

# Wee Play & Learn



## Wee Explorers (18 months-3 years): Vegetable Stamping



### What You Need:

- Variety of fruits/vegetables like, Carrots, apples, celery, potatoes, cucumbers, green peppers
- Paint
- Paper plates/Tin foil plates
- Newsprint or Construction paper



### What To Do:

1. Cut each vegetable in half or in quarters, celery hearts make nice flower shapes!
2. Put out various colour paints on plates (paper or tin foil)
3. Let your toddler explore and create art by dipping the vegetable in the paint and then stamping on paper.
4. You can extend this art by providing various canvases for your toddler, such as aluminum foil, bubble wrap, etc. You can also use the stamped paper as a gift wrap.

<https://craftulate.com/vegetable-stamping/>