Revised 4.28.25



Weekly Schedule



25 Armory Street, Northampton MA

MON

TUE

WED

THU

FRI

SAT

8:30 All Recovery

Meeting

10:00 Reiki (sign up required)

10:00 Activities Committee

1:00 All Recovery Meeting

2:30 Coffee Hour with Kristen

*7:00 Alcoholics Anonymous 8:30 All Recoverv

12:30 0 Sigk of I.T.

Meeting

2:00 Yarn Club

4:00 All Recovery Meeting

*6:00 Community Resource Assistance

*6:00 Nurturing Fathers **8:30**All Recovery
Meeting

10:00 Yoga for All!

1:00 Community Meeting

*6:00

Mental Health Support Group

***8:30** Marijuana Anonymous **8:30**All Recovery
Meeting

10:00 All Recovery Meeting

> 1:00 Creative Writing Group

4:30Family Support
Program

6:00 Game Night & Community Resource

Assistance

8:30 All Recovery Meeting

> 2:15 Art Hour

2:30 LGBTQ+ Creative Writing Group

> *6:30 SAA Closed Group Call ahead 413.376.5950

9:30 Al-Anon (Hybrid)

12:00
Recovery
Dharma
(ZOOM Only)
zoom.com
ID:870753875

1:30 LGBTQ+ All

GBTQ+ All Recovery Meeting

SUN

5:00 Alateen (Hybrid) zoom.com ID: 87027433360 Passcode: 123456 5:00 Al-Anon Women's (Hybrid) zoom.com ID: 3655704658 Passcode: 123456

6:30 Marijuana Anonvmous 8:00 AA Plain Language Big Book

*These groups meet at the NRC, outside of our regular hours





Special Events on the back! —





Event Details:

May Special Events

Check our Website/Instagram/Facebook for daily updates!

Cinco de Mayo!

Cinco de Mayo is a day when we celebrate Mexican Heritage & Culture.

Coffee Hour with Kristen 2:30 pm -3:30 Mondays

An open forum for educational insights and support on addiction and recovery.

Peer led.

LGBTQ+ Creative Writing Group 2:30 pm -3:30 Fridays

An NRC collaboration with the UMASS MFA Radius Project. Stretch yourself!

Family Bingo Night 4:00pm -7:00 Saturday 5/10

Play a card, have a snack, win some prizes! Fun for all, safe & sober.

Open Mic 6:00pm - 9:00 Saturday 5/17

Come jam out at Open Mic! Every third Saturday at the NRC. Early sign ups at 5:30. Instruments provided, or bring your own!

Family Movie Night
5:00pm - 7:30 Saturday 5/30
TBD

MON	TUE	WED	THU	FRI	SAT
			International, Workers, Day	2	3
5 CINCO EVENTS COMMITTEE	6	COMMUNITY MEETING 1:00 - 2:00	8	9	FAMILY BINGO NIGHT 4:00 - 7:00
EVENTS COMMITTEE 10:00 NEW MEMBER ORIENTATION 2:30PM	13	COMMUNITY MEETING 1:00 - 2:00	15	16	OPEN MIC 6-9PM
19 EVENTS COMMITTEE 10:00	20	21 COMMUNITY MEETING 1:00 - 2:00	22	23	CLOSED IN HONOR OF MEMORIAL DAY
25 CLOSED IN HONOR OF MEMORIAL DAY	26	27 COMMUNITY MEETING 1:00 - 2:00	28	29	FAMILY MOVIE NIGHT TBD STARTS AT 5:00