# 2022 FAMILY CAREGIVER CONFERENCE

Honoring and supporting unpaid family and friends caring for older adults in our community.

Hear from inspiring presenters, learn about local resources and connect with others!

# FREE WORKSHOPS INCLUDE:

# Celebrate the Ordinary:

# Finding the joy in caregiving

Wednesday, November 2, 1:30-4 p.m. Sherwood Police Department Community Room 20495 SW Borchers Dr., Sherwood, OR 97140

### **Under Pressure:**

Communicating with care in stressful situations Thursday, November 10, 12:30-3 p.m. Washington Street Conference Center 102 SW Washington St., Hillsboro, OR 97123

An Unforgettable Journey: Navigating the experience of caring for a person with dementia Friday, November 18, 11 a.m-1:30 p.m. Beaverton City Library, Room A/B 12375 SW 5th St., Beaverton, OR 97005

## Intimacy, Grief and Caregiving

Saturday, November 5, 10-11:30 a.m. Zoom/Virtual

### **Resource Fair**

Saturday, November 12, 12:30-3 p.m. Beaverton City Library, Room A/B 12375 SW 5th St., Beaverton, OR 97005

More information about the workshops can be found on our website at:

https://www.washingtoncountyor.gov/davs/family-caregiver-conference

Lunch provided at in-person workshops on November 2, 10 and 18.

# **REGISTRATION INFORMATION**

To register, contact Family Caregiver Support Program at 503-846-3089 or familycaregiversupport@washingtoncountyor.gov

If you need an interpreter or other accommodation please let us know ten days prior to the workshop(s) you plan on attending.



Disability, Aging and Veteran Services



