



# Wee Learn

Wee Experts  
(5 – 6 years):  
Benefits of Giving  
Children Chores



## Why Giving Children Chores Can Be Good for Them

The small tasks your 5-year-old can do around the house may not seem like much, but they can teach your child valuable lessons that will last into his preteen years and beyond. By the time your grade-schooler is 9 or 10-years-old, he can make significant contributions to household tasks. Some examples of the ways chores can benefit children:

**Giving children chores can build self-esteem.** Getting a chore done and doing it well can give your child a major sense of accomplishment. It also encourages independence because he's doing a good job by himself.

**Giving children chores can teach the importance of completing an assigned job.** This will become more useful as your child gets older and has more responsibilities at school and at home.

**Giving children chores can emphasize the value of keeping things clean and organized.** It's easier to find things—and think clearly—when your environment is less cluttered. Getting your child into the habit of regularly picking up after herself is a great way to not only build a good routine that will benefit her for the rest of her life, but will help you keep cut out the chaos in your house and make it more organized and peaceful.

**Giving kids chores can set a pattern of helping around the house.** Once you get your child into the household chore habit, it'll become a part of his life that will continue into the teen years and beyond.

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