



**LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH  
SUBSTANCE ABUSE PREVENTION AND CONTROL DIVISION**

PRESENTS

**Relapse Prevention and Healthy Coping**

<b>Date and Time:</b>	<b>Thursday, January 27, 2022 1:00pm-3:15pm</b> The training will open at 2:00pm. Please log in 10-15 minutes prior to the training to ensure your audio and visual connections are working properly.
<b>Registration Information:</b>	<b><i>Pre-Registration is Required!</i></b> <b>Register at:</b> <a href="https://lacpublichealth.webex.com/lacpublichealth/k2/j.php?MTID=t870807066f0974c68eecadac8d74381b">https://lacpublichealth.webex.com/lacpublichealth/k2/j.php?MTID=t870807066f0974c68eecadac8d74381b</a> After registration you will receive an email confirmation with your own unique link to use to log into the training (do not share this link).
<b>Who Should Attend:</b>	This live virtual training is a free introductory training and is open to including: RBH, CENS, DUI, DHS-ICMS, & DMH-HFSP staff providers including: <ul style="list-style-type: none"><li>• Psychologists</li><li>• LMFTs, LCSWs, LPCCs</li><li>• Registered and Certified Substance Use Disorder Treatment Counselors</li></ul>
<b>Training Description and Core Clinical Components:</b>	This live virtual training is designed for specialty providers, which will focus on information of substance use disorders. The presentation will focus on general education meant to inform the staff about the characteristics and multiple presentations of relapse. The presentation will focus on healthy coping skills including hands-on activities to engage the participants in the process of the decision-making model with regards to the consequences to using substances.  This educational session is meant as a resource for participants to utilize when working with adults who are considered at risk of substance use disorders. Participants will be able to identify appropriate resources within the LA County Substance Abuse Prevention and Control's Substance Use Disorder's Continuum of Care.  <i>Through group discussion, chat, and polls participants will be engaged throughout the training.</i>
<b>Learning Objective:</b>	At the conclusion of the training, participants will be able to: <ol style="list-style-type: none"><li>1. Describe the three (3) different states when someone returns to a stopped behavior.</li><li>2. Identify two (2) general healthy coping skills to help prevent a relapse.</li><li>3. Identify two (2) personal healthy coping skills to help prevent a relapse.</li><li>4. Develop an action plan to help prevent a relapse or minimize the impact of use.</li></ol>



<b>Trainer(s):</b>	Alyssa Cohen, Psy.D & Ka Chi Grace Wong, Ph.D SAPC's-Clinical Standards and Training (CST) Unit
<b>Continuing Education:</b>	<p>This course meets the qualifications for two (2) hours of continuing education credit/contact hours (CEs/CEHs). Los Angeles County (LAC)-Department of Public Health (DPH) Substance Abuse Prevention and Control Division (SAPC) is an approved provider of continuing education for CAODCs, SUDRCs, SUDCCs (CADTP, #181) and for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs and LAADCs (CCAPP, #4-19-316-0723), and for CATCs I/II/III/IV/V/N/i/R (CAADE CEU Provider #:CP40 989 AC 07200).</p> <p>Los Angeles County Department of Public Health, Substance Abuse Prevention and Control Division is approved by the California Psychological Association to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs and LMFTs. LAC-DPH, Substance Abuse Prevention and Control Division maintains responsibility for this program and its content.</p> <p><i>Partial credit will not be available for those participants who arrive late or leave early. Continuing education credit will be awarded within 6-8 weeks following completion of the virtual WebEx training.</i></p>
	<p><b>Instructions for Filing a Grievance Concerning Clinical Standards and Training Unit SAPC's Continuing Education Program:</b> Please contact Dr. David Hindman, CE Program Administrator, in writing at LAC-DPH SAPC 1000 S. Fremont Ave Bldg. A-9 East 3rd Fl. Box #34 Alhambra, CA 91803) or by phone (626-299-3553).</p> <p><b>Refund/Cancellation Policy:</b> While there is no fee to attend this training, notice of cancellation must be made at least 24 hours in advance of the training by contacting CST by email (<a href="mailto:sapc.cst@ph.lacounty.gov">sapc.cst@ph.lacounty.gov</a>)</p> <p>If you need a disability-related reasonable accommodation/alternative format for this event, please contact CST by e-mail (<a href="mailto:sapc.cst@ph.lacounty.gov">sapc.cst@ph.lacounty.gov</a>)</p> <p><b>There is no commercial support and no financial disclosures for this training.</b></p> <p>Please contact CST by e-mail (<a href="mailto:sapc.cst@ph.lacounty.gov">sapc.cst@ph.lacounty.gov</a>) if you have questions, concerns, special needs, or require additional information before registering for this training.</p>

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If you need a disability-related reasonable accommodation/alternative format for this event, please contact CST by e-mail ([sapc.cst@ph.lacounty.gov](mailto:sapc.cst@ph.lacounty.gov))

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