



## Kids Can Cook

### Banana Yogurt Jam Wrap Up!

Eating healthier is the number one New Years resolution, but that doesn't mean time consuming snacks and meals. Try this Banana Yogurt Jam Wrap up for a quick breakfast or snack, simple to make and kids can even help!

#### Ingredients (per wrap):

- 2 tbsp. greek yogurt
- 1 tbsp. strawberry jam
- 1 whole wheat tortilla
- 1 small banana



#### Directions:

1. In a small bowl, mix together yogurt and jam.
2. Spread mixture evenly over tortilla.
3. Place banana along the edge of the tortilla and roll up.
4. Cut the wrap in half and serve.

<https://bit.ly/2KZ6ZWX>