

Wee Play & Learn



Wee Beginners (0-18 months): Texture Crawl

What you need:

- Bubble wrap
- Plush blanket
- Cardboard
- Zip Lock bags (fill with various items - pom poms etc)



What to do:

1. Tape various textured materials onto the floor (items listed above).
2. Your infant(s) will likely discover this on their own – little ones tend to be naturally curious and observant of new things. As they explore the area, you can provide them with words to describe the textures they discover such as, scratchy, bumpy, shiny, smooth, etc.

This is a fun and creative gross motor activity for your infants to help build up their large muscles. If you have infants that are walking or learning to walk – they can also explore this with their feet (take off their socks)

Source: <https://bit.ly/3aOf11D>

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