

# OCTOBER 2017

## RICHFIELD & PLAT ELEMENTARY LUNCH MENU



October  
9-13<sup>th</sup>

Menu subject to change. Lunch Price is \$2.80. All meals come with choice of low-fat or skim milk. Ala carte milk is 30¢. Fresh Apples offered as a daily fruit choice for grades 3-8.

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct Mini Corn Dogs Tossed Romaine Salad Macaroni & Cheese Garden Green Peas Fruit Cocktail	3-Oct BBQ Rib Sandwich Tossed Romaine Salad Sweet Potato Fries Baked Beans Peach Slices	4-Oct WI Grown Baked Potato with Diced Ham, Cheese & Broccoli Tossed Romaine Salad Pineapple Tidbits Soft Pretzel & Cheese Sauce <b>National Pretzel Month</b>	5-Oct Chicken Pot Pie with Biscuit Tossed Romaine Salad California Blend Vegetables Applesauce Chocolate Pudding	6-Oct Fish Melt Sandwich Tossed Romaine Salad Tator Tots Fresh Pear Coleslaw
9-Oct Popcorn Chicken Tossed Romaine Salad Assorted Fresh Vegetables Pear Slices Rice Krispie Bar <b>Happy October Birthdays</b>	10-Oct Nachos Supreme Tossed Romaine Salad Refried Beans Corn Mandarin Oranges	11-Oct Cheese Dunkers & Sauce Tossed Romaine Salad Green Beans Pineapple Tidbits Ice Cream Cup	12-Oct Scrambled Eggs French Toast Sticks Breakfast Potatoes Fresh Apple Sunset Sip Juice 	13-Oct Italian Grilled Cheese & Sauce Tossed Romaine Salad Country Mixed Vegetables Italian 3-Bean Salad Peach Slices
16-Oct Chicken Nuggets Tossed Romaine Salad Glazed Carrots Pear Slices Dinner Roll	17-Oct Pizza Pasta Bake Tossed Romaine Salad Green Beans Fresh Apple Slices Garlic Bread	18-Oct Ham & Cheese on Pretzel Bun Tossed Romaine Salad Oven Baked Fries Fresh Midwest Vegetables Pineapple Tidbits	19-Oct <b>No School Today</b>	20-Oct <b>No School Today</b>
23-Oct Meatballs & Marinara Spaghetti Noodles & Breadsticks Tossed Romaine Salad California Blend Veg Pear Slices <b>National Pasta Month</b>	24-Oct Cheese Pizza Tossed Romaine Salad Garden Green Peas Peach Slices Jello	25-Oct Teriyaki Chicken Bites Tossed Romaine Salad Steamed Rice Broccoli Fruit Medley	26-Oct Chicken Soft Tacos Tossed Romaine Salad Seasoned Pinto Beans Corn Applesauce	27-Oct Chicken Strips Tossed Romaine Salad Assorted Fresh Vegetables Fresh Kiwi Dinner Roll
30-Oct Hot Dog Tossed Romaine Salad Tator Tots Baked Beans Fruit Cocktail	31-Oct Trick or Treat Chicken Nuggets Tossed Romaine Salad Oven Roasted Squash Applesauce Halloween Pudding Cup <b>Happy Halloween</b>			
		<b>October is Farm to School Month.</b> This month features Midwest grown... Apples Potatoes Cucumbers Radishes Peppers 		

This institution is an equal opportunity provider and employer.