

Routine Wheel Craft

At this age children are beginning to understand order, time, and transitions. This activity helps them visualize their routine while practicing fine motor skills, building self-awareness, and promoting independence. It also introduces early sequencing and STEAM thinking by helping them break their day into parts and understand cause-and-effect (e.g., "After snack, it's outdoor play").

What you need:

- Paper plates (or cardstock circles)
- Markers or crayons
- Glue, scissors, and stickers
- Clothespin or paper arrow (for pointing)
- Pictures (printed or drawn) of daily activities (e.g., wake up, eat, play, nap, story time, home time)



What to do:

1. Divide the plate into 4-6 sections like a pie chart.
2. Have the pictures pre-cut to fit into the sections.
3. Help the children glue down each part of their day in order.
4. Add a moveable arrow or a clothespin they can rotate to show "what's happening now."
5. Encourage the children to decorate the wheel however they like.
6. Ask reflective or imaginative questions as they build like:
 - What's your favourite part of the day?
 - What's something you want to add on to make it your dream day?
 - What if we did the day backwards and started with a nap first?

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