



Wee Learners(4 - 5 years): Gingerbread Salt Tray Letter Writing (Visual & Kinesthetic Learning)

What You Need:

- Plastic or tin foil tray (you can get them at the Dollar Store)
- 2 cups Salt
- 2 tsp ginger
- 3 tsp cinnamon
- 2 tsp nutmeg
- 2 tsp allspice
- Large Ziploc bag
- Pictures of the alphabet (capital and lower case)
- Popsicle stick or candy cane to trace/draw letters



What To Do:

1. Mix salt with spices in Ziploc bag, enough to add a scent and colour to the salt,
2. Give your child a tray and fill the tray with salt, enough that the whole tray is covered,
3. Print out the alphabets and have them ready,
4. Start off by asking your child what letter their name starts with. Once they can master the letter, then you can ask them to spell and write out their whole name one letter at a time.
5. You can play a simple three letter spelling game that they can write – cat, bat, rat, etc.
6. Once they are comfortable writing in capital letters, you can introduce lower case alphabets.
7. You can extend this activity by asking them to write the letters on paper with a pencil or crayon.