

Snow Obstacle Course

How about a snow obstacle course to keep everyone moving and entertained? A snow obstacle course is the perfect addition to winter fun—quick to set up, super fun and guaranteed to tire the children out fast! What we're using is just a suggestion—feel free to adapt the course with whatever you have on hand, like sleds, snow mounds, or even just a clear path to run through.

What you need:

- 2 sleds
- Wood plank wide enough to walk across
- Hula hoop
- Cones
- A Tupperware container/bucket
- A pool noodle
- Snowballs (or a ball)



What to do:

1. Sleigh ride down the hill
2. Make a snow angel – hop off the sled, drop down and make a snow angel
3. Walk over the balance beam (wooden plank)
4. Throw a snowball through the hula hoop (make sure you have snowballs or any type of ball ready to go)
5. Crawl through the hula hoop
6. Maneuver around the cones (or jump over them for example.)
7. Pack snow into a container and create a snow castle
8. Crawl to the pool noodle
9. Jump over a pool noodle "hurdle"
10. Pull the second sled across the finish line!

Activity extensions:

- Snow Jumping: Add small snow mounds or soft snow piles that toddlers can hop over or jump onto. This helps with balance and coordination.
- Snow Crawling: Set up tunnels made from piles of snow or a low snow arch for toddlers to crawl through. Crawling helps develop upper body strength. (If there is not enough snow, set up chairs for little ones to crawl under)

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