

Mummy Wrap Race

This activity will build and encourage teamwork. Children will work together and cheer each other as they try to win the race. The 'mummy' will be using their gross motor skills to walk/run as fast as they can so that they can win for their team, and the other team members will be problem solving on how to wrap their 'mummy' so that it's not hard for him/her to walk/run and so that the wrapping doesn't come undone.



What you need:

- Few rolls of toilet paper (3-4 for each team)

What to do:

1. Mark the start and finish line before the race begins
2. Split the children into two groups and give each group 3-4 rolls of toilet paper
3. Get the children to choose a 'mummy' in their group that they will need to wrap, once they have chosen the person get them to wrap toilet paper around that person to make them look like a mummy. Let them know that eyes, nose, and feet should not be wrapped.
4. Once they are finished, let them know that the objective of the game is for the 'mummy' to run/walk from the starting line to the finish line without tearing any of the toilet paper
5. The first 'mummy' to go to the finish line wins for the team
6. If you have enough toilet paper, have each child take turns being the 'mummy' – and ask questions about their process such as: what would they do differently, what worked and did not work the last time, how easy or hard was it to walk/run and why, etc. This will help the children to reflect on their process and continue to problem solve to help them win!

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