



Wee Play & Learn

Wee Beginners
(0-18 months):
Spaghetti Play



What You Need:

- Box of spaghetti, cooked
- Food Colouring (optional)
- Ziploc bags or bowls



What To Do:

1. Cook spaghetti 3-4 minutes longer than what is instructed on the package.
2. Drain the spaghetti and rinse in cold water separating the strands.
3. Divide spaghetti into 3 or 4 bowls or ziploc bags.
4. Add 2-3 drops of food colouring (no more) to each bowl/bag and mix with spaghetti.
5. Shake apart the spaghetti and wait 24 hours for the colouring to set inside the pasta (or use pasta without colouring).
6. Let your infant sit either in a high chair or on a towel on the floor and let them explore (touch, smell, taste) and have fun with the spaghetti.
7. This activity can be done indoors and outdoors.