



# WINTHROP INVITATIONAL AND MULTI FESTIVAL

Friday, April 17<sup>th</sup> - Saturday April 18<sup>th</sup>, 2026

## FRIDAY RUNNING EVENTS

Time	Event	Gender
5:00 p.m.	200 Meters	Women
5:20 p.m.	200 Meters	Men
5:40 p.m.	400 Meter Hurdles	Women
5:50 p.m.	400 Meter Hurdles	Men
6:00 p.m.	1,500 Meters	Women
6:25 p.m.	1,500 Meters	Men
6:50 p.m.	3,000 Meter Steeplechase	Women
7:05 p.m.	3,000 Meter Steeplechase	Men
7:20 p.m.	5,000 Meters	Women
7:40 p.m.	5,000 Meters	Men

## SATURDAY RUNNING EVENTS

Time	Event	Gender
12:00 p.m.	100 Meter Hurdles	Women
12:15 p.m.	110 Meter Hurdles	Men
1:30 p.m.	4 X 100 Meter Relay	Women
1:40 p.m.	4 X 100 Meter Relay	Men
1:50 p.m.	800 Meters	Women
2:00 p.m.	800 Meters	Men
2:15 p.m.	400 Meters	Women
2:25 p.m.	400 Meters	Men
2:35 p.m.	100 Meters	Women
2:45 p.m.	100 Meters	Men
3:00 p.m.	4 X 400 Meter Relay	Women

## FRIDAY FIELD EVENTS

Time	Event	Gender
11:00 a.m.	Hammer throw	Women
11:00 a.m.	Javelin throw	Men
2:00 p.m.	Hammer throw	Men
2:00 p.m.	Javelin throw	Women
2:30 p.m.	Pole Vault	Men
3:00 p.m.	Long jump	Women
5:00 p.m.	Pole Vault	Women
5:00 p.m.	Long jump	Men

## SATURDAY FIELD EVENTS

Time	Event	Gender
12:00 p.m.	High jump	Women
12:30 p.m.	Shot put	Women
12:30 p.m.	Discus throw	Women
12:30 p.m.	Triple jump	Women
2:00 p.m.	High jump	Men
2:30 p.m.	Shot put	Men
2:30 p.m.	Shot put	Men
2:30 p.m.	Discus throw	Men

## FRIDAY MULTI EVENTS

### DECATHLON

Time	Event	Gender
11:00 a.m.	100 Meters	Men
11:35 p.m.	Long Jump	Men
12:30 p.m.	Shot put	Men
1:30 p.m.	High Jump	Men
3:20 p.m.	400 Meters	Men

## SATURDAY MULTI EVENTS

### DECATHLON

Time	Event	Gender
10:00 a.m.	110 Meter Hurdles	Men
10:35 a.m.	Discus Throw	Men
11:30 a.m.	Pole Vault	Men
1:15 p.m.	Javelin Throw	Men
2:30 p.m.	1,500 Meters	Men

### PENTATHLON

Time	Event	Gender
11:30 a.m.	100 Meters	Women
12:15 p.m.	Long Jump	Women
1:30 p.m.	Shot put	Women
2:30 p.m.	200 Meter	Women

### PENTATHLON

Time	Event	Gender
11:00 a.m.	Long Jump	Women
12:15 p.m.	Javelin Throw	Women
1:30 p.m.	800 Meters	Women