

CARVER PARK

TUESDAY & THURSDAY
11:00 A.M. - 12:00 P.M.



MIND AND SOUL ACTIVE ADULT FITNESS

25 minutes of walking, 15 minutes
of standing exercises, 15 minutes
chair exercises, and meditation.

LET'S STAY FIT!!!!

6665 Hunter Road

706-225-3737





AEROBICS CLASSES

TUESDAY AND THURSDAY AT 11AM

CLASSES

Shriley Winston Recreation Center 5025 Steam mill Road

706.641.5877

MICHAEL FLUELLEN RECREATION PRESENTS:

A N AFFAIR WITH A CHAIR - LOW IMPACT AEROBICS FOR SENIORS

START DATE: AUGUST 20, 2024
EVERY MONDAY- 11:30AM-12:30PM

COME START YOUR WEEK OFF GETTING FIT WITH US!!

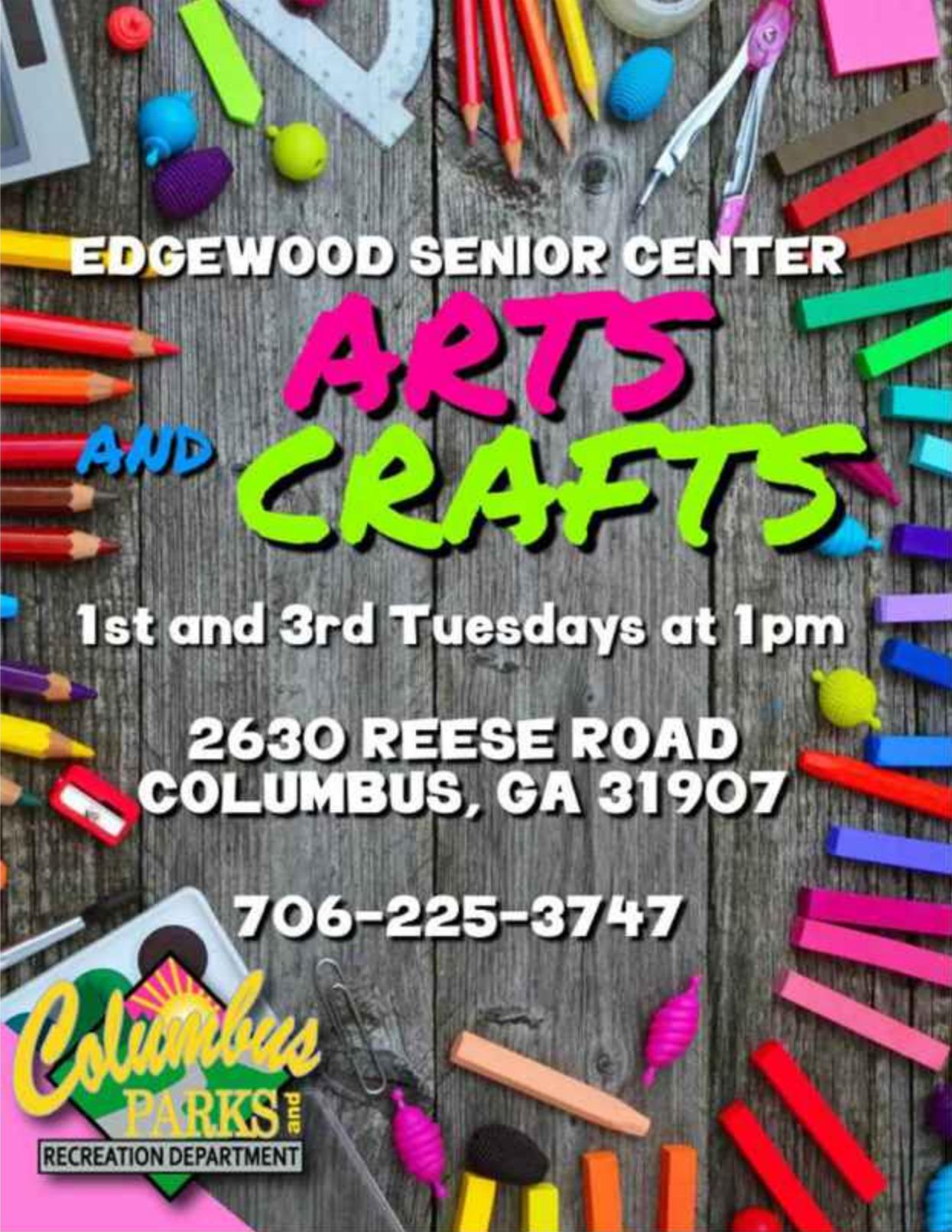
MICHAEL FLUELLEN RECREATION CENTER -

2824 8TH STREET, COLS. GA., 31906

CENTER DIRECTOR: CAROLYN EVANS

PHONE: (406) 641-5950 Email: Evans.carolyn@columbusga.org





EDGEWOOD SENIOR CENTER
ARTS
AND
CRAFTS

1st and 3rd Tuesdays at 1pm

**2630 REESE ROAD
COLUMBUS, GA 31907**

706-225-3747





NORTHSIDE REC CENTER

ARTS AND CRAFTS

Each month there are new crafts to choose from. All crafting items are free.

**NORTHSIDE REC
2010 AMERICAN WAY
COLUMBUS, GA 31909
706-641-5940**

Free!

Made with love & recycled materials

MICHAEL FLUELLEN RECREATION PRESENTS: **MAKE A'S TO PLAY!!**



YOU WANT EXTRA TIME ON THE COMPUTER? YOU WANT TO PLAY ON THE XBOX? JUST SHOW US THE 'A' AND YOU GET AN EXTRA TIME TO PLAY! GRADES MUST BE UP TO DATE, AND ON PHYSICAL REPORT CARD, COMPUTER, OR PAPER.

It's just that easy!!

Start date: March 1, 2024

MICHAEL FLUELLEN RECREATION CENTER -

2824 8TH STREET, COLS. GA., 31906

CENTER DIRECTOR: CAROLYN EVANS

PHONE: (706) 641-5950 Email: Evans.carolyn@columbusga.org





FOR MORE
INFO CALL
706-641-5935



BADMINTON

AT PSALMOND ROAD REC.

TUESDAY & THURSDAY 5:30 PM - 7:00 PM

SATURDAY 4:00 PM - 6:00 PM

6550 PSALMOND RD MIDLAND GA 31820

BEAUTIFUL I AM!!!

GIRL MENTORSHIP GROUP
HOSTED AT 29TH STREET
RECREATION CENTER.

TO PARTICIPATE, JUST
SIMPLY STOP BY 501
29TH ST. COLUMBUS,
GEORGIA 31904 OR
CONTACT MS. PACE AT
(706) 641- 5945.

#NATURAL

THIS IS A GREAT
OPPORTUNITY FOR
FEMALES OF ALL AGES
TO CONNECT, LAUGH,
LISTEN TO MUSIC,
CREATE CRAFTS, CHAT,
PLAY GAMES, AND
MORE.

JUST KNOW THAT FEMALES
UNDER 12 MUST BE
ACCOMPANIED BY SOMEONE
18 OR OLDER. JOIN US ON
WEDNESDAYS FROM, 3:30
PM - 4:15 PM.



11-154



LETS PLAY "BID WHIST,"



EVERY WEDNESDAY AND FRIDAY

12:00 pm to 4:30 pm

**GALLOPS SENIOR CENTER 1212
15TH STREET COLUMBUS, GA 31901**

All are Welcome!"

For more information: 706-225-3730



Northside Rec Center

2025 BILLIARDS OPEN TOURNAMENT



**JANUARY 21ST, 2025
4:00PM TO 6:45 PM**

BRING THE FAMILY OUT FOR A FUN NIGHT. POPCORN AND SNOW CONES ARE FREE. WE HAVE STICKS FOR YOUR USE HERE.

**2010 AMERICAN WAY COLUMBUS, GA 31909
706-641-5940**

BINGO

EDGEWOOD SENIOR
CENTER
2630 REESE ROAD
COLUMBUS, GA 31907
706-225-3747



EVERY THURSDAYS AT



1:00 PM



BINGO

You're invited

GAMES - FUN - PRIZES

Every Tuesday and Friday
From 1:00 - 3:00PM @
Frank Chester Senior Center

1441 Benning Drive
Columbus, Ga. 31903

For more information call 706-225-3727





BINGO

EVERY

TUESDAY 1:00pm -3:00pm

FRIDAY 12:00pm-3:00pm

BRING THREE GIFTS
TO PLAY

GALLOPS SENIOR CENTER

1212 15th STREET

COLUMBUS, GEORGIA 31901

TIME TO WIN A PRIZE

FOR MORE INFORMATION: 706-225-3730



MICHAEL FLUELLEN RECREATION PRESENTS: THE BIRTHDAY CLUB

Celebrations
On the last
FRIDAY of each
Month
4pm—6pm

WHERE WE'LL BE
HAPPY BIRTHDAY
CELEBRATING YOUR
BIRTHDAYS
THIS MONTH
SIGN UP
YOUR BIRTH DATE
TO JOIN US
FOR ONE BIG PARTY
AT THE END OF EACH MONTH!

MICHAEL FLUELLEN RECREATION CENTER

2824 8TH STREET, COLS. GA., 31906

CENTER DIRECTOR: CAROLYN EVANS

PHONE: (706) 641-5950

Email: Evans.carolyn@columbusga.org





**EDGEWOOD SENIOR CENTER
2630 REESE ROAD
COLUMBUS, GA 31907**

706-225-3747

MONDAYS AT 1:00PM

WEDNESDAYS & FRIDAYS AT 3:00PM



Please Help Me Form A Book Club!!

What Should We Read??

>Please Share Some of
Your Ideas With Jeff.

Anytime But Official
"Program" Time Is....

Thursday, January 23rd
11:15-12:15

Frank Chester Senior Center
1441 Benning Drive
Columbus, GA. 31903

For More Info: (706)225-3727

**Edgewood
Senior Center**

**2630 Reese Road
Columbus, GA 31907**

706-225-3747



**Come Read
at Book Barn
at Edgewood
at 3:00pm**



501 29th St.
Columbus, GA 31904
706-641-5945

LIVE AT
29th St.
BROTHER QUICK
RADIO

YOUR FAVORITE SONGS...

CO-HOSTED BY

YOU!

FRIDAYS @ 4:30PM -
5:45PM



EDGEWOOD SENIOR CENTER

COME JOIN US FOR CHAIR EXERCISE ON WEDNESDAYS
AT 10AM AND FRIDAYS AT 9:30AM



2630 REESE ROAD
COLUMBUS, GA 31907

706-225-3747



CHAIR VOLLEYBALL

Join Us every Thursdays at 9:00 A.M.

**Frank Chester Senior Center
1441 Benning Dr.
Columbus Ga. 31901**



For more information call 706-225-3727

CHAIR VOLLEY BALL



EVERY MONDAY 2:00PM

GALLOPS SENIOR CENTER 1212 15th STREET
COLUMBUS, GEORGIA 31901

FOR MORE INFORMATION: 706-225-3730





Chicago – Style Stepping Lessons

Shirley B. Winston Recreation Center
5025 Steam Mill Rd. Columbus, GA

Every Friday

5:00 – 7:00



FREE – FREE – FREE

Shirley Winston Recreation Center
706-641-5877



Frank Chester Receration Center
1441 Benning Drive Columbus, Ga. 31903
706- 225-3724

Join Us for
DOMINO
&
Chicken Foot Domino
Game Play

Monday's 12pm - 1:30pm





COMPUTER CLASSES

Every Wednesday of the month
starting September 4, 2024 @
10:45am



Gallops Senior
Center
1212 15th Street

For more Information call:
706-225-3730

Frank Chester Senior Center

CORN HOLE



GAME

FUN FOR ALL

**Come Out And
Play With Us.**



Wednesday

January 29, 2025 at 11:00 A.M.

For more information call 706-225-3727

www.columbiaparks.com

NORTHSIDE REC CENTER

COUNTRY LINE DANCING



Intermediate Line Dancing Class
MONDAYS 3:00PM-5:25PM



2010 AMERICAN WAY
COLUMBUS, GA 31909
706-641-5940

REGISTER HERE





COME JOIN US TO CROCHET OR KNIT
EVERY 2nd AND 4th TUESDAY AT 1:00 PM
EDGEWOOD SENIOR CENTER
2630 REESE ROAD
COLUMBUS, GA 31907
706-225-3747



FLUELLEN RECREATION CENTER CULTURAL ARTS & DRAMA CLASS

TIKTOK SKITS

YOUTUBE INTERVIEWS

SHORT PLAYS

COSTUMES

KARAOKE

TALENT SHOWS

POETRY

NO MATTER WHAT YOUR TALENT IS—

COME AND BE A PART OF

SOMETHING GOOD

IN THE

NEIGHBORHOOD!!

Michael Fluellen Recreation Center

2224 8th St.

Columbus, Ga. 31906

Thursdays

3pm-5pm

Center Director: Carolyn Evans

Ph. 706.366.0829

Email: Evans.carolyn@columbusga.org





DANCE IN MOTION

WITH MS. DEBEROAH

STARTING TUESDAY JUNE 6TH

EVERY TUESDAY

2:00-3:45

FRANK D. CHESTER RECREATION CENTER

1441 BENNING DRIVE COLUMBUS GA, 31907

FOR MORE INFORMATION CALL

(706)-225-3723

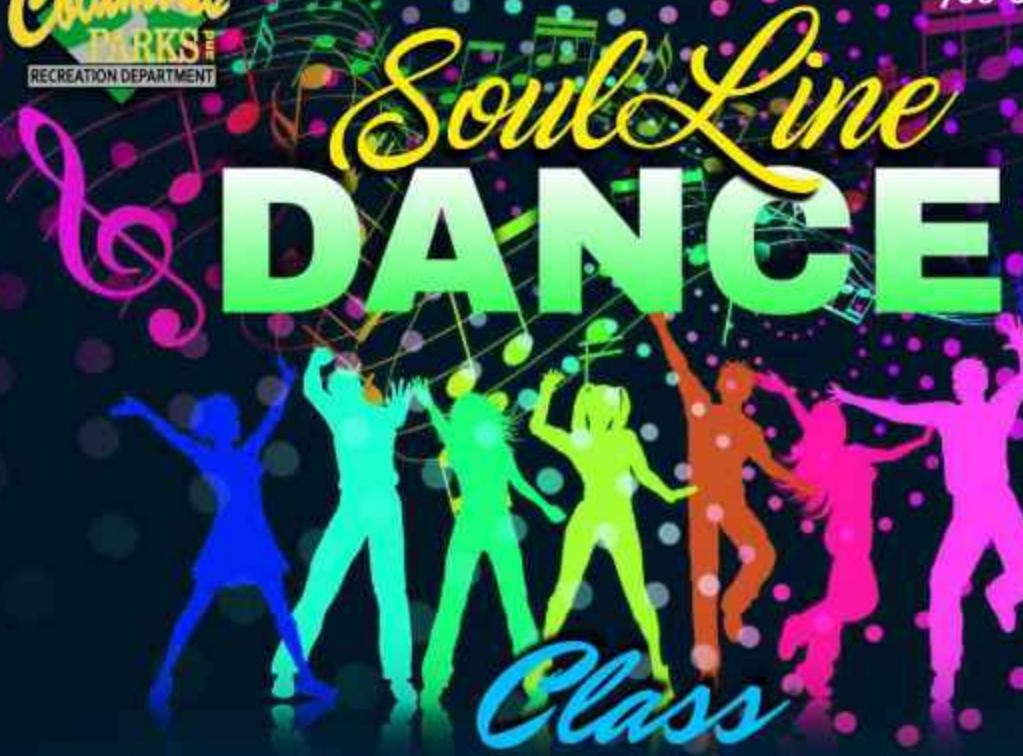
MAJORETTE•JAZZ•HIP-HOP & MORE

Columbus
PARKS
RECREATION DEPARTMENT

FOR MORE INFO CALL
706-641-5935

SoulLine **DANCE**

Class



WITH
MRS. GLADYS & THE G SLIDERS

EVERY TUESDAY AND THURSDAY

5:00 PM - 6:00 PM

6550 PSALMOND RD MIDLAND GA 31820



EDGEWOOD SENIOR CENTER

** DECORATING DECOR **



1ST FRIDAY OF EACH MONTH

EDGEWOOD SENIOR CENTER - TIME - 12PM

FOR MORE INFORMATION CALL - 706-225-3747

2630 REESE ROAD, COLUMBUS, GA. 31909



Columbus Parks & Recreation F24 Racing Team
Intermediate Stock Division
2024–2025 Season



KIA Fall Classic

Inspire Academy
1298 Vocational Drive, LaFayette, AL
October 5th, 2024

Presentation Points = 47.600 (3rd)

Race Points = 24.932 (5th)

Total Score = 72.532

Santa Sprints

South Commons Softball Complex
400 4th Street, Columbus, GA
December 14th, 2024

Presentation Points = 47.500 (2nd)

Race Points = 30.508 (7th)

Total Score = 78.008

5th Place

Indian Trail

Wetumpka Sports Complex
2350 Coosa River Parkway, Wetumpka, AL
February 8th, 2025

Presentation Points =

Race Points =

Total Score =

3rd Place

Diverse Power Grand Prix

LaGrange College
801 Dallas Street, LaGrange, GA
March 1st, 2025

Presentation Points =

Race Points =

Total Score =

KIA March Madness 400

Inspire Academy
1298 Vocational Drive, LaFayette, AL
March 22nd, 2025

Presentation Points =

Race Points =

Total Score =

GreenpowerUSA F24 National Championship

Talladega Superspeedway
3366 Speedway Boulevard, Lincoln, AL
May 2nd-3rd, 2025

Presentation Points =

Race Points =

Total Score =



Piedmont Mobile Unit

FREE
BLOOD
Pressure Check

1st Friday of every month - 9:00 - 11:00 AM

Frank Chester Senior Center
1441 Benning Drive
Columbus, Ga. 31903

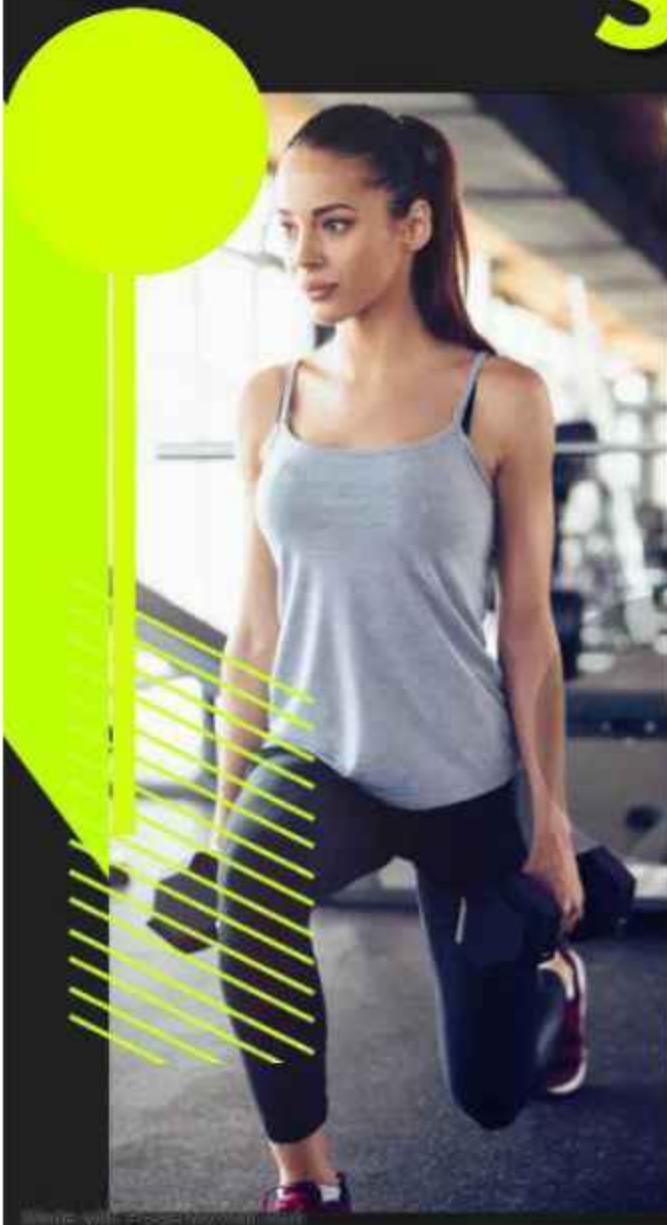


For more information call: 706-225 - 3727



NORTHSIDE REC CENTER

GET IN SHAPE WITH CORE RUSH CLASS



**FRIDAYS
11AM-12PM
THREE 20-MINUTE
CLASSES
OF CORE
STRENGTHENING.
STAY FOR ONE OR ALL.**

**FIRST CLASS
JANUARY 10TH**

JOIN NOW



**CALL NOW: 706-641-5940
OR SCAN THE QR CODE**

**2010 AMERICAN WAY
COLUMBUS, GA 31909**



Northside Rec

POWER HULA HOOPING CLASS



REGISTER HERE



Northside Recreational Center
2010 American Way Columbus, Ga 31909
706-641-5940

CLASSES EVERY MONDAY @
5:30pm-6:30pm CALL TO REGISTER FOR
THE NEXT SET OF CLASSES

INTERMEDIATE CLOGGING CLASSES

Thursdays 12:30PM - 2:00PM

ROCK STEP CLOGGERS

Columbus • Georgia



It's never too
late
to start
shufflin' ! Join
us for some
great fun !!



NORTHSIDE RECREATION CENTER
2010 AMERICAN WAY
COLUMBUS, GA 31909
(706)-641-5940

REGISTER HERE:



Find us on 

Made with PosterMyWall.com



Hello JANUARY 2025

Join Us For Our Monthly Card
Making Class On Wednesday,
January 15 @ 10 AM. We will be
making the card of your choosing.

No charge to attend!

Frank Chester Senior Center
1441 Benning Drive
Cpls. Ga. 31903
706-225- 3727





Kahoot!

TRIVIA

Wednesday

January 8th & 22nd, 2021 - 11am EST

Frank Chester Senior Center
1441 Benning Drive
Columbus, Ga. 31903
706- 225 - 3727
Free Program!



EDGEGOOD SENIOR CENTER
2630 REESE ROAD
COLUMBUS, GA 31907
706-225-3747



EVERY
FRIDAY
2:00 PM

Come Join Us
for Karaoke

Kids Zumba

BOXWOOD RECREATION CENTER
1110 ENOCH DRIVE
COLUMBUS, GA 31906



COME AND DANCE
YOURSELF TO FITNESS



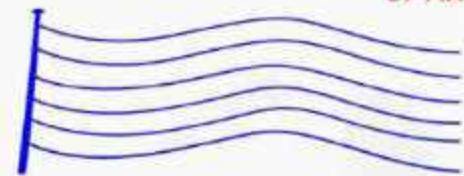
EVERY 2nd & 4th TUESDAY

@ 5:00pm

CALL US 706-225-3725

POST

PLEASE JOIN US HERE
AT 29TH STREET
RECREATION CENTER AS
WE LEARN THE BASICS
OF MAILING LETTERS.



A GREAT OPPORTUNITY
FOR AGES 7-17, AS WELL
AS ADULTS WHO WISH
TO PARTICIPATE. EVERY
1ST AND 3RD
WEDNESDAY OF EACH
MONTH FROM, 4:15 PM -
4:30 PM. (706)641-5945
OR 501 29TH ST. COL.
GA. 31904 FOR MORE
INFO.

EDGEGOOD SENIOR CENTER
PRESENTS
LINE DANCING



**EVERY WEDNESDAY AT
1:00 PM**

2630 REESE ROAD

(706) 225-3747





LET'S DANCE

Line Dancing

MONDAYS AND WEDNESDAYS 4:00PM

SHIRLEY WINSTON RECREATION CENTER

CONTACT US AT: (706) 641-5877

Made with PosterMyWall.com



IT'S ALL ABOUT LINE DANCING

TUESDAY AND THURSDAY

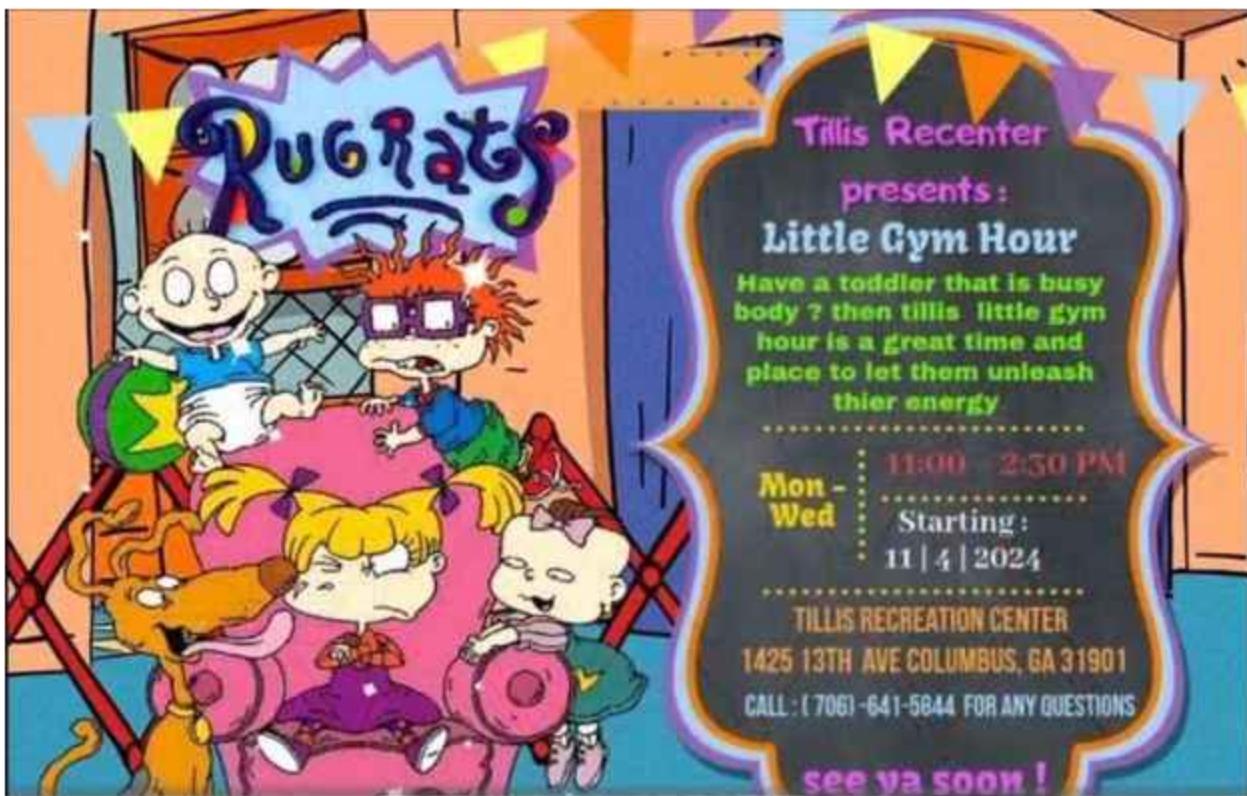
9:00 am- 11:00 am and

Saturday 9:30am-10:30am

Gallops Senior Center 1212 15th
Street Columbus, Georgia 31901

FOR MORE INFORMATION: 706-225-3730

Created with PosterMyWall.com



Tillis Recenter

presents :

Little Gym Hour

Have a toddler that is busy body ? then tillis little gym hour is a great time and place to let them unleash thier energy

Mon -
Wed

11:00 - 2:30 PM

Starting :

11 | 4 | 2024

TILLIS RECREATION CENTER

1425 13TH AVE COLUMBUS, GA 31901

CALL : (706) - 641 - 5844 FOR ANY QUESTIONS

see ya soon !

MALE MAIL



**MALE MAIL IS POSITIVE GUY
TALK FOR MALES, AGES 7@UP!
TOPICS SUCH AS
ENCOURAGEMENT,
CONFIDENCE BUILDING,
EDUCATION, RESPECT, RULES,
FRIENDSHIPS, PERSONAL
GOALS, AND MORE WILL BE
DISCUSSED DURING THESE
SESSIONS.**

**EVERY 2ND TUESDAY
OF THE MONTH FROM,
5:00 PM - 5:15 PM.**

**IF INTERESTED, (706)641-5945 OR 501
29TH STREET COLUMBUS, GEORGIA
31904.**

Maze Time!

START



Thursday, January 30th, 2025

From 11:15-12:15

Frank Chester Senior Center
1441 Benning Drive
Columbus, GA. 31903

501 29TH STREET COLUMBUS, GEORGIA 31904
PRESENTS:

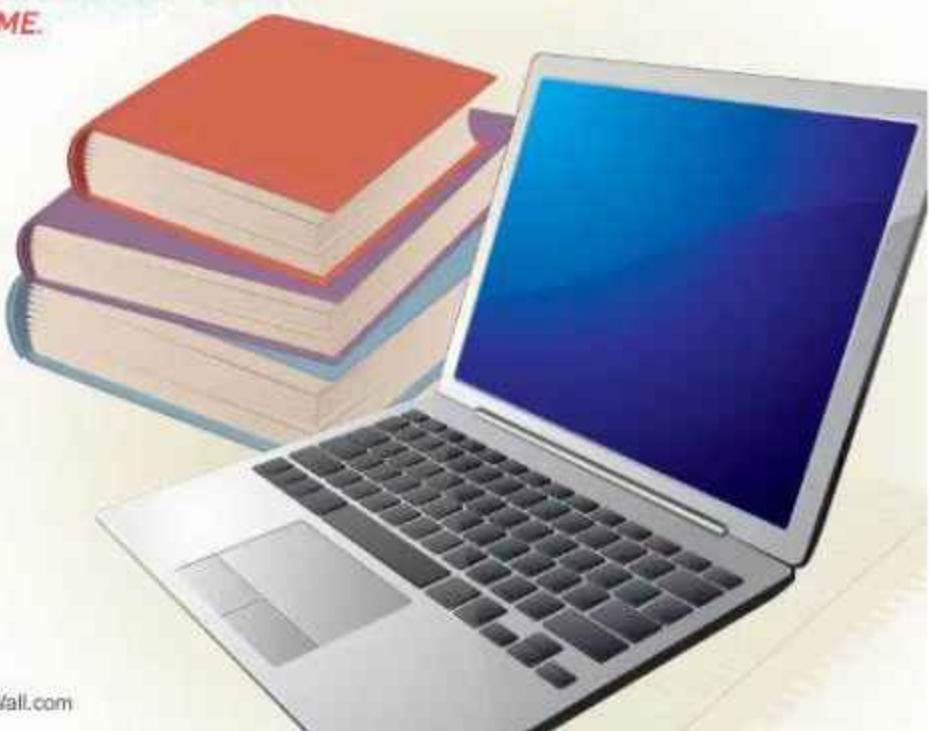
MIND WRITE MONDAYS AND WEDNESDAYS

EVERY MONDAY AND
WEDNESDAY WHEN SCHOOL IS
IN SESSION. STARTING APRIL
10TH, 2024 THEN, EVERY
MONDAY AND WEDNESDAY
THEREAFTER.

*DURING THIS TIME THE KIDS OF
29TH STREET REC CENTER WILL
TAKE TIME TO MAKE UP ANY
MISSING ASSIGNMENTS,
HOMEWORK AND JUST OVERALL
STUDY TIME.*



FOR AGES 7-18, MON. AND
WED. FROM, 4:00PM - 4:45PM
BOTH DAYS. SEE ABOVE
ADDRESS OR CALL US AT
(706)641-5945.





FITNESS CLASSES

for seniors

Mondays, Wednesdays
& Friday's

@ 8:45 AM & 9:30 AM
Free

Frank Chester Senior
Center

1441 Benning Drive
Cpls. Ga. 31903
706-225-3727





Please Come listen to
music with us every
Thursday & Friday
at 2:00 PM at

Edgewood Senior Center

2630 Reese Road
Columbus, GA 31907
706-225-3747



Beginner's LINE DANCE

Classes

Frank Chester Senior Center
1441 Benning Drive
Columbus, Ga. 31903

706-225-3727

Free

Every Monday & Wednesday
@ 9:45 AM





2025

NEW YEAR'S Tea Party!

Thursday, 9th January
12 Noon!

\$3.00 Per Person, payable
in advance.

Frank Chester Senior Center
1441 Bennoing Drive
Col. Ga. 31903
706-225-3727



PICKLEBALL

• Senior Adults and Young Adults •

Please join us for some exercise while participating in a few friendly games of pickleball.

Tuesday 8:30 a.m. - 11:30 a.m.

Thursday 8:30 a.m. - 11:30 a.m.
for information call 706-225-3045.

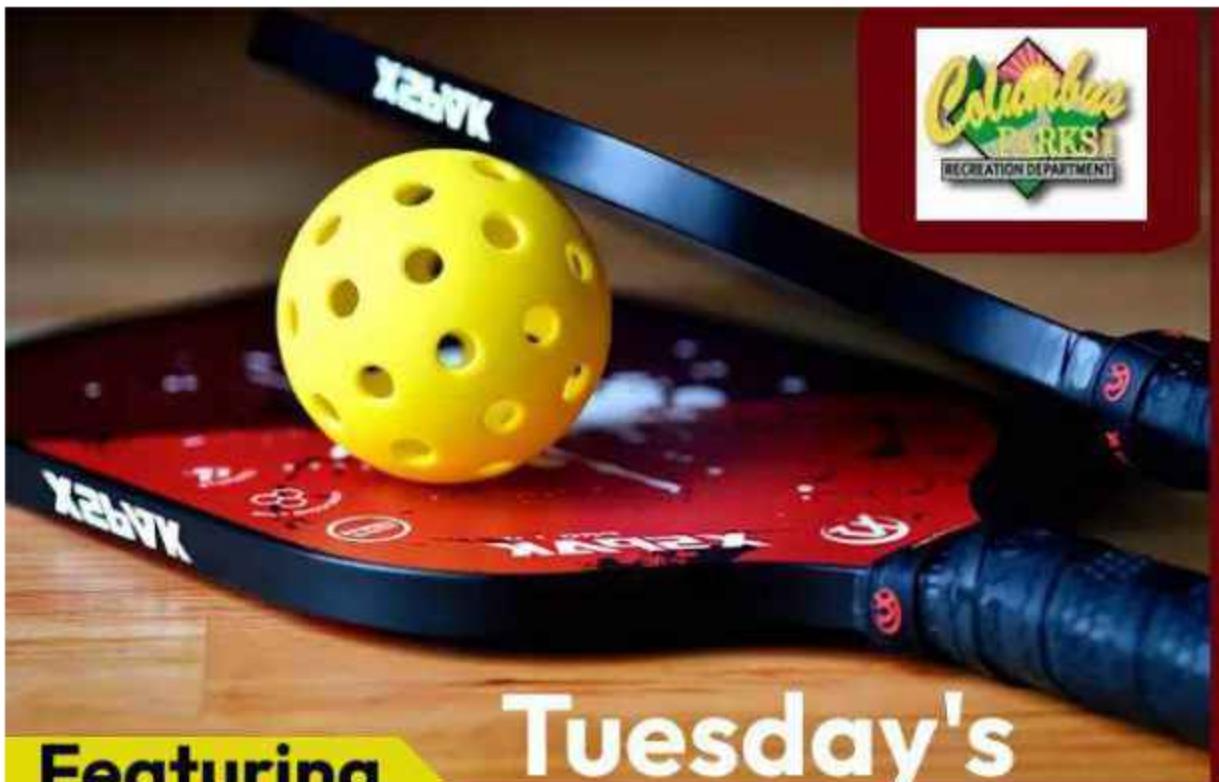
All skill levels are welcomed!

Comer Community Center

107 41st Street

Columbus, GA, 31904

706-225-3045



Featuring

Tuesday's

PICKLEBALL

FIRST SESSION

10:30am - 11:30am

BASIC CLASSES

SECOND SESSION

5:30pm - 6:30pm

Frank Chester Recreation Center

1441 Benning Drive Columbus, Ga. 31903

706 - 225 - 3723

www.PicklesAndPaddles.com



FREE ENTRY

PICKLEBALL OPEN COURT PLAY

WEDNESDAY & FRIDAYS

11:00 AM-2:00 PM

TUESDAY CLASSES FOR BEGINNERS

11:00 AM-2:00 PM

**COME AND EXPERIENCE THE FASTEST-GROWING SPORT IN THE COUNTRY. IF YOU HAVE PLAYED
TENNIS, SQUASH, BADMINTON, OR TABLE TENNIS, YOU ARE SURE TO ENJOY THIS EXCITING NEW GAME.
ALL LEVELS AND AGES WELCOME**

Nets, Paddles and Balls are provided

**NORTHSIDE RECREATIONAL CENTER
2010 AMERICAN WAY COLUMBUS, GA 31909**

706-641-5940



PICKLEBALL CLASSES

TUESDAYS -
11:00 AM - 12:30 PM

Next Class Starts JANUARY 7TH

CLASSES ARE FREE
OPEN COURT PLAY AFTER CLASS FROM 12:31PM-2:00PM
REGISTER FOR CLASS BY
DECEMBER 23RD

Northside Rec Center
2010 American Way
Columbus, Ga 31909
706-641-5940

REGISTER ONLINE



PING PONG



TUESDAY & THURSDAY
1pm-2pm



Gallops Senior Center 1212 15th street ,
Columbus, GA 31901

For more information call:
706-225-3730



NORTHSIDE REC CENTER

PING PONG TOURNAMENT



ALL AGES
WELCOME

A graphic of a ping pong paddle and ball on a table with three stars in the background.

**FRIDAY JANUARY 17TH, 2025
5:00PM-6:45PM**

REGISTER HERE

2010 AMERICAN WAY
COLUMBUS, GA 31909
706-641-5940



Pinocchio



Card Play

Join fellow card players
for fun and socializing!

Tuesdays
&
Thursdays
1:00PM—6:00PM



Shirley Winston Recreation Center
5025 Steam Mill Road, Columbus, GA 31907
(706) 641-5877

Edgewood Senior Center

PUZZLE Day

2630 Reese Road
Columbus, GA 31907
706-225-3747

**Every Tuesday
At 3:00**



ADVANCED CLOGGING CLASSES

Mondays and Thursdays 11:00AM-12:30PM

ROCK STEP CLOGGERS

Columbus • Georgia



It's never too
late
to start
shufflin' ! Join
us for some
great fun !!



NORTHSIDE RECREATION CENTER
2010 AMERICAN WAY
COLUMBUS, GA 31909
(706)-641-5940

Find us on

Made with PosterMyWall.com



[REGISTER HERE:](#)



PICKLEBALL

At Psalmond Rd.



11:00AM - 2:00 PM

EVERY

MONDAY

6550 PSALMOND RD
MIDLAND GA 31820

FOR MORE INFO CALL 706-641-5935



Sewing Club

Thursdays & Fridays
8:30AM - 12PM

Comer Community Center
107 41st Street, Columbus, GA, 31904

Made with PosterMyWall.com

706-225-3045



LET'S PLAY A
GAME OF
SPADES

TUESDAY AND FRIDAY
1:00pm-4:00pm

GALLOPS SENIOR CENTER 1212 15th
STREET COLUMBUS, GEORGIA 31901

FOR MORE INFORMATION: 706-225-3730

29TH STREET GYM PRESENTS

SPOT BALL

COME OUT AND JOIN
US IN THE GYM

EVERY 2ND AND 4TH WEDNESDAY
FROM 4:00PM-4:45PM EACH MONTH!!!

FUN FOR AGES 8-18

FOR MORE INFORMATION CALL
US AT (706)641-5945 OR SEE US
AT THE ADDRESS BELOW

501 29TH STREET COLUMBUS GA. 31904





COME TAKE A WALK WITH JEFF!!

Come celebrate
sunshine, fresh air and
the beauty of Life...

**Every Wednesday @ 8:15 AM
Frank Chester Senior Center
1441 Benning Drive
Columbus, GA 31903**

FOR MORE INFORMATION: (706) 225-3727



EDGEWOOD SENIOR CENTER

TEA GATHERING

FUN, LAUGHTER, SHARING AND LOVE



JOIN US FOR OUR MONTHLY TEA GATHERING

3RD TUESDAY OF EACH MONTH

TIME 12PM

EDGEWOOD SENIOR CENTER – 706-225-3747

2630 REESE ROAD, COLUMBUS, GA. 31909

It's Time for Tea



*Boxwood
Community Rec
Center*

Every 4th Tuesday @ 2:00pm
1110 Enoch Dr Col Ga 31907
contact: Loretta Tolbert
706 225-3725





FRANK D. CHESTER RECREATION CENTER

1441 BENNING DRIVE, COLUMBUS, GA 31903

706.225.3723



The Girl I Am

(GIRLS MENTORING PROGRAM)



Building In: LEADERSHIP • LIFE SKILLS • SOCIAL SKILLS
CREATIVITY SKILLS • COMMUNICATION SKILLS



MONDAYS & WEDNESDAYS 4:30P - 6:30P

STARTING JUNE 8TH

SATURDAYS TO BE ANNOUNCED



MICHAEL FLUELLEN RECREATION PRESENTS: THE GROOM GROOM ROOM



- LEARNING HEALTHY GROOMING HABITS CAN BE FUN AND REWARDING!
- PLAY GAMES WHILE LEARNING BASIC SELF-CARE SKILLS!
- EARN POINTS FOR COMPLETING TESTS ON KNOWLEDGE OF SKILLS!
- BECOME A LEADER IN YOUR GROUP!
- AND MUCH MORE IS OFFERED IN THIS NEW PROGRAM!
- SIGN UP TODAY!

FLUELLEN RECREATION CENTER

2824 8th STREET,

COLUMBUS, GA. 31906

DIRECTOR: CAROLYN EVANS

PH. (706) 641-5950

EMAIL: Evans.carolyn@columbusga.org



MONDAYS



THURSDAYS

VOLLEYBALL

OPEN NET

STARTS FROM FEBRAURY 26TH
5:00PM - 6:45PM

NORTHSIDE REC CENTER 2010
AMERICAN WAY COLUMBUS, GA 31909

706-641-5940

For further info Call: 123-456-7899 Or Visit: www.yourcitygoverment.com

Edgewood Senior Center

**Come Join Us Walking on
Mondays, Wednesdays, and
Fridays 9:30AM – 10:00AM**



**2630 Reese Road
Columbus, GA 31907**

706-225-3747



Frank Chester Senior Center
1441 Benning Dr.
Columbus Ga. 31903

Thursday
January 10th, 2025

at
11:00 A.M.

Come
And
Design On Your
Wall Canvas



Made in the USA

For more information call
706-225-3727

FRANK CHESTER SENIOR
CENTER
WII

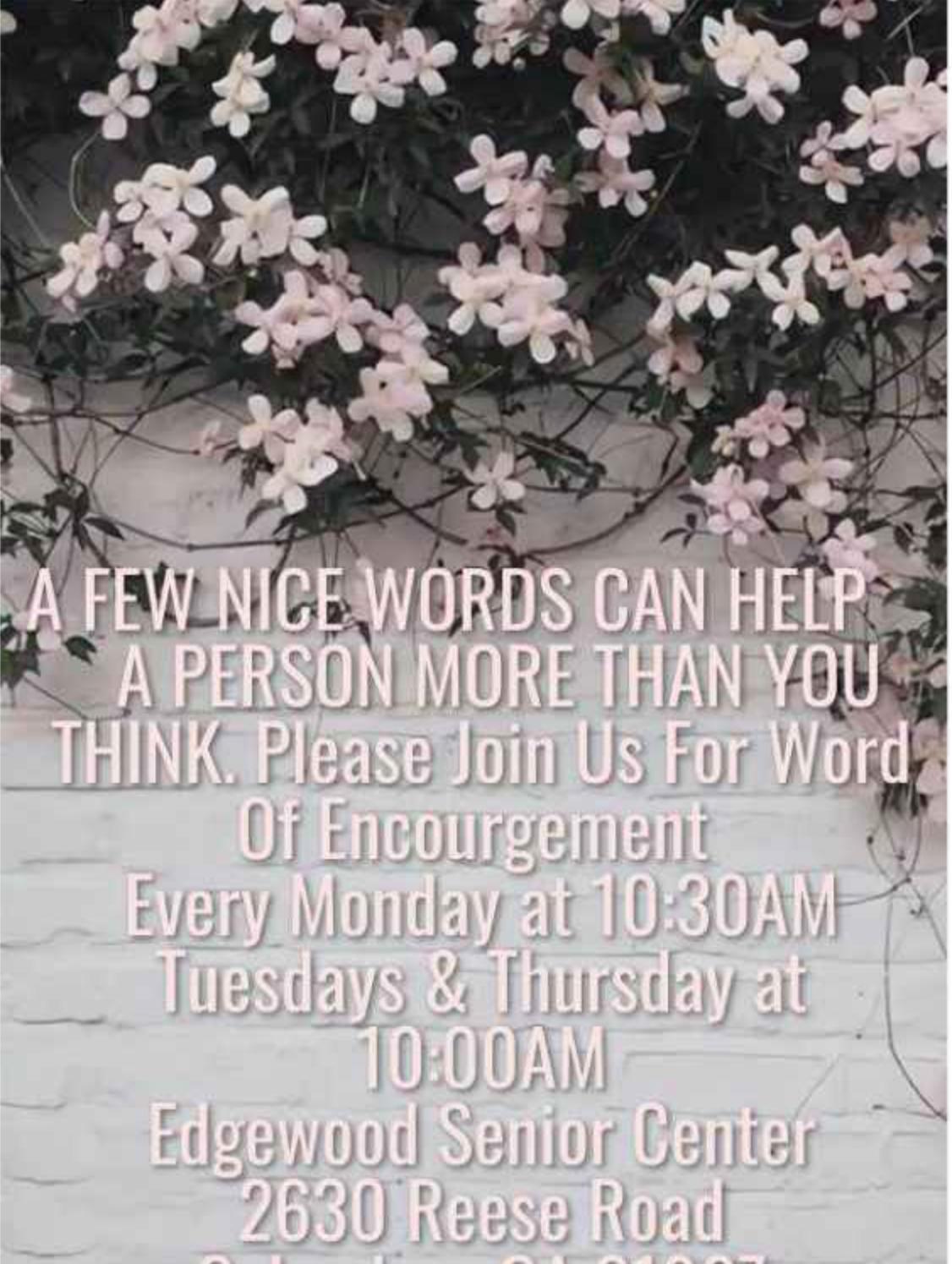
BOWLING GAME

1441 Benning Drive

Colo. Ga. 31903

Columbus
PARKS AND
RECREATION DEPARTMENT

MONDAY'S @ 11 AM
BEGINNING FEB. 5TH, 2024



A FEW NICE WORDS CAN HELP
A PERSON MORE THAN YOU
THINK. Please Join Us For Word
Of Encouragement
Every Monday at 10:30AM
Tuesdays & Thursday at
10:00AM
Edgewood Senior Center
2630 Reese Road
Columbus, GA 31907
706-225-3747



Made with  RECREATION DEPARTMENT.com

NORTHSIDE REC CENTER

PILATE

Ball Exercises



JANUARY 22ND, 2025

CLASS IS 11:00AM EVERY WEDNESDAY.

FIRST CLASS IS ON JANUARY 22ND

CLASSES ARE FREE!

PLEASE BRING A YOGA BALL AND MAT.



REGISTER ONLINE HERE

2010 AMERICAN WAY COLUMBUS, GA 31909 706-641-5940

Made with PosterMyWall.com