesthetic learning)

What You Need:

- Ziploc bags (medium size)
- Cotton balls
- White pom poms
- Tape
- Glitter
- Paint (red or green)
- Hair gel
- Sparkles or sequence



What To Do:

1. For winter theme sensory bag – fill the bag with clear hair gel and put pom poms and cotton balls in the bag.
2. Tape around the whole ziploc bag to avoid any leaks or tears
3. For holiday theme sensory bag – fill the bag with red or green paint. Add sparkles or sequence.
4. Tape around the whole zip lock bag
5. Place the sensory bags on the high chair table, or on the floor when they are having tummy time

You can add many more items in the sensory bag: ice, coloured water, marshmallow, etc.

Source: <https://bit.ly/2Prn9NP>