

# **HINGHAM YOUTH** **WRESTLING**

**LEARN HOW TO WRESTLE, BUILD  
STRENGTH, FLEXIBILITY AND BALANCE,  
AND MOST OF ALL HAVE FUN!**

**NO EXPERIENCE IS NECESSARY!**

**ANYBODY CAN JOIN!**

- The sessions start December 3<sup>rd</sup> and will run until sometime in March.
- Any kids from K-8th Grade
- Sessions are from 5:30-7:30 Tues, Weds and Thurs.
- Sessions will be held in the High School Wrestling room.
- Sessions will be run by Damien Bogle.
- We will entertain and challenge all skill levels.
- Registration fee is \$125.
- Please make checks out to: Hingham Youth Wrestling
- Please return the registration forms and checks to Damien Bogle, 20 Bonnie Brier Circle, Hingham, MA 02043.

**2019-2020 HINGHAM YOUTH WRESTLING CLUB**  
**REGISTRATION FORM**

**Name:**

**Weight:**

**Grade:**

**Parent/Guardian Names:**

**Address:**

**Parent/Guardian E-Mail:**

**Parent/Guardian Phone Number:**

**Parent/Guardian Cell Phone Number:**

**Parental/Guardian consent and liability release:**

**I give permission for my child to participate in the Hingham Wrestling Program. I release the coaches, the Hingham wrestling boosters, the supervisors, and all other individuals affiliated with the program from any liability associated with my child's participation.**

**Parent/Guardian signature: \_\_\_\_\_**

**Please fill out this form and send to Damien Bogle, 20 Bonnie Brier Circle, Hingham, MA 02043. If there are any questions, please contact Damien Bogle at 508-889-5201 or [hinghamyouthwrestling@gmail.com](mailto:hinghamyouthwrestling@gmail.com).**