

# STARTING THE CONVERSATION.....



## Mental Health & Suicide Prevention Programs Featuring Youth-Led Initiatives

*Suicide can touch anyone. Suicide can be so difficult to understand. Suicide knows no boundaries—male, female, young, old, all ethnicities and backgrounds. But together we can help stop the stigma that surrounds depression, mental health concerns, suicidal thoughts and actions.*

As part of Suicide Prevention Awareness Month, please join us for an informational session featuring:

◆ **Ivan Juzang: *The Be Present Campaign***

OMHAS will soon be launching a statewide social marketing campaign that empowers young people to step up and help peers, friends, classmates and siblings deal with issues like depression, stress, anger, loneliness, bullying, anxiety, or harassment. This is an effort to significantly reduce the number of completed and attempted suicides in our state.

The **Be Present Campaign** information session is an opportunity to see and hear why galvanizing support for the mental and emotional wellness of our youth is so important—and how you and your organization can be part of the solution!

◆ **Brooke Wright: *LifeAct***

LifeAct delivers a lifesaving suicide prevention educational program to Northeast Ohio middle schools & high schools. Our trained, caring instructors teach teens to recognize the warning signs of depression and suicide, empowering them to come forward to seek professional help for themselves or others.

◆ **Youth Panel Presentation: *discussing Youth-Led Initiatives***

**Date:**

Friday, September 22, 2017

**Time:**

8:30 a.m. to 11:30 a.m.  
(Registration starts at 8:00 a.m.)

**Location:**

ESC of Cuyahoga County  
6393 Oak Tree Blvd.  
Independence, Ohio 44131

3.0 hours of Certificate of Attendance for Educators

3.0 hours of CEU's: Application Pending

**Register**  
today at [www.esc-cc.org](http://www.esc-cc.org)

- Click on Calendar of Events
- Click on the date September 22nd
- Click on To Register and complete

