

As part of **Mental Health Awareness Month**, The Educational Service Center of Northeast Ohio and Project AWARE Ohio are offering a FREE professional development opportunity for school staff and mental health providers. This session is designed to assist with understanding issues of toxic stress in youth and to offer suggestions for interventions to promote growth for our children.

May 30, 2018

8:30 am to 3:30 pm

Educational Service Center
of Northeast Ohio

6393 Oak Tree Blvd.

Independence, OH 44131

Registration: 8:00 to 8:30 am

Lunch: 11:30 to 12:30 pm on
your own

Audience: School Teachers,
Administrators, School Counselors/Social Workers, School Psychologists, School-based Mental Health Providers, County and Community youth-serving staff

To Register:

1. Go to www.escneo.org
2. Click Calendar of Events
3. Choose May 30th Resilience & Toxic Stress event
4. Register through link 8 lines down

Resilience & Toxic Stress

Teaching Children Lifelong Coping Skills

♦ **Film Screening: *Resilience: The Biology of Stress & The Science of Hope***

KPJR Films and Prevent Child Abuse America presents a documentary on the dangerous biological effects caused by abuse, neglect, and toxic stress during childhood. The film looks closely at Adverse Childhood Experiences (ACEs) and uses resiliency as a counter-weight to the life-long effects of ACEs and calls communities to action.

♦ **Keynote Speakers: From Ohio Guidestone, Dr. Ben Kearney & Reinhild Boehme, LISW-S**

Process the film while discussing therapies and interventions identified by experts in the fields of pediatrics, education, and social welfare to protect children from the effects of toxic stress. Discussion on the science behind toxic stress and ACEs, explore the role adults play in the lives of youth and families experiencing toxic stress, and consider strategies to counteract negative effects and build resiliency in our youth.

♦ **Panel Discussion**

Engage with guest speakers from local systems to inspire a call to action.



**For more information contact: Caitlin Metheny,
Project AWARE Assistant
Caitlin.metheny@escneo.org or 216-524-3000 ext. 6721**

Graduate Credit provided by Ashland University and **CEUs**
(5.5 hours) offered by Ohio Guidestone