

# COVID-19: Child Feels or Appears Unwell before Arriving at School



If you or your child has any of the following symptoms, immediately call 911  
**Difficulty breathing, chest pain, altered consciousness, bluish lips or face.**

## Assess for any COVID-19-like symptoms

### MAJOR SYMPTOMS

- Feeling feverish, having chills
- Temperature of 100.4° F or greater
- Loss of taste or smell
- New or unexplained persistent cough
- Shortness of breath or difficulty breathing

### MINOR SYMPTOMS

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea

**Will be sent home for minor symptoms during high community transmission times, has 24hrs to resolve**

### Does your child have one or more of the COVID-19 symptoms listed above?

Yes

No

Are these **Major** or **Minor** symptoms new or getting worse, and are not related to a known pre-existing health condition.

Yes

No

1. Do not bring your child to school (Isolation Starts).
2. Call the attendance line and report illness as directed.
3. Contact the school nurse at 719-471-1999x141 or [robin.smith@thevanguardschool.com](mailto:robin.smith@thevanguardschool.com) for questions or concerns.
4. Email or call the nurse (or nurse will call you) after a full 24hours. Nurse will inform you if you can come back or to extend isolation.

1. You may bring your child to school.
2. Teachers and Staff will monitor the student with heightened awareness.
3. If symptom starts at school, student will be sent home.

*If symptoms get worse and do not get better in 24hrs (sustained transmission), 48-72hrs (low transmission).*

*If symptoms go away within 24hrs (sustained) or 48-72hrs (low) without fever reducing medication or Child has been cleared by Healthcare Provider to return to school, call nurse before coming back.*

### Isolation Continues (10days from start of symptoms)

1. Continue to keep your ill child at home and if you have other children keep them at home also.
2. Continue to call/email School Nurse daily or until after test results come back.
3. You are welcome to call your doctor and ask for a COVID PCR test within 24-48 hours. We do not require your child to be tested, however they will need to remain in isolation for full 10 days, unless your healthcare provider provides an alternative diagnosis or COVID PCR test comes back negative.

### Important Numbers

1. Attendance Line: 719-471-1999 Option 1
2. School Nurse: 719-471-1999x141 [robin.smith@thevanguardschool.com](mailto:robin.smith@thevanguardschool.com)
3. El Paso County Health Dept: 719-578-3167 or LINK Testing Sites
4. Follow COVID-19 [Return to School/Work](#) guidance.