

Baked Apple Slices

Apple season is here and what could be better than warm baked apple slices!

What you need:

- 3 Apples cored, cut into 1/4 inch slices
- 1 tbsp. unsalted butter
- 2 tbsp. honey or maple syrup
- 1 tbsp. cornstarch
- 1 tsp. cinnamon
- 1/8 tsp. ground cloves
- 1/8 tsp. salt
- 1 tbsp. fresh apple juice or water
- vanilla ice cream or whip cream for serving



What to do

1. Core and peel the apples (if you decide to). Preheat the oven to 350°F (180°C).
2. Slice the apples into thin 1/4 inch slices.
3. Melt the butter, add the apple slices, then sprinkle with the spices, cornstarch, and honey. Toss so that the apple slices are evenly coated.
4. Transfer to a ceramic baking dish, and bake for 30 minutes or until the apples are fork-tender but not mushy.
5. Serve warm with vanilla ice cream, whipped cream, or vanilla custard.

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