

The Office of Health Equity Presents: The 2017 Summer Brown Bag Training Series! Culture and Health

Thursday August 10th, 2017 | Discussion : 12:30 pm - 1:15pm
TRAIN ID: **1071681**

**CLAS
Training
Series:
Part 3/4**

This training will illustrate how different cultural and behavioral practices can impact our health. We will see the healthy behaviors that immigrants new to the US see. We will learn how adapting to American culture can change the health outcomes for immigrants. This training will help us understand: the impact culture has on health, what cultural factors act as barriers or protective factors for health, and how a culture of well-being should be promoted in order to optimize health.

Training Objectives:

- Understanding how our economic, social and built environments shape health.
- Understanding the impact that culture can have on our health outcomes.
- Recognizing what behavioral practices can act as barriers to health or as protective factors for health.
- Identifying factors to encourage in order to promote better health.
- Relating this information to our roles at VDH to improve our impact.

Key Concepts:

- Immigrant paradox, economic mobility, social networks, social support, social inclusion, culture

Panelists:

- **Tiffany Cox:** Community Health & Prevention Supervisor, Crater Health District
- **Nancy Bell:** Population Health Manager, West Piedmont Health District

How do I participate?

Attend One Screening + the Discussion Session!

Monday August 7 th	Tuesday August 8 th	Wednesday August 9 th	Thursday August 10 th
Screening* 12pm - 12:30pm	Screening* 11:30am - 12pm	Screening* 1:00pm - 1:30pm	Screening** : 12pm - 12:30pm Discussion** : 12:30 pm - 1:15pm

* = location is in the 7th floor Conference Room 714 and via Polycom

** = location is the Mezzanine Conference room and via Polycom

To attend via Polycom, please contact Richard Watson at Richard.Watson@vdh.virginia.gov
For more information, contact Augustine Doe at Augustine.Doe@vdh.virginia.gov