

remember  
celebrate  
laugh



Trauma-Informed  
HAMPSHIRE COUNTY

create  
connect  
learn

# Art in Community:



# Pathways to Healing & Joy

**Saturday, November 8, 2025**

**1-5:30 pm**

**Unitarian Universalist Society  
121 N. Pleasant St.  
Amherst, MA**

Join community artists, workers and residents, for a special gathering to celebrate our communal resilience, creativity and ability to thrive and have fun even in the face of difficult circumstances.

Artist Facilitators: Magdalena Gomez, poet, performance artist, storyteller  
Janet Aalfs, poetry in motion, martial artist  
Kathleen Bowen, Center for Biography and Art, mandala creator  
Tim Van Ness, playback theater, well-being ritual & song leader



**Sliding scale fee 0-\$35.**

**Scan QR Code to register**

Substantial snacks will be provided. Youth over 13 yrs are welcome to participate. Childcare provided upon request.



Trauma-Informed Hampshire County (TIHC) is a program of  
[HampshireTIHC.org](http://HampshireTIHC.org)

